

WOMEN		High Jump				
Group	Number	Name		Club	Record/M	Year
W35	A326	李詩綦	Lee Denise See June	DBSAC	1.37	2016
W40	4015	李詩綦	Lee Denise See June	DBSAC	1.37	2018
W45	C3002	黃瀟瓊	Wong Siu King Alison	DBSAC	1.29	2017
W50	D3014	張彩珍	Chang Corina	GHSAC	1.25	2017
W55	E314	黎賢美	Lai Yin Mei	SCAA	1.18	2014
W60	6003	黃美櫻	Wong Mei Ying Therry	SCAA	0.96	2018

WOMEN		Long Jump				
Group	Number	Name		Club	Record/M	Year
W30	3003	莫藹儀	Mok Oi Yee	GHSAC	4.17	2018
W35	A3072	謝孟芝	Tse Mang Chi	WAC	5.25	2017
W40	B3002	-	HAJI ALIAKBAR Alinawati	Brunei V	4.48	2017
W45	4505	蔡曉嵐	Choi Hiu Nam	LSCAC	4.05	2018
W50	5016	張彩珍	Chang Corina	GHSAC	3.93	2018
W55	E316	謝華秀	Tse Wah Sau	SCAA	3.95	2014
W60	F310	楊詠嫻	Yeung Wing Han	LWRC	2.66	2014
W65	G3006	黃妙桃	Wong Miu To	PKMSAA	1.86	2018

WOMEN		Shot Put				
Group	Number	Name		Club	Record/M	Year
W30	3005	郭振沂	Kwok Chun Yee	PoliceAC	7.81	2018
W35	A3003	-	HAJI TIMBANG Roziani	Brunei V	8.92	2017
W40	B3002	-	HAJI ALIAKBAR Alinawati	Brunei V	7.65	2017
W45	4523	羅潔怡	Lo Grace	GHSAC	7.85	2018
W50	D3033	張美紅	Cheung May Hung Monita	SCAA	9.75	2017
W55	E318	麥美芬	Mak Lai Fun	CSRA	8.86	2014
W60	6003	黃美櫻	Wong Mei Ying Therry	SCAA	7.53	2018
W65	G303	黃妙桃	Wong Miu To	PKMSAA	6.65	2016
W70	H301	嚴瑞鸞	Yen Shui Luen	PKMSAA	5.97	2016
W75	7502	嚴瑞鸞	Yen Shui Luen	PKMSAA	5.50	2016
W80	J3001	溫麗城	Wan Lai Shing	SCAA	3.44	2017

WOMEN		Discus				
Group	Number	Name		Club	Record/M	Year
W35	A3010	何臻敏	Ho Chun Man	DBSAC	24.41	2017
W40	B3021	許穎琪	Hui Wing Kei, Vicky	GHSAC	22.00	2017
W45	C3044	陳玲娟	Chan Ling Kuen	SCAA	25.85	2017
W50	D3033	張美紅	Cheung May Hung Monita	SCAA	21.40	2017
W55	E3041	陳淑華	Chen Shu-Hua	Taiwan	18.97	2017
W60	6029	-	Tay Yu Eng	Malaysia	17.69	2018
W65	G3006	黃妙桃	Wong Miu To	PKMSAA	15.23	2017
W70	H3003	嚴瑞鸞	Yen Shui Luen	PKMSAA	10.54	2017
W75	7502	嚴瑞鸞	Yen Shui Luen	PKMSAA	13.12	2018

WOMEN		Javelin				
Group	Number	Name		Club	Record/M	Year
W35	3503	劉嘉琦	Lau Ka Ki	GHSAC	22.32	2018
W40	B324	許穎琪	Hui Wing Kei Vicky	PAC	27.58	2016
W45	4508	許穎琪	Hui Wing Kei Vicky	GHSAC	27.87	2018
W50	5029	葉潔清	Ip Kit Ching Heidi	GHSAC	25.38	2018
W55	E3001	杜滿芝	To Moon Chi	CAC	22.76	2017
W60	6029	-	Tay Yu Eng	Malaysia	23.81	2018
W65	G3006	黃妙桃	Wong Miu To	CSRA	13.63	2017
W70	H301	嚴瑞鸞	Yen Shui Luen	CSRA	9.75	2016
W75	7502	嚴瑞鸞	Yen Shui Luen	PKMSAA	13.41	2018
W80	K3003	鄺詠琴	Kwong Wing Kam	SCAA	7.56	2017