

Hong Kong Masters Athletics Meet 2014 - Women's Result

Women Individual Champion

Position	Number	Name		Club	Score
1	W35	伍智盈	NG Chi Ying	SCAA	11
1	W40	梁倩儀	LEUNG Sin Yee	CSRA	8
1	W45	范玉玲	FAN Yuk Ling	CSRA	23
1	W50	駱雪儀	LOK Suet Yee	SCAA	19
1	W55	黎賢美	LAI Yin Mei	SCAA	12
1	W55	麥麗芬	MAK Lai Fun	CSRA	12
1	W60	周愛霞	CHOW Oi Ha	SHTB	5
1	W60	石慧儀	Stella SEK	SCAA	5
1	W65	劉雪娥	LAU Suet Nao	CSRA	6

Women W35 100m

Position	Number	Name		Club	Result
1	A303	伍智盈	NG Chi Ying	SCAA	14.67
2	A304		Desiree Bejuna	AVOHK	16.01
3	A305	吳凱琪	NG Hoi Kei		17.13

Women W40 100m

Position	Number	Name		Club	Result
1	B306	楊珍珍	YEUNG Chun Chun	SCAA	15.35
2	B309	梁倩儀	LEUNG Sin Yee	CSRA	19.09

Women W45 100m

Position	Number	Name		Club	Result
1	C318	范玉玲	FAN Yuk Ling	CSRA	14.51
2	C311	龍惠蘭	LUNG Wai Lan	TCAA	15.33
3	C309	楊曉華	YEUNG Hiu Wa	SCAA	15.47
4	C308	詹愷怡	CHIM Stella	SCAA	15.49
5	C306	何嘉麗	HO KA LAI	SCAA	17.08
6	C313	黃應紅	WONG Ying Hung	TCAA	17.31
7	C302		Malyn BENOZA	AVOHK	20.07

Women W50 100m

Position	Number	Name		Club	Result
1	D316	駱雪儀	LOK Suet Yee	SCAA	15.18
2	D315	溫燕儀	WAN Yin Yee	SCAA	16.59
3	D304	鄭劍霞	CHENG Kim Ha	SHTB	19.88

Women W55 100m

Position	Number	Name	Club	Result	
1	E316	謝華秀	TSE Wah Sau	SCAA	14.02
2	E315	黃美櫻	WONG Mei Ying	SCAA	16.55
3	E314	黎賢美	LAI Yin Mei	SCAA	17.18

Women W35 800m

Position	Number	Name	Club	Result	
1	A306	鍾麗嫦	CHUNG Lai Sheung	CSRA	03:02.41
2	A305	吳凱琪	NG Hoi Kei	CSRA	03:40.21

Women W40 800m

Position	Number	Name	Club	Result	
1	B309	梁倩儀	LEUNG Sin Yee	CSRA	03:28.98

Women W45 800m

Position	Number	Name	Club	Result	
1	C314	焦小慧	CHIU Siu Wai	TCAA	03:07.20
2	C316	王志珊	WONG Chi Shan	TCAA	03:16.30
3	C310	老敏英	LO Man Ying Mandy	CSRA	03:25.40

Women W50 800m

Position	Number	Name	Club	Result	
1	D306	簡妙真	KAN Miu Chun Polly	SHTB	03:50.00
2	D316	駱雪儀	LOK Suet Yee	SCAA	03:59.00
3	D302	葉秀香	IP Sau Heung	CSRA	04:22.90
4	D303	潘佩玲	POON Pui Ling	CSRA	04:26.90

Women W55 800m

Position	Number	Name	Club	Result	
1	E317	黃綺嫻	WONG Yee Han	TCAA	04:08.10
2	E315	黃美櫻	WONG Mei Ying	SCAA	04:10.80

Women W60 800m

Position	Number	Name	Club	Result	
1	F301	楊詠嫻	YEUNG Wing Han	LWRC	03:18.90

Women W35 3000m

Position	Number	Name	Club	Result	
1	A306	鍾麗嫦	CHUNG Lai Sheung	CSRA	13:03.20
2	A305	吳凱琪	NG Hoi Kei	CSRA	17:22.40

Women W40 3000m

Position	Number	Name	Club	Result
1	B309	梁倩儀 LEUNG Sin Yee	CSRA	15:48.70

Women W45 3000m

Position	Number	Name	Club	Result
1	C310	老敏英 LO Man Ying Mandy	CSRA	15:28.70
2	C305	張偉 CHEUNG Wai	SCAA	16:18.20

Women W50 3000m

Position	Number	Name	Club	Result
1	D305	梁少美 LEUNG Siu Mee	SHTB	14:37.80
2	D311	鄭麗如 CHENG Lai Yu	SHTB	14:43.10
3	D306	簡妙真 KAN Miu Chun Polly	SHTB	17:29.30

Women W55 3000m

Position	Number	Name	Club	Result
1	E303	孫惠霞 SUEN Wai Ha	SHTB	15:02.70
2	E314	黎賢美 LAI Yin Mei	SCAA	18:32.60

Women W60 3000m

Position	Number	Name	Club	Result
1	F307	石慧儀 SEK Stella	SCAA	15:34.10

Women W65 3000m

Position	Number	Name	Club	Result
1	H303	劉鳳玲 LAU Fung Ling Rebecca	AVOHK	15:15.70

Women W35 3000m Walk

Position	Number	Name	Club	Result
1	A302	郭夕霞 KWOK Chik Ha	HKRWA	17:20.90
2	A301	曹可欣 CHO Ho Yan	HKRWA	24:00.80

Women W40 3000m Walk

Position	Number	Name	Club	Result
1	B301	陳飛燕 CHAN Fei Yin	SHTB	18:56.30
2	B303	蘇潔心 SO Kit Sum	HKRWA	20:24.20
3	B304	郭彩霞 KWOK Choi Har	HKRWA	21:08.20

Women W45 3000m Walk

Position	Number	Name	Club	Result	
1	C303	張美儀	CHEUNG Mei Yi	SHTB	22:35.00
2	C301	王月春	WONG Yuet Chun	SHTB	22:43.70

Women W50 3000m Walk

Position	Number	Name	Club	Result	
1	D307	戴秀琼	TAI Sau King Irene	SHTB	18:17.40
2	D308	邵詠霜	SIU Wing Sheung	SHTB	19:34.10
3	D311	鄭麗如	CHENG Lai Yu	SHTB	20:02.00
4	D305	梁少美	LEUNG Siu Mee	SHTB	21:47.00
5	D310	謝韶燕	TSE Siu Yin	SHTB	22:15.90
6	D306	簡妙真	KAN Miu Chun Polly	SHTB	23:02.10
7	D309	謝韶彬	TSE Siu Pan	SHTB	24:49.90

Women W55 3000m Walk

Position	Number	Name	Club	Result	
1	E310	鄭葉明	CHENG Ip Ming	HKRWA	18:38.00
2	E303	孫惠霞	SUEN Wai Ha	SHTB	19:00.40
3	E304	馬玉琴	MA Yuk Kum	SHTB	21:25.70
4	E302	曾翠芬	TSANG Chui Fun Winnie	SHTB	21:32.80
5	E305	周愛玲	CHOW Oi Ling	SHTB	21:58.80
6	E307	王梅芳	WONG Mui Fong	SHTB	22:31.70
7	E301	黃瑞芳	WONG Shui Fong	SHTB	22:55.70
8	E311	李少梅	LEE Shiu Mui	HKRWA	24:45.30
9	E306	溫寶顏	WAN Po Ngan	SHTB	26:17.20

Women W60 3000m Walk

Position	Number	Name	Club	Result	
1	F302	周愛霞	CHOW Oi Ha	SHTB	20:59.60
2	F304	張杏冰	Fiona CHEUNG	SHTB	23:46.30
3	F305	費筱霞	FAI Siu Ha	SHTB	24:44.60

Women W65 3000m Walk

Position	Number	Name	Club	Result	
1	H303	劉鳳玲	LAU Fung Ling Rebecca	AVOHK	21:31.50
2	H301	郭玉燕	KWOK Yuk Yin	HKRWA	22:10.60

Women W40 High Jump

Position	Number	Name	Club	Result
1	B308	王詠茵 WONG Wing Yan	TCAA	1.35

Women W45 High Jump

Position	Number	Name	Club	Result
1	C318	范玉玲 FAN Yuk Ling	CSRA	1.24
2	C311	龍惠蘭 LUNG Wai Lan	TCAA	1.21

Women W50 High Jump

Position	Number	Name	Club	Result
1	D316	駱雪儀 LOK Suet Yee	SCAA	1.00

Women W55 High Jump

Position	Number	Name	Club	Result
1	E314	黎賢美 LAI Yin Mei	SCAA	1.18

Women W35 Long Jump

Position	Number	Name	Club	Result
1	A303	伍智盈 NG Chi Ying	SCAA	3.77

Women W40 Long Jump

Position	Number	Name	Club	Result
1	B308	王詠茵 WONG Wing Yan	TCAA	3.19
2	B309	梁倩儀 LEUNG Sin Yee	CSRA	2.15

Women W45 Long Jump

Position	Number	Name	Club	Result
1	C309	楊曉華 YEUNG Hiu Wa	SCAA	3.45
2	C318	范玉玲 FAN Yuk Ling	CSRA	3.26
3	C311	龍惠蘭 LUNG Wai Lan	TCAA	2.95
4	C313	黃應紅 WONG Ying Hung	TCAA	2.87

Women W50 Long Jump

Position	Number	Name	Club	Result
1	D316	駱雪儀 LOK Suet Yee	SCAA	2.79
2	D319	杜婉儀 TO Yuen Yee	CSRA	1.35

Women W55 Long Jump

Position	Number	Name	Club	Result	
1	E316	謝華秀	TSE Wah Sau	SCAA	3.95
2	E314	黎賢美	LAI Yin Mei	SCAA	3.58
3	E315	黃美櫻	WONG Mei Ying	SCAA	2.49

Women W60 Long Jump

Position	Number	Name	Club	Result	
1	F301	楊詠嫻	YEUNG Wing Han	LWRC	2.66

Women W65 Long Jump

Position	Number	Name	Club	Result	
1	H304	劉雪娥	LAU Suet Nao	CSRA	1.60

Women W35 Javelin (600g)

Position	Number	Name	Club	Result	
1	A303	伍智盈	NG Chi Ying	SCAA	17.84

Women W40 Javelin (600g)

Position	Number	Name	Club	Result	
1	B306	楊珍珍	YEUNG Chun Chun	SCAA	19.44
2	B309	梁倩儀	LEUNG Sin Yee	CSRA	7.66

Women W45 Javelin (600g)

Position	Number	Name	Club	Result	
1	C313	黃應紅	WONG Ying Hung	TCAA	19.30
2	C312	黃金鳳	WONG Kam Fung	TCAA	18.43
3	C306	何嘉麗	HO KA LAI	SCAA	15.58
4	C318	范玉玲	FAN Yuk Ling	CSRA	12.21
5	C311	龍惠蘭	LUNG Wai Lan	TCAA	12.14
6	C307	陳玲娟	CHAN Ling Kuen	SCAA	10.42
7	C303	張美儀	CHEUNG Mei Yi	SHTB	7.37
8	C301	王月春	WONG Yuet Chun	SHTB	5.55

Women W50 Javelin (500g)

Position	Number	Name	Club	Result	
1	D315	溫燕儀	WAN Yin Yee	SCAA	15.23
2	D316	駱雪儀	LOK Suet Yee	SCAA	10.81
3	D314		Julie BOLESA	HKLRRRC	10.54
4	D313		Reggie VALLENTE	HKLRRRC	8.10

Women W55 Javelin (500g)

Position	Number	Name	Club	Result	
1	E318	麥麗芬	MAK Lai Fun	CSRA	17.49
2	E319	歐陽秀珍	AU YEUNG Sau Chun	TCAA	17.11
3	E314	黎賢美	LAI Yin Mei	SCAA	13.43
4	E315	黃美櫻	WONG Mei Ying	SCAA	12.80
5	E316	謝華秀	TSE Wah Sau	SCAA	6.64
6	E304	馬玉琴	MA Yuk Kum	SHTB	5.61

Women W65 Javelin (400g)

Position	Number	Name	Club	Result	
1	H304	劉雪娥	LAU Suet Nao	CSRA	10.04

Women W35 Shot Put (4kg)

Position	Number	Name	Club	Result	
1	A303	伍智盈	NG Chi Ying	SCAA	7.19
2	A305	吳凱琪	NG Hoi Kei	CSRA	4.47

Women W40 Shot Put (4kg)

Position	Number	Name	Club	Result	
1	B302		Emelyn MAGPANTAY	AVOHK	5.41
2	B309	梁倩儀	LEUNG Sin Yee	CSRA	4.00

Women W45 Shot Put (4kg)

Position	Number	Name	Club	Result	
1	C312	黃金鳳	WONG Kam Fung	TCAA	7.42
2	C307	陳玲娟	CHAN Ling Kuen	SCAA	7.11
3	C306	何嘉麗	HO KA LAI	SCAA	6.87
4	C309	楊曉華	YEUNG Hiu Wa	SCAA	6.36
5	C313	黃應紅	WONG Ying Hung	TCAA	6.20
6	C318	范玉玲	FAN Yuk Ling	CSRA	5.64
7	C311	龍惠蘭	LUNG Wai Lan	TCAA	5.24
8	C315	何瑞新	HO Sui San	CSRA	4.99
9	C314	焦小慧	CHIU Siu Wai	TCAA	4.44
10	C303	張美儀	CHEUNG Mei Yi	SHTB	4.28
11	C301	王月春	WONG Yuet Chun	SHTB	4.24

Women W50 Shot Put (3kg)

Position	Number	Name	Club	Result
1	D320	黃美珊 WONG Mei Shan	TCAA	7.81
2	D316	駱雪儀 LOK Suet Yee	SCAA	6.41
3	D301	林秀玲 LAM Sau Ling	HKRWA	5.48
4	D309	謝韶彬 TSE Siu Pan	SHTB	5.30
5	D317	楊柳青 YEUNG Lau Ching	SCAA	5.19

Women W55 Shot Put (3kg)

Position	Number	Name	Club	Result
1	E318	麥麗芬 MAK Lai Fun	CSRA	8.86
2	E315	黃美櫻 WONG Mei Ying	SCAA	7.50
3	E314	黎賢美 LAI Yin Mei	CSAA	6.96
4	E304	馬玉琴 MA Yuk Kum	GHTB	4.04

Women W60 Shot Put (3kg)

Position	Number	Name	Club	Result
1	F307	石慧儀 Stella SEK	SCAA	5.29
2	F302	周愛霞 CHOW Oi Ha	SHTB	4.21

Women W65 Shot Put (3kg)

Position	Number	Name	Club	Result
1	H304	劉雪娥 LAU Suet Nao	CSRA	4.91

Women W35 4x100m

Position	Club		Result
1	南華體育會	SCAA	01:04.40
2	香港競走社	HKRWA	01:16.60

Women W40 4x100m

Position	Club		Result
1	華人運動員協會	CSRA	01:12.00
2	華人運動員協會	CSRA	01:23.80

Women W45 4x100m

Position	Club		Result
1	公民體育會	TCAA	01:09.10
2	南華體育會	SCAA	01:10.40
3	神行太保競走會	SHTB	01:18.40

Women W50 4x100m

Position	Club		Result
1	南華體育會	SCAA	01:02.20
2	神行太保競走會	SHTB	01:15.60

Women W55 4x100m

Position	Club		Result
1	神行太保競走會	SHTB	01:22.80

Women W35 4x400m

Position	Club		Result
1	華人運動員協會	CSRA	06:02.30

Women W40 4x400m

Position	Club		Result
1	南華體育會	SCAA	06:09.90

Women W45 4x400m

Position	Club		Result
1	公民體育會	TCAA	06:04.00

Women W50 4x400m

Position	Club		Result
1	南華體育會	SCAA	06:07.70