

Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.70	RONALD TAYLOR		ATHENS, GRE	1994/06/04
HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 14:30



28°C



58%

Final 1 /3

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	高澄三	60513 TWN	14.60	+1.0	
2	1-7 LEE WING CHING	李永偵	60499 SCAA	15.30	+1.0	
3	1-6 SZETO YUK KEUNG	司徒旭強	60501 SCAA	15.61	+1.0	
4	1-5 HUI WAI KEUNG JOSEPH	許偉強	60479 LSCAC	17.95	+1.0	
	1-3 TAM SAMMY	譚旭生	60468 DBSAC	DNS		

Final 2 /3

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-2 YIP KAM KEUNG ALEX	葉錦強	60504 SCAA	13.87	+1.2	
2	2-3 LEUNG TOBY	梁國偉	60480 LSCAC	14.63	+1.2	
3	2-5 LANG WAI LUN	梁偉倫	60498 SCAA	14.92	+1.2	
4	2-4 LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	14.93	+1.2	
5	2-6 WONG WAI CHIU	王偉超	60503 SCAA	15.25	+1.2	
6	2-7 HUNG CHUEN KWONG	洪傳廣	60461 DBSAC	16.79	+1.2	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



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HKMAC RECORD	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 14:30



28°C



58%

Final 3 / 3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-4	KUNG WAI LING	龔偉凌	60462 DBSAC	12.94	+0.9	HKMACR, R
2	3-3	LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	14.10	+0.9	
3	3-5	TSANG ALBERT	曾仲文	60469 DBSAC	14.22	+0.9	
4	3-6	CHAN YIM LAM PATRICK	陳炎林	60455 DBSAC	14.46	+0.9	
5	3-2	ZEE BENNY	徐仲鎰	60473 DBSAC	14.55	+0.9	
	3-7	SO KA LUN	蘇家麟	60512 TSC	DNS		

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	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12

2023/10/29 Start: 14:30 28°C 58%

Summary

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-4 KUNG WAI LING	龔偉凌	60462 DBSAC	12.94	+0.9	HKMACR, R
2	2-2 YIP KAM KEUNG ALEX	葉錦強	60504 SCAA	13.87	+1.2	
3	3-3 LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	14.10	+0.9	
4	3-5 TSANG ALBERT	曾仲文	60469 DBSAC	14.22	+0.9	
5	3-6 CHAN YIM LAM PATRICK	陳炎林	60455 DBSAC	14.46	+0.9	
6	3-2 ZEE BENNY	徐仲鏌	60473 DBSAC	14.55	+0.9	
7	1-4	高澄三	60513 TWN	14.60	+1.0	
8	2-3 LEUNG TOBY	梁國偉	60480 LSCAC	14.63	+1.2	
9	2-5 LANG WAI LUN	梁偉倫	60498 SCAA	14.92	+1.2	
10	2-4 LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	14.93	+1.2	
11	2-6 WONG WAI CHIU	王偉超	60503 SCAA	15.25	+1.2	
12	1-7 LEE WING CHING	李永偵	60499 SCAA	15.30	+1.0	
13	1-6 SZETO YUK KEUNG	司徒旭強	60501 SCAA	15.61	+1.0	
14	2-7 HUNG CHUEN KWONG	洪傳廣	60461 DBSAC	16.79	+1.2	
15	1-5 HUI WAI KEUNG JOSEPH	許偉強	60479 LSCAC	17.95	+1.0	

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Men's M60 - 100M



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HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	13.10	KUNG WAI LING 龔偉凌	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 14:30



28°C



58%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
	3-7	SO KA LUN	蘇家麟	60512 TSC	DNS		
	1-3	TAM SAMMY	譚旭生	60468 DBSAC	DNS		

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Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 100MH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	14.37	THADDEUS WILSON		BEREA, USA	2011/07/29
Masters ACR	17.90	LEUNG WAI YIN RAYMOND			2022/12/04
HKMAC RECORD	17.90	LEUNG WAI YIN RAYMOND			2022/12/04



29 2023/10/29



Start: 10:10



27°C



66%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	18.30	+0.6	
2	1-3	LEUNG TOBY	梁國偉	60480 LSCAC	19.19	+0.6	
3	1-8	LO KIN YIP	盧建業	60500 SCAA	19.63	+0.6	
4	1-6	LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	20.51	+0.6	
5	1-5	ROSARIO MARK	勞萬傑	60467 DBSAC	20.77	+0.6	
	1-7	TAM SAMMY	譚旭生	60468 DBSAC	DNS		
	1-2	TANG CHI LEUNG	鄧子良	60475 HKMP	DNS		

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DESIGN CONSULTANTS  
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Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 1500M



Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	4:24.00 NOLAN SHAHEED		NORWALK, USA	2011/04/30
	HONG KONG RECORD	3:55.60 DAVE GIBSON			1972/03/07



2023/10/29



Start: 15:45



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-6	MAK WING SANG	麥永生	60483 LWRC	5:31.38	
2	1-1	CHIU CHUN KEUNG	趙春強	60485 Pacers	5:47.06	
3	1-3	SHUM PING WAH	沈平華	60486 Pacers	5:49.49	
4	1-4	WONG LI	黃利	60470 DBSAC	5:51.55	
5	1-8	LAM MAN SAN	林文山	60463 DBSAC	6:37.04	
6	1-5	TSANG ALBERT	曾仲文	60469 DBSAC	7:36.51	
	1-7	LAM YUI WAH	林睿華	60510 TCAA	DNS	
	1-2	SHUM CHI KWONG STANLEY		60481 LSCAC	DNS	

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Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	24.00	RONALD TAYLOR		ATHENS, GRE	1994/06/10
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	27.32	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	27.32	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/28



Start: 11:35



28°C



70%

Final 1 1/2

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-5 LO KIN YIP	盧建業	60500 SCAA	28.17	+0.7	
2	1-8	高澄三	60513 TWN	30.44	+0.7	
3	1-6 LEE WING CHING	李永偵	60499 SCAA	31.00	+0.7	
4	1-4 WONG HO YIN	黃浩賢	60492 PKMSAA	31.54	+0.7	
5	1-7 SZETO YUK KEUNG	司徒旭強	60501 SCAA	31.81	+0.7	
6	1-3 TSANG YIP CHIU, EDDIE	曾業超	60511 TCAA	31.95	+0.7	

Final 2 1/2

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5 KUNG WAI LING	龔偉凌	60462 DBSAC	27.08	+0.3	HKMACR, R
2	2-6 TSANG ALBERT	曾仲文	60469 DBSAC	28.70	+0.3	
3	2-3 WONG LI	黃利	60470 DBSAC	30.85	+0.3	
4	2-2 CHONG PUI KI	莊培基	60496 SCAA	31.45	+0.3	
5	2-8 LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	32.26	+0.3	
	2-7 LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	DNS		
	2-4 SO KA LUN	蘇家麟	60512 TSC	DNS		

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WMA RECORD	24.00	RONALD TAYLOR		ATHENS, GRE	1994/06/10
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	27.32	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	27.32	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/28



Start: 11:35



28°C



70%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5	KUNG WAI LING	龔偉凌	60462 DBSAC	27.08	+0.3	HKMACR, R
2	1-5	LO KIN YIP	盧建業	60500 SCAA	28.17	+0.7	
3	2-6	TSANG ALBERT	曾仲文	60469 DBSAC	28.70	+0.3	
4	1-8		高澄三	60513 TWN	30.44	+0.7	
5	2-3	WONG LI	黃利	60470 DBSAC	30.85	+0.3	
6	1-6	LEE WING CHING	李永偵	60499 SCAA	31.00	+0.7	
7	2-2	CHONG PUI KI	莊培基	60496 SCAA	31.45	+0.3	
8	1-4	WONG HO YIN	黃浩賢	60492 PKMSAA	31.54	+0.7	
9	1-7	SZETO YUK KEUNG	司徒旭強	60501 SCAA	31.81	+0.7	
10	1-3	TSANG YIP CHIU, EDDIE	曾業超	60511 TCAA	31.95	+0.7	
11	2-8	LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	32.26	+0.3	
	2-7	LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	DNS		
	2-4	SO KA LUN	蘇家麟	60512 TSC	DNS		

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Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 300MH

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	42.31	GUIDO MÜLLER		GATESHEAD, GBRI999/08/01	



2023/10/28



Start: 12:20



28°C



70%

Final 1 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	LO KIN YIP	盧建業	60500 SCAA	50.97	
2	1-8	YIP KAM KEUNG ALEX	葉錦強	60504 SCAA	52.14	
3	1-7	LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	1:00.53	
4	1-5	ROSARIO MARK	勞萬傑	60467 DBSAC	1:02.80	
5	1-4	MA DANIEL	馬恩明	60466 DBSAC	1:08.10	
6	1-6	WONG WAI CHIU	王偉超	60503 SCAA	1:11.12	

Final 2 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-7	LEUNG TOBY	梁國偉	60480 LSCAC	57.36	
2	2-3	CHAN YIM LAM PATRICK	陳炎林	60455 DBSAC	58.21	58.201"
2	2-4	LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	58.21	58.201"
4	2-6	TAM SAMMY	譚旭生	60468 DBSAC	1:06.48	1'06.480"
4	2-2	TSANG ALBERT	曾仲文	60469 DBSAC	1:06.48	1'06.480"
6	2-8	TANG CHI LEUNG	鄧子良	60475 HKMP	1:08.12	
	2-5	LAM YUI WAH	林睿華	60510 TCAA	DNS	

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	LO KIN YIP	盧建業	60500 SCAA	50.97	

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Men's M60 - 300MH

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	42.31	GUIDO MÜLLER		GATESHEAD, GBRI999/08/01	



2023/10/28



Start: 12:20



28°C



70%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
2	1-8	YIP KAM KEUNG ALEX	葉錦強	60504 SCAA	52.14	
3	2-7	LEUNG TOBY	梁國偉	60480 LSCAC	57.36	
4	2-3	CHAN YIM LAM PATRICK	陳炎林	60455 DBSAC	58.21	58.201"
4	2-4	LEUNG WAI YIN RAYMOND	梁偉彥	60464 DBSAC	58.21	58.201"
6	1-7	LAM KIN HUNG (ELVIS)	林建雄	60497 SCAA	1:00.53	
7	1-5	ROSARIO MARK	勞萬傑	60467 DBSAC	1:02.80	
8	2-6	TAM SAMMY	譚旭生	60468 DBSAC	1:06.48	1' 06.480"
8	2-2	TSANG ALBERT	曾仲文	60469 DBSAC	1:06.48	1' 06.480"
10	1-4	MA DANIEL	馬恩明	60466 DBSAC	1:08.10	
11	2-8	TANG CHI LEUNG	鄧子良	60475 HKMP	1:08.12	
12	1-6	WONG WAI CHIU	王偉超	60503 SCAA	1:11.12	
	2-5	LAM YUI WAH	林睿華	60510 TCAA	DNS	

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Hong Kong Masters Athletics Club  
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Men's M60 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	53.88	RALPH ROMAIN		BUFFALO, USA	1995/07/22
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	1:03.09	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	1:03.09	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 11:55



27°C



62%

Final 1 **1/3**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	LANG WAI LUN	梁偉倫	60498 SCAA	1:10.49	
2	1-4	MAN HON KEI	萬漢基	60490 PKMSAA	1:11.67	
3	1-6	CHAN CHI MING	陳志明	60478 JSA	1:27.18	
	1-5	HO KWOK KIT	何國傑	60488 PKMSAA	DNS	
	1-3	LEUNG TOBY	梁國偉	60480 LSCAC	DNS	

Final 2 **2/3**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	CHONG PUI KI	莊培基	60496 SCAA	1:12.29	
2	2-5	WONG HO YIN	黃浩賢	60492 PKMSAA	1:15.36	
3	2-3	FONG WAI KI RICKY	方偉基	60474 HKLRRRC	1:15.37	
4	2-7	LEE WING CHING	李永偵	60499 SCAA	1:27.40	
	2-8	TSANG YIP CHIU, EDDIE	曾業超	60511 TCAA	DNS	
	2-6	LEE SAU CHOI	李秀財	60489 PKMSAA	DNS	

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WMA RECORD	53.88	RALPH ROMAIN		BUFFALO, USA	1995/07/22
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	1:03.09	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	1:03.09	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 11:55



27°C



62%

Final 3 / 3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	3-5	LO KIN YIP	盧建業	60500 SCAA	1:05.64	
2	3-4	TSANG ALBERT	曾仲文	60469 DBSAC	1:07.27	
3	3-6	CHAN YIM LAM PATRICK	陳炎林	60455 DBSAC	1:08.40	
4	3-3	WONG LI	黃利	60470 DBSAC	1:08.47	
5	3-8	LAM MAN SAN	林文山	60463 DBSAC	1:11.29	
	3-7	SO KA LUN	蘇家麟	60512 TSC	DNS	

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	3-5	LO KIN YIP	盧建業	60500 SCAA	1:05.64	
2	3-4	TSANG ALBERT	曾仲文	60469 DBSAC	1:07.27	
3	3-6	CHAN YIM LAM PATRICK	陳炎林	60455 DBSAC	1:08.40	
4	3-3	WONG LI	黃利	60470 DBSAC	1:08.47	
5	1-7	LANG WAI LUN	梁偉倫	60498 SCAA	1:10.49	
6	3-8	LAM MAN SAN	林文山	60463 DBSAC	1:11.29	
7	1-4	MAN HON KEI	萬漢基	60490 PKMSAA	1:11.67	
8	2-4	CHONG PUI KI	莊培基	60496 SCAA	1:12.29	

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	53.88	RALPH ROMAIN		BUFFALO, USA	1995/07/22
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	1:03.09	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	1:03.09	AU King Tong 歐敬唐	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 11:55



27°C



62%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
9	2-5	WONG HO YIN	黃浩賢	60492 PKMSAA	1:15.36	
10	2-3	FONG WAI KI RICKY	方偉基	60474 HKLRRRC	1:15.37	
11	1-6	CHAN CHI MING	陳志明	60478 JSA	1:27.18	
12	2-7	LEE WING CHING	李永偵	60499 SCAA	1:27.40	
	1-5	HO KWOK KIT	何國傑	60488 PKMSAA	DNS	
	2-6	LEE SAU CHOI	李秀財	60489 PKMSAA	DNS	
	1-3	LEUNG TOBY	梁國偉	60480 LSCAC	DNS	
	3-7	SO KA LUN	蘇家麟	60512 TSC	DNS	
	2-8	TSANG YIP CHIU, EDDIE	曾業超	60511 TCAA	DNS	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	47.93	PETERSON,		SACRAMENTO, US	2011/07/17
HONG KONG RECORD	38.47	HONG KONG TEAM			2012/05/26
Masters ACR	54.35	SCAA M60 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	54.35	SCAA M60 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/29



Start: 16:25



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	DBSAC M60 4X100米 (A) 曾仲文, 譚旭生, 梁偉彥, 龔偉凌		DBSAC	52.93	HKMACR, R
2	1-5	南華 M60 4X100米 (A) 林建雄, 葉錦強, 莊培基, 盧建業		SCAA	56.56	
3	1-6	DBSAC M60 4X100米 (B) 勞萬傑, 黃利, 陳炎林, 徐仲鏢		DBSAC	58.16	
4	1-4	培僑中學校友會 M60 4X100米 萬漢基, 何國傑, 戴偉銘, 黃浩賢		PKMSAA	59.23	
5	1-3	南華 M60 4X100米 (B) 司徒旭強, 王偉超, 梁偉倫, 李永偵		SCAA	1:01.15	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 4X400M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:51.33	COLLINS, GRANT, HAYWOOD, ALLIE		PHILADELPHIA,	2013/04/26
HONG KONG RECORD	3:11.28	HONG KONG TEAM			2014/09/29
Masters ACR	4:45.63	SCAA M60 4X400M	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	4:45.63	SCAA M60 4X400M	The 6th Hong Kong Masters	TKO SG	2021/09/12

2023/10/28 Start: 16:55 26°C 84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	南華 M60 4X400米 (A) 盧建業, 葉錦強, 莊培基, 梁偉倫		SCAA	4:35.22	HKMACR, R
2	1-8	DBSAC M60 4X400米 (A) 陳炎林, 黃利, 林文山, 曾仲文		DBSAC	4:39.86	HKMACR, R
3	1-6	飛達田徑會 M60 4X400米 趙春強, 張國明, 沈平華, Tung Kam Wai		Pacers	4:56.56	
4	1-4	培僑中學校友會 M60 4X400米 萬漢基, 戴偉銘, 李秀財, 黃浩賢		PKMSAA	5:14.69	
5	1-3	南華 M60 4X400米 (B) 王偉超, 周錦添, 司徒旭強, 李永偵		SCAA	5:23.09	
6	1-7	DBSAC M60 4X400米 (B) 任國榮, 勞萬傑, 洪傳廣, 馬恩明		DBSAC	6:55.05	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 5000M

Record	Perf	Athlete	Event	Place	Date
		WMA RECORD 15:56.41	YOSHITSUGU IWANAGA	SAGA, JPN	2020/11/14
		HONG KONG RECORD 14:37.14	TSE CHUN YIN 謝俊賢	Wan Chai	2022/12/17
		Masters ACR 20:11.00	Ho Ping Kiu Jackie 何炳僑	TKO SG	2018/10/27
		HKMAC RECORD 20:11.00	Ho Ping Kiu Jackie 何炳僑	TKO SG	2018/10/27

2023/10/28 Start: 10:07 End: 10:47 28°C 70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-13	MAK WING SANG	麥永生	60483 LWRC	19:53.50	HKMACR, R
<i>Split: 03:48.59 (3:48.59) 07:45.34 (3:56.76) 11:46.61 (4:01.26) 15:52.81 (4:06.21) 19'53.500 (4:00.18)</i>						
2	1-18	CHIU CHUN KEUNG	趙春強	60485 Pacers	21:34.62	
<i>Split: 04:01.14 (4:01.14) 08:27.46 (4:26.33) 12:53.21 (4:25.74) 17:20.10 (4:26.90) 21'34.620 (4:13.89)</i>						
3	1-19	WONG LI	黃利	60470 DBSAC	22:46.62	
<i>Split: 04:01.55 (4:01.55) 08:27.13 (4:25.59) 13:04.72 (4:37.58) 17:55.03 (4:50.32) 22'46.620 (4:50.96)</i>						
4	1-14	LAM MAN SAN	林文山	60463 DBSAC	23:43.90	
<i>Split: 04:15.91 (4:15.91) 09:01.87 (4:45.96) 13:51.42 (4:49.55) 18:48.79 (4:57.37) 23'43.9 (4:54.21)</i>						
5	1-16	MAN HON KEI	萬漢基	60490 PKMSAA	27:19.63	
<i>Split: 04:11.71 (4:11.71) 09:19.18 (5:07.47) 14:52.35 (5:33.17) 20:54.07 (6:01.72) 27'19.630 (6:24.93)</i>						
6	1-15	WONG WA SUN THOMAS	黃華燊	60482 LSCAC	35:26.44	
<i>Split: 05:51.81 (5:51.81) 12:23.62 (6:31.81) 19:16.78 (6:53.16) 26:57.61 (7:40.83) 35'26.439 (8:28.39)</i>						
	1-17	NG WAI MAN RAYMOND	吳偉文	60484 LWRC	DNS	
<i>Split:</i>						

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:





Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-46	WONG KAI CHUNG	王啟聰	60477 HKRWA	29:40.92	
2	1-42	CHEUNG WING HIN DANIEL	張永軒	60509 SHTB	33:38.59	
3	1-45	CHENG CHUNG LIT	鄭鍾烈	60476 HKRWA	33:53.05	
4	1-44	TSANG ALBERT	曾仲文	60469 DBSAC	34:29.30	
5	1-43	MA DANIEL	馬恩明	60466 DBSAC	35:15.13	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 800M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	2:08.56	NOLAN SHAHEED		LOS ANGELES,	2011/04/23
HONG KONG RECORD	1:52.17	LEUNG TAK WAI 梁達威			1999/04/18
Masters ACR	2:32.98	BROWN PETER	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	2:32.98	BROWN PETER	The 6th Hong Kong Masters	TKO SG	2021/09/11

2023/10/28 Start: 15:25 26°C 84%

Final 1 /2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	MAK WING SANG	麥永生	60483 LWRC	2:41.39	
2	1-6	LAM YUI WAH	林睿華	60510 TCAA	2:45.75	
3	1-4	HO KWOK KIT	何國傑	60488 PKMSAA	2:53.86	
	1-7	REEVES MARK		60454 AVOHK	DNS	
	1-3	CHAU KAM TIM	周錦添	60495 SCAA	DNS	

Final 2 /2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	SHUM PING WAH	沈平華	60486 Pacers	2:43.26	
2	2-5	TSANG ALBERT	曾仲文	60469 DBSAC	2:46.46	
3	2-7	WONG LI	黃利	60470 DBSAC	2:51.39	
4	2-6	LAM MAN SAN	林文山	60463 DBSAC	2:58.44	
5	2-3	SO KA LUN	蘇家麟	60512 TSC	3:22.75	

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	MAK WING SANG	麥永生	60483 LWRC	2:41.39	
2	2-4	SHUM PING WAH	沈平華	60486 Pacers	2:43.26	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - 800M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	2:08.56	NOLAN SHAHEED		LOS ANGELES,	2011/04/23
HONG KONG RECORD	1:52.17	LEUNG TAK WAI 梁達威			1999/04/18
Masters ACR	2:32.98	BROWN PETER	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	2:32.98	BROWN PETER	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 15:25



26°C



84%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
3	1-6	LAM YUI WAH	林睿華	60510 TCAA	2:45.75	
4	2-5	TSANG ALBERT	曾仲文	60469 DBSAC	2:46.46	
5	2-7	WONG LI	黃利	60470 DBSAC	2:51.39	
6	1-4	HO KWOK KIT	何國傑	60488 PKMSAA	2:53.86	
7	2-6	LAM MAN SAN	林文山	60463 DBSAC	2:58.44	
8	2-3	SO KA LUN	蘇家麟	60512 TSC	3:22.75	
	1-3	CHAU KAM TIM	周錦添	60495 SCAA	DNS	
	1-7	REEVES MARK		60454 AVOHK	DNS	

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	18.37	KLAUS LIEDTKE		KoLN, GER	2001/06/23
Masters ACR	10.14	YAN Chun Yip 甄進葉	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	10.14	YAN Chun Yip 甄進葉	Hong Kong Masters Athletics	TKO SG	2017/11/11

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-8	ZEE BENNY 徐仲鏌	60473 DBSAC	8.21m.		7.58	7.83	8.21	6.59
2	1-7	LAM KIN HUNG (ELVIS) 林建雄	60497 SCAA	7.76m.		7.76	7.21	7.35	6.90
3	1-3	YAM PETER 任國榮	60471 DBSAC	7.50m.		7.26	7.45	7.50	7.41
4	1-2	CHAN YIM LAM PATRICK 陳炎林	60455 DBSAC	7.46m.		6.84	7.26	7.46	7.21
5	1-6	ROSARIO MARK 勞萬傑	60467 DBSAC	7.34m.		7.31	7.31	7.13	7.34
6	1-1	LEUNG WAI YIN RAYMOND 梁偉彥	60464 DBSAC	6.78m.		x	5.85	6.53	6.78
	1-4	CHEUK HO YEUNG 卓浩揚	60456 DBSAC	DNS					
	1-5	LO SIMON 盧慶陽	60465 DBSAC	DNS					

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	6.07	TOM PATSALIS		LOS ANGELES,	1982/07/10
HONG KONG RECORD	8.12	CHAN MING TAI 陳銘泰	Hong Kong Athletic Championships	Wan Chai	2016/05/07
Masters ACR	5.20	KUNG WAI LING 龔偉凌			2022/11/27
HKMAC RECORD	5.20	KUNG WAI LING 龔偉凌			2022/11/27

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-11	KUNG WAI LING 龔偉凌	60462 DBSAC	5.12m.		5.12 +1.0	x	x	x
2	1-6	TAM SAMMY 譚旭生	60468 DBSAC	4.63m.		4.34 +0.9	4.63 +1.6	-	-
3	1-10	LEUNG WAI YIN RAYMOND 梁偉彥	60464 DBSAC	4.06m.		3.49 +1.3	-	3.20 +1.1	4.06 +1.0
4	1-9	LANG WAI LUN 梁偉倫	60498 SCAA	4.05m.		3.84 +0.8	3.75 +0.9	3.85 +0.8	4.05 +1.4
5	1-8	CHONG PUI KI 莊培基	60496 SCAA	3.86m.		3.57 +1.3	3.86 +0.8	3.70 +0.1	3.75 +0.9
6	1-7	WONG LI 黃利	60470 DBSAC	3.84m.		x	x	x	3.84 +1.1
7	1-1	TANG CHI LEUNG 鄧子良	60475 HKMP	3.64m.		3.64 +0.6	3.47 +1.1	3.59 +1.0	x
8	1-2	HUNG CHUEN KWONG 洪傳廣	60461 DBSAC	3.52m.		3.52 +1.1	x	x	x
9	1-4	ZEE BENNY 徐仲鏢	60473 DBSAC	3.51m.		3.09 +1.1	3.50 +1.5	3.23 +1.7	3.51 +0.4
10	1-5	LAM KIN HUNG (ELVIS) 林建雄	60497 SCAA	3.45m.		2.73 +0.9	3.28 +1.0	-	3.45 +1.0
11	1-3	TSANG ALBERT 曾仲文	60469 DBSAC	3.27m.		x	3.27 +0.5	-	-

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主辦單位:



協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	62.47	ESA KIURU		KORIA, FIN	2007/07/21
Masters ACR	34.71	Wong Kee Lam 黃基林	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	34.71	Wong Kee Lam 黃基林	Hong Kong Masters Athletics	TKO SG	2018/10/27



28 2023/10/28



Start: 16:00



26°C



84%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-11	HO KWOK KIT 何國傑	60488 PKMSAA	29.02m.		25.76	29.02	27.67	26.22
2	1-8	LAM KIN HUNG (ELVIS) 林建雄	60497 SCAA	28.53m.		16.78	28.53	X	18.11
3	1-10	ZEE BENNY 徐仲鏌	60473 DBSAC	26.22m.		21.48	21.93	X	26.22
4	1-9	LO SIMON 盧慶陽	60465 DBSAC	25.82m.		25.82	24.29	23.21	20.82
5	1-7	CHAN YIM LAM PATRICK 陳炎林	60455 DBSAC	24.21m.		X	24.21	18.38	20.13
6	1-3	LEUNG WAI YIN RAYMOND 梁偉彥	60464 DBSAC	23.05m.		23.05	21.29	X	X
7	1-2	CHAN CHI MING 陳志明	60478 JSA	22.87m.		19.90	14.36	16.26	22.87
8	1-6	YIP HON KEUNG KENNY 葉漢強	60472 DBSAC	21.14m.		18.25	X	X	21.14
9	1-1	TSANG ALBERT 曾仲文	60469 DBSAC	19.89m.		6.08	17.15	18.59	19.89
10	1-5	HUNG CHUEN KWONG 洪傳廣	60461 DBSAC	19.32m.		11.72	17.22	X	19.32
11	1-4	WONG LI 黃利	60470 DBSAC	15.47m.		X	15.25	15.47	12.69

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M60 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	66.36	KLAUS LIEDTKE		SCHWERTE-ERG.	2001/05/19
Masters ACR	33.31	Liu Chi Keung 廖志強	Hong Kong Masters Athletics	Diocesan Boys'	2018/10/27
HKMAC RECORD	33.31	Liu Chi Keung 廖志強	Hong Kong Masters Athletics	Diocesan Boys'	2018/10/27



2023/10/29



Start: 13:40



28°C



58%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-9	ZEE BENNY 徐仲鏘	60473 DBSAC	26.97m.		26.23	x	x	26.97
2	1-10	ROSARIO MARK 勞萬傑	60467 DBSAC	25.76m.		25.21	16.79	25.76	x
3	1-8	TAM WING KWAI 譚榮貴	60502 SCAA	22.93m.		21.26	22.92	22.93	20.32
4	1-5	CHAN YIM LAM PATRICK 陳炎林	60455 DBSAC	21.93m.		21.93	18.79	21.70	x
5	1-6	LAM KIN HUNG (ELVIS) 林建雄	60497 SCAA	21.37m.		20.72	21.37	x	17.81
6	1-7	MA DANIEL 馬恩明	60466 DBSAC	19.46m.		x	18.32	19.46	18.41
7	1-4	WONG LI 黃利	60470 DBSAC	15.84m.		14.55	15.51	15.84	15.06
8	1-3	CHAN CHI MING 陳志明	60478 JSA	13.88m.		x	x	x	13.88
	1-2	LEE SAU CHOI 李秀財	60489 PKMSAA	DNS					
	1-1	LO SIMON 盧慶陽	60465 DBSAC	DNS					

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:

