

Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W65 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	13.91	KARLA DEL GRANDE		TORONTO, CAN	2018/08/11
HONG KONG RECORD	11.62	LAM ON KI 林安琪	2019 Asian Athletics	Khalifa	2019/04/21
Masters ACR	17.62	Ho Fernanda Antonia	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	17.62	Ho Fernanda Antonia	Hong Kong Masters Athletics	TKO SG	2018/10/27



2023/10/29



Start: 13:35



28°C



58%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	SUNG CHE WAI BETTY	孫志惠	65831 SCAA	17.57	+1.1	HKMACR, R
2	1-3	KWUN LAI MUI	官麗梅	65827 PKMSAA	19.71	+1.1	
3	1-5	WONG MEI YING THERRY	黃美櫻	65832 SCAA	20.15	+1.1	
4	1-6	YU LAI FONG	余麗芳	65829 PKMSAA	22.65	+1.1	

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club  
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W65 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	28.53	KARLA DEL GRANDE		SURREY, CAN	2018/08/05
HONG KONG RECORD	23.79	WAN KIN YEE 溫健儀			1999/05/16
Masters ACR	37.46	SUNG CHE WAI BETTY 孫志惠			2022/11/27
HKMAC RECORD	37.46	SUNG CHE WAI BETTY 孫志惠			2022/11/27



2023/10/28



Start: 11:00



28°C



70%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-5	SUNG CHE WAI BETTY	孫志惠	65831 SCAA	38.37	+0.9	
2	1-6	WONG MEI YING THERRY	黃美櫻	65832 SCAA	48.48	+0.9	

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Hong Kong Masters Athletics Club  
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Women's W65 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	1:00.31	ZÖRNER, BUCHHOLZ, REISMANN, ME		LYON, FRA	2015/08/16
HONG KONG RECORD	45.17	HONG KONG TEAM			2023/06/27
Masters ACR	1:30.52	HKRWA	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	1:30.52	HKRWA	Hong Kong Masters Athletics	TKO SG	2018/10/27



29 2023/10/29



Start: 16:05



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	南華 W65 4X100米 梁麗斯, 楊詠嫻, 孫志惠, 黃美櫻		SCAA	1:25.43	HKMACR, R
2	1-7	培僑中學校友會 W65 4X100米 歐陽秀珍, 劉秀賢, 余麗芳, 官麗梅		PKMSAA	1:30.51	HKMACR, R

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Hong Kong Masters Athletics Club  
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Women's W65 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-25	KWAN SIU YIN	關小燕	65834 SHTB	31:26.51	
<i>Split: 05:50.02 (5:50.02) 11:52.21 (6:02.19) 18:09.26 (6:17.05) 24:46.17 (6:36.91) 31'26.509 (6:39.83)</i>						
2	1-27	LAI MEI YUNG	黎美容	65835 SHTB	37:07.38	
<i>Split: 06:55.37 (6:55.37) 14:28.04 (7:32.67) 22:04.74 (7:36.70) 29:39.98 (7:35.25) 37'7.379 (7:27.01)</i>						
3	1-26	LEE SHIU MUI	李少梅	65822 HKRWA	42:44.34	
<i>Split: 07:45.33 (7:45.33) 16:19.73 (8:34.41) 25:09.82 (8:50.08) 34:06.46 (8:56.64) 42'44.339 (8:37.54)</i>						

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Hong Kong Masters Athletics Club  
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Women's W65 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	13.36	MIHAELA LOGHIN		BUCHAREST, ROU	2017/07/01
Masters ACR	6.55	WONG Miu To 黃妙桃	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	6.55	WONG Miu To 黃妙桃	Hong Kong Masters Athletics	Wanchai SG	2016/10/29

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-8	WONG MEI YING THERRY 黃美櫻	65832 SCAA	7.05m.	HKMACR, R	6.35	6.39	6.34	7.05
2	1-7	<i>Split:</i> AU YEUNG SAU CHUN 歐陽秀珍	65824 PKMSAA	6.20m.		6.20	5.44	5.38	5.89
3	1-1	<i>Split:</i> KWUN LAI MUI 官麗梅	65827 PKMSAA	5.16m.		4.54	4.71	5.16	5.01
4	1-6	<i>Split:</i> FUNG LILIANE 李淑嫻	65820 DBSAC	4.93m.		4.63	4.82	4.57	4.93
5	1-4	<i>Split:</i> WONG YEE HAN 黃綺嫻	65823 MAC	4.39m.		3.62	4.39	-	-
6	1-5	<i>Split:</i> CHAN SUET WAN 陳雪芸	65825 PKMSAA	4.28m.		4.28	4.03	-	-
7	1-3	<i>Split:</i> LAU SAU YIN 劉秀賢	65828 PKMSAA	4.27m.		4.05	4.14	4.27	4.15
8	1-2	<i>Split:</i> HO SHIN CHE 何倩芝 <i>Split:</i>	65826 PKMSAA	4.26m.		4.26	3.39	3.39	3.79

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Women's W65 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	4.64	CHRISTIANE SCHMALBRUCH		ATHENS, GRE	2002/08/16
HONG KONG RECORD	6.50	YUE YA XIN 俞雅欣	The 19th Asia Games	Hangzhou	2023/10/02
Masters ACR	1.86	WONG Miu To 黃妙桃	Hong Kong Masters Athletics	Sports Centre	2017/11/11
HKMAC RECORD	1.86	WONG Miu To 黃妙桃	Hong Kong Masters Athletics	TKO SG	2017/11/11

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-1	KWUN LAI MUI 官麗梅	65827 PKMSAA	2.29m.	HKMACR, R	2.13 +1.3	2.07 +0.9	2.29 +0.9	2.24 +2.2
		<i>Split:</i>							
2	1-2	LAU SAU YIN 劉秀賢	65828 PKMSAA	1.90m.	HKMACR, R	1.71 +1.1	1.69 +1.6	1.82 +1.8	1.90 +0.8
		<i>Split:</i>							

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Hong Kong Masters Athletics Club  
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Women's W65 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	37.32	LINDA COHN		CERRITOS, USA	2018/04/13
Masters ACR	18.22	AU YEUNG SAU CHUN 歐陽秀珍			2022/11/27
HKMAC RECORD	18.22	AU YEUNG SAU CHUN 歐陽秀珍			2022/11/27



28 2023/10/28



Start: 15:05



26°C



84%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-7	AU YEUNG SAU CHUN 歐陽秀珍	65824 PKMSAA	21.40m.	HKMACR, R	17.27	20.69	21.40	-
2	1-6	<i>Split:</i> KWUN LAI MUI 官麗梅	65827 PKMSAA	15.14m.		14.35	x	13.54	15.14
3	1-5	<i>Split:</i> WONG MEI YING THERRY 黃美櫻	65832 SCAA	12.13m.		11.82	11.47	9.56	12.13
4	1-4	<i>Split:</i> HO SHIN CHE 何倩芝	65826 PKMSAA	11.70m.		9.55	8.69	11.70	x
5	1-1	<i>Split:</i> WONG YEE HAN 黃綺嫻	65823 MAC	10.63m.		10.63	10.55	9.95	9.04
6	1-3	<i>Split:</i> LAU SAU YIN 劉秀賢	65828 PKMSAA	10.43m.		10.43	10.17	9.61	8.90
7	1-2	<i>Split:</i> CHAN SUET WAN 陳雪芸	65825 PKMSAA	8.79m.		8.79	8.36	x	7.36

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Hong Kong Masters Athletics Club  
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Women's W65 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	37.62	TAMARA DANILOVA		SAN SEBASTIAN,	2005/08/28
HONG KONG RECORD	44.20	TO YUEN KWAN 杜婉筠			2022/05/28
Masters ACR	15.23	WONG Miu To 黃妙桃	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	15.23	WONG Miu To 黃妙桃	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/29



Start: 17:10



27°C



62%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-8	AU YEUNG SAU CHUN 歐陽秀珍	65824 PKMSAA	16.33m.	HKMACR, R	16.33	x	13.96	x
2	1-6	<i>Split:</i> WONG MEI YING THERRY 黃美櫻	65832 SCAA	14.85m.		x	14.13	13.85	14.85
3	1-7	<i>Split:</i> KWUN LAI MUI 官麗梅	65827 PKMSAA	13.05m.		11.74	13.05	12.59	12.52
4	1-2	<i>Split:</i> HO SHIN CHE 何倩芝	65826 PKMSAA	12.41m.		11.66	12.41	11.24	11.17
5	1-5	<i>Split:</i> CHAN SUET WAN 陳雪芸	65825 PKMSAA	11.37m.		10.14	11.15	10.94	11.37
6	1-1	<i>Split:</i> YU LAI FONG 余麗芳	65829 PKMSAA	11.35m.		11.35	10.88	x	10.15
7	1-3	<i>Split:</i> FUNG LILIANE 李淑嫻	65820 DBSAC	10.70m.		10.50	10.54	10.70	10.47
8	1-4	<i>Split:</i> LAU SAU YIN 劉秀賢	65828 PKMSAA	10.02m.		x	x	8.81	10.02

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協辦機構:



合作夥伴:



合作媒體:

