

Man		Hurdles			Result				
Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks
								Record	15.98
1	M35	35049	吳哲穎	Ng Chit Wing	WAC	16.51	1	3	5
2	M35	35059	劉宇曉	Lau Yu Hiu	DBSAC	18.82	1	6	3
3	M35	35001	張嘉禮	Cheung Ka Lai Joey	SCAA	19.98	1	2	2
4	M35	35069	-	Kriel Aldo	AVOHK	25.04	1	5	1

Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks
								Record	15.97
1	M40	40077	余遠輝	Yu Yuen Fai	DBSAC	18.80	2	3	6
2	M40	40018	盧致恆	Lo Mark	LSCAC	19.79	2	2	4
3	M40	40042	盧家恩	Lo Ka Yan	SCAA	19.93	2	7	3
4	M40	40107	戴錦豪	Tai Kam Ho Stuart	SCAA	21.39	2	4	2
5	M40	40036	黃毅峯	Wong Ngai Fung	SCAA	21.59	2	5	1

Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks
								Record	18.82
1	M45	45069	葉耀聰	Yip Yiu Chung	SCAA	19.36	3	6	4
2	M45	45075	崔錦棠	Chui Kam Tong Tony	SCAA	19.47	3	5	2
3	M45	45055	譚仲英	Tam Chung Ying Ernie	DBSAC	20.87	4	3	1

Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks
								Record	15.53
1	M50	50026	-	Wong Jason	Singapore	16.09	7	6	9
2	M50	50093	林偉堅	Lam Wai Kin	SCAA	17.28	6	7	7
3	M50	50012	林威強	Lam Wai Keung Galen	SCAA	17.40	5	4	6
4	M50	50088	陳俊國	Chan Chun Kwok Monte	LSCAC	17.64	6	3	5
5	M50	50052	馮正昌	Fung Harry	DBSAC	19.13	5	8	4
6	M50	50074	鄧天齊	Tang Tin Chai	DBSAC	19.93	6	4	3
7	M50	50086	郭嘉輝	Kwok Ka Fai	PAC	20.04	6	5	2
8	M50	50007	黃昌泰	Wong Cheong Tai	CSRA	20.17	7	2	1
9	M50	50018	-	Sun Yat Ming Ray	LSCAC	23.43	5	7	

Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks	
								Record	19.39	
1	M55	55056	梁偉彥	Leung Wai Yin, Raymond	DBSAC	18.53	8	5	6	Record Broken
2	M55	55022	暨永信	Ki Wilson	DBSAC	20.49	8	4	4	
3	M55	55043	林建雄	Lam Kin Hung, Elvis	SCAA	21.44	8	2	3	
4	M55	55005	譚旭生	Tam Sammy	DBSAC	21.86	8	8	2	
5	M55	55019	阮志勤	Yuen Chi Kan	HVAA	29.62	8	3	1	

Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks	
								Record	20.82	
1	M60	60011	吳家順	Wu Chia Shun	Taiwan	19.51	10	5	9	Record Broken
2	M60	60058	陳榮熙	Chan Wing Ha	PKMSAA	20.39	9	6	7	Record Broken
3	M60	60033	-	Mogannavale Appu	Singapore	20.43	10	4	6	Record Broken
4	M60	60003	劉卓衡	Lau Cheuk-Hang	DBSAC	20.44	10	6	5	Record Broken
5	M60	60009	-	Lee Michael	Singapore	20.99	9	4	4	
6	M60	60019	姚永雄	Yiu Francis	DBSAC	21.35	9	2	3	
7	M60	60060	謝金業	Tse Kam Yip	PKMSAA	22.20	9	3	2	
8	M60	60057	羅海沙	Law Hoi Sha, Sanford	PKMSAA	26.81	9	5	1	

Rank	Group	Number	Name	Club	Time	Final	Lane	Record Score	Remarks
								Record	21.29
1	M65	65011	鄧儉輝	Tang Kim Fai	SCAA	22.29	10	8	2

MEN		100M			Result				Record	11.61
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M30	30022	司徒民浩	Szeto Timothy Man Ho	LSCAC	11.54	3	3	0	Record Broken
2	M30	30017	黃家豪	Wong Robert	SCAA	11.94	3	5	0	
3	M30	30025	張榮輝	Cheung Wing Fai	PoliceAC	12.03	1	6	0	
4	M30	30002	周啟文	Chau Kai Man	HVAA	12.18	2	4	0	
5	M30	30024	廖恒照		CGHCAC	12.47	2	6	0	
6	M30	30027	梁俊偉	Leung Chun Wai	WAC	12.81	1	2	0	
7	M30	30009	-	Tse Lok Sang	LSCAC	13.05	2	3	0	
8	M30	30013	-	Bassetto Sandro	LSCAC	13.06	2	2	0	
9	M30	30015	-	Ho Pok Man	LSCAC	13.38	2	5	0	
10	M30	30019	-	Tsang Brian	LSCAC	13.67	1	3	0	
									Record	11.22
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M35	35025	賴家斌	Lai Ka Pun Ryan	WAC	11.83	4	8	9	
2	M35	35062	李志輝	Lee Chi Fai	SCAA	12.08	7	4	7	
3	M35	35049	吳哲穎	Ng Chit Wing	WAC	12.18	6	7	6	
4	M35	35099	-	Barwicki Pawel	CSRA	12.24	6	1	5	
5	M35	35069	-	Kriel Aldo	AVOHK	12.27	6	8	4	
6	M35	35010	呂家豪	Lui Ka Ho	WAC	12.31	4	7	3	
7	M35	35039	梁家傑	Leung Ka Kit	LSCAC	12.43	4	3	2	
8	M35	35007	黃詩俊	Wong Si Chun	PoliceAC	12.68	5	6	1	
9	M35	35072	黃駿鴻	Wong Chun Hung Stephen	SCAA	12.70	6	3		
10	M35	35085	藍明德	Lan Ming Tak	HVAA	12.79	7	5		
11	M35	35059	劉宇曉	Lau Yu Hiu	DBSAC	12.84	7	6		
12	M35	35001	張嘉禮	Cheung Ka Lai Joey	SCAA	12.87	5	2		
13	M35	35023	張志偉	Cheung Che Wai	PAC	12.94	5	3		
14	M35	35026	潘振斌	Poon Chun Pan	SCAA	12.97	6	6		
15	M35	35057	何沛倫	Ho Pui Lun Alan	DBSAC	13.09	7	7		
16	M35	35017	黎健峰	Lai Kin Fung	SCAA	13.94	4	6		
17	M35	35004	潘逸飛	Poon Yat Fei	PKMSAA	14.15	5	4		
18	M35	35086	葉偉倫	Yip Wai Lun Luke	LSCAC	14.84	6	4		
19	M35	35071	許順琪	Hui Shun Ki Daniel	DBSAC	15.83	4	5		
20	M35	35093	鄧啟昇	Tang Kai Sing	LSCAC	16.09	6	5		
21	M35	35073	陳浩基	Chan Ho Kei	HKLRRC	16.50	6	2		
									Record	11.55
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M40	40110	黃永安		HVAA	11.77	10	1	9	
2	M40	40056	廖志勇	Liu Chi Yung	SCAA	11.93	11	6	7	
3	M40	40025	麥顯能	Mak Ho Nung Marcus	LSCAC	12.06	11	5	6	
4	M40	40017	楊偉剛	Yeung Wai Kong	SCAA	12.07	11	7	5	
5	M40	40008	陳新禧	Chan San Hei Alan	DBSAC	12.09	10	2	4	
6	M40	40070	余偉俊	Yu Wai Chun Peter	SCAA	12.25	9	2	3	
7	M40	40077	余遠輝	Yu Yuen Fai	DBSAC	12.28	9	6	2	
8	M40	40010	馬慶廣	Ma Hing Kwong	CSRA	12.39	10	6	1	
9	M40	40047	陳勁恆	Chan King Hang Ken	LSCAC	12.54	10	3		
10	M40	40071	余致力	Yu Cheeric James	LSCAC	12.56	8	2		
11	M40	40035	陳永光	Chan Wing Kwong Derek	LSCAC	12.68	12	4		
12	M40	40055	陳立致	Chan Lap Chi Jacky	SCAA	12.77	10	5		
13	M40	40030	謝繼明	Tse Kai Ming Carl	SCAA	12.78	12	3		
14	M40	40075	-	Tsang Raymond	DBSAC	13.01	10	4		
15	M40	40024	-	Yuen Leonard	DBSAC	13.10	8	3		
16	M40	40033	陳得鴻	Chan Tak Hung	LSCAC	13.19	8	5		
17	M40	40093	王偉國	Wong Wai Kwok Roberto	DBSAC	13.33	10	8		
18	M40	40019	區志豪	Au Chi Hoo Christopher	LSCAC	13.38	11	2		
18	M40	40034	劉頌昇	Lau Chung Sing	LSCAC	13.38	12	5		
20	M40	40089	黎爾禮	Lai Yee Lai Joseph	LSCAC	13.40	12	7		
21	M40	40083	倪以理	Ngai Joseph	DBSAC	13.63	9	7		
22	M40	40108	郭偉健	Kwok Wai Kin	SCAA	13.85	10	7		
23	M40	40053	黃嘉樂	Wong Carruk	DBSAC	13.92	8	7		
24	M40	40052	劉家泰	Lau Ka Tai Lion	LSCAC	14.01	12	6		
25	M40	40097	朱琦昌	Chu Ki Cheong	DBSAC	15.78	12	2		

Rank	Group	Number	Name	Club	Time	Final	Lane	Record 12.16	
								Score	Remarks
1	M45	45004	黃健安	Wong Kin On	PAC	11.84	15	9	Record Broken
2	M45	45043	關永樂	Kwan Wing Lok	SCAA	12.22	13	7	
3	M45	45055	譚仲英	Tam Chung Ying Ernie	DBSAC	12.34	13	7	6
4	M45	45073	雷裕文	Lui Timothy	DBSAC	12.60	13	5	5
5	M45	45030	張嘉恆	Cheung Princeton	DBSAC	12.70	14	4	4
6	M45	45017	許志偉	Hui Chi Wai Frederick	SCAA	12.83	15	5	3
7	M45	45076	黃東康	Wong Tung Hong Eddie	SCAA	12.90	15	8	2
8	M45	45012	王健華	Wong Kin Wah	HVAA	13.34	13	4	1
9	M45	45075	崔錦棠	Chui Kam Tong Tony	SCAA	13.38	14	5	
10	M45	45029	林曉峯	Lam Hiu Fung	DBSAC	13.59	13	8	
11	M45	45020	唐建衡	Tong Albert	LSCAC	13.63	14	8	
12	M45	45086	關文輝	Kwan Man Fai	DBSAC	13.69	15	2	
13	M45	45018	李偉倫	Lee Wai Lun	SCAA	13.70	14	2	
14	M45	45040	陳俊聲	Chan Chun Sing Barthelemy	CSRA	13.82	14	3	
15	M45	45009	顏鴻斌	Ngan Hung Pun	CSRA	13.86	15	7	
16	M45	45081	何志遠	Ho Chi Yuen	CSRA	13.99	14	6	
17	M45	45053	陳思遠	Chan Sze Yuen Eric	LSCAC	14.64	13	3	
18	M45	45038	周偉雄	Chau Antonio	DBSAC	14.77	13	1	
19	M45	45066	江成光	Kwong Sing Kwong Thomas	SCAA	14.78	13	2	
20	M45	45088	黃浩文	Wong Ho Man Albert	DBSAC	15.16	15	6	

Rank	Group	Number	Name	Club	Time	Final	Lane	Record 12.45	
								Score	Remarks
1	M50	50067	黎同昇	Lai Tung Sing	CSRA	12.52	17	7	9
2	M50	50039	江國強	Kang Kwok Keung Derek	CAC	12.69	18	1	7
3	M50	50069	林俊發	Lam Tsun Fat Peter	SCAA	12.77	16	5	6
4	M50	50041	-	Power Thomas	AVOHK	13.01	18	7	5
5	M50	50053	王堅	Wang Jian	SCAA	13.03	16	4	4
6	M50	50012	林威強	Lam Wai Keung Galen	SCAA	13.13	17	4	3
7	M50	50088	陳俊國	Chan Chun Kwok Monte	LSCAC	13.30	17	3	2
8	M50	50080	鍾健偉	Chung Kin Wai	CAC	13.45	16	2	1
9	M50	50079	李偉浩	Li Wai Ho	SCAA	13.46	16	6	
10	M50	50006	李明瀚	Lee Ming Hon Edward	LSCAC	13.47	17	8	
11	M50	50025	-	Mohd Ali Shamry	Malaysia	13.56	18	6	
12	M50	50092	勞思傑	Lo Raymond	DBSAC	13.62	18	5	
13	M50	50055	羅錦榮	Lo Kam Wing Kenny	CSRA	13.68	17	2	
14	M50	50029	-	Yu Tak Kwong	DBSAC	13.74	19	4	
15	M50	50044	黃澤賢	Wong Chak Yin Willie	LSCAC	13.94	19	6	
16	M50	50005	何智權	Ho Chi Kuen	CSRA	14.06	17	1	
16	M50	50076	林建華	Lim Kin Wah	SCAA	14.06	19	1	
18	M50	50082	顧向聖	Koo Heung Shing, Peter	LSCAC	14.14	16	3	
19	M50	50068	姚啟鏘	Yiu Karo Dakchison Jr.	DBSAC	14.32	19	7	
20	M50	50049	譚景棠	Tam King Tong	HKICPA	14.54	17	5	
21	M50	50024	-	Tainui Jay Robert	CSRA	14.56	18	2	
22	M50	50057	-	Ullah Forhad	AVOHK	14.68	19	2	
23	M50	50008	蘇德擎	So Tak King	SCAA	14.91	19	3	
24	M50	50016	陸敬行	Luk Kinghang	DBSAC	15.40	16	1	
25	M50	50063	梁永鏗	Leung Michael	DBSAC	16.04	19	5	
26	M50	50102	羅旭明	0	HVAA	11.93	11	1	

Rank	Group	Number	Name	Club	Time	Final	Lane	Record 12.70	
								Score	Remarks
1	M55	55057	龔偉凌	Kung Wai Ling	DBSAC	12.79	21	4	9
2	M55	55070	-	Tan Kim Seng Gerald	Singapore	12.96	22	7	7
3	M55	55021	周治榮	Chow Chee Wing Anthony	LSCAC	13.00	22	5	6
4	M55	55056	梁偉彥	Leung Wai Yin, Raymond	DBSAC	13.93	20	6	5
5	M55	55025	-	Ang Soo Beng	Singapore	13.98	21	7	4
6	M55	55034	卓浩揚	Cheuk Ho Yeung	DBSAC	14.06	21	3	3
7	M55	55031	曾仲文	Tsang Albert	DBSAC	14.16	21	8	2
8	M55	55029	李永偵	Lee Wing Ching	SCAA	14.27	21	2	1
9	M55	55019	阮志勤	Yuen Chi Kan	HVAA	14.28	22	4	
10	M55	55016	蘇家麟	So Ka Lun	TSC	14.44	20	1	
11	M55	55011	陳炎林	Chan Yim Lam Patrick	DBSAC	14.62	21	5	
12	M55	55066	徐仲鏗	Zee Benny	DBSAC	15.05	20	5	
13	M55	55060	黃嘉強	Wong Ka Keung	PKMSAA	15.64	20	7	
14	M55	55028	洪傳廣	Hung Chuen Kwong	DBSAC	16.51	20	2	
15	M55	55020	梁国伟	Leung Toby	LSCAC	16.93	21	6	
16	M55	55049	朱國樑	Chu Kwok Leung	DBSAC	DNF	22	2	

									Record	13.59
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M60	60024	歐敬唐	Au King Tong	PKMSAA	13.39	24	1	9	Record Broken
2	M60	60021	葉世雄	Ip Sai Hung	PKMSAA	13.62	23	6	7	
3	M60	60003	劉卓衡	Lau Cheuk-Hang	DBSAC	13.70	23	1	6	
4	M60	60033	-	Mogannavale Appu	Singapore	13.87	23	5	5	
5	M60	60005	彭國治	Pang Kwok Chi	SCAA	14.12	24	2	4	
6	M60	60007	蔡少洲	Choi Tony	DBSAC	14.21	25	8	3	
7	M60	60044	孫樹坤	Suen Shu Kwan	SCAA	14.46	25	2	2	
8	M60	60058	陳榮熙	Chan Wing Ha	PKMSAA	14.63	25	4	1	
9	M60	60071	廖卓良	Liu Cheuk Leung	SCAA	14.64	25	3		
10	M60	60009	-	Lee Michael	Singapore	14.69	23	2		
11	M60	60072	黃基林	Wong Kee Lam	SCAA	14.74	24	4		
11	M60	60006	黃烈初	Wong Lit Chor Alexis	DBSAC	14.74	24	8		
13	M60	60057	羅海沙	Law Hoi Sha, Sanford	PKMSAA	15.11	24	7		
14	M60	60019	姚永雄	Yiu Francis	DBSAC	15.22	23	3		
15	M60	60052	陳國強	Chan Kwok Keung	PKMSAA	15.35	25	5		
16	M60	60017	梁炳權	Leung Peng Kun	PKMSAA	15.54	23	4		
17	M60	60045	黎國源	Lai Kwok Yuen	TSC	15.62	23	8		
18	M60	60043	何來	Ho Loi, Sunny	SCAA	16.31	25	7		
19	M60	60074	羅海曼	Low Hoi Man	PKMSAA	17.12	24	5		

									Record	14.79
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M65	65015	高量洪	Ko Alex	DBSAC	15.00	26	7	8	
2	M65	65025	吳文默	Ng Man Mark	PKMSAA	15.11	26	5	6	
3	M65	65011	鄧儉輝	Tang Kim Fai	SCAA	15.68	26	6	5	
4	M65	65008	-	Boh Jeffrey	Singapore	15.98	26	3	4	
5	M65	65001	黎志德	Lai Chi Tak	SCAA	16.44	26	8	3	
6	M65	65016	-	Chung Wing Kan Gordon	AVOHK	16.96	26	4	2	
7	M65	65018	-	Lau Kwing Lum Stephen	AVOHK	20.99	26	1	1	

									Record	15.97
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M70	70009	陳沛然	Chan Pui Yin	SCAA	15.40	28	3	9	Record Broken
2	M70	70001	顏尊廉	Ngan Chun Lim	PKMSAA	15.58	27	3	7	Record Broken
3	M70	70004	何紹棠	Ho Shiu Tong Humphrey	LSCAC	15.79	28	4	6	Record Broken
4	M70	70010	-	Kwek Moh Seng	Singapore	16.00	27	6	5	
5	M70	70019	朱冠文	Gee Arthur	HKLRRRC	16.41	28	5	4	
6	M70	70015	-	Law John	LSCAC	16.85	27	2	3	
7	M70	70014	扶熾彰	Fu Chi Cheung Peter	SCAA	17.10	28	2	2	
8	M70	70005	何德星	Ho Tak Sing Henry	DBSAC	17.81	28	6	1	
9	M70	70018	黃鈞黔	Wong Kun Kim	LSCAC	20.47	27	4		

									Record	16.04
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M75	75005	-	Pilkington Frank	PKMSAA	19.05	30	3	4	
2	M75	75004	黃呂	Huang Lu, Eddie	LSCAC	20.69	30	2	2	
3	M75	75007	-	Whitle Rex William James	LSCAC	22.52	30	1	1	

									Record	19.02
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M80	80005	何瑞安	Ho Shui On	SCAA	19.35	29	7	7	
2	M80	80003	林振全	Lam Chun Chuen	SCAA	20.02	29	4	5	
3	M80	80006	楊智堅	Yeung Chi Kin	SCAA	20.27	29	3	4	
4	M80	80001	-	Fowler John	AVOHK	23.03	29	6	3	
5	M80	80009	-	Hamet Reginald	DBSAC	25.03	29	5	2	
6	M80	80004	周渭川	Chau Wai Chuen	SCAA	33.31	29	8	1	

									Record	29.09
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M85	85002	-	Lajawa Alfred	Malaysia	17.80	30	5	3	Record Broken
2	M85	85001	郭錦洪	Kwok Kam Hung	SCAA	19.99	30	6	1	Record Broken

									Record	N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M90	90001	何湛泉	Ho Cham Chuen	SCAA	28.98	30	8	2	

MEN		200M		Result				Record	24.62	
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M35	35062	李志輝	Lee Chi Fai	SCAA	24.58	2	2	9	Record Broken
2	M35	35049	吳哲穎	Ng Chit Wing	WAC	25.02	1	2	7	
3	M35	35099	-	Barwicki Pawel	CSRA	25.19	3	1	6	
4	M35	35069	-	Kriel Aldo	AVOHK	25.28	1	3	5	
5	M35	35072	黃駿鴻	Wong Chun Hung Stephen	SCAA	25.41	2	4	4	
6	M35	35007	黃詩俊	Wong Si Chun	PoliceAC	25.85	1	8	3	
7	M35	35023	張志偉	Cheung Che Wai	PAC	26.16	2	8	2	
8	M35	35041	蔡榮杭	Tsoi Wing Hong	PKMSAA	26.86	2	7	1	
9	M35	35085	藍明德	Lan Ming Tak	HVAA	26.91	3	6		
10	M35	35082	區應民	Au Ying Man	LSCAC	27.85	1	4		
11	M35	35051	-	Tung Yuk Yu Anthony	LSCAC	28.32	3	4		
12	M35	35095	梁日燊	Leung Yat Sun	LSCAC	29.50	1	5		
13	M35	35004	潘逸飛	Poon Yat Fei	PKMSAA	30.26	3	3		
14	M35	35086	葉偉倫	Yip Wai Lun Luke	LSCAC	31.51	2	5		
15	M35	35020	陳國濠	Chan Kwok Ho	PKMSAA	33.34	3	8		
16	M35	35073	陳浩基	Chan Ho Kei	HKLRRRC	34.05	3	7		

								Record	24.14	
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M40	40110	黃永安		HVAA	24.17	6	1	9	
2	M40	40017	楊偉剛	Yeung Wai Kong	SCAA	24.47	6	2	7	
3	M40	40025	麥顯能	Mak Ho Nung Marcus	LSCAC	24.69	5	4	6	
4	M40	40018	盧致恆	Lo Mark	LSCAC	24.92	4	5	5	
5	M40	40008	陳新禧	Chan San Hei Alan	DBSAC	24.98	5	6	4	
6	M40	40007	梁達威	Leung Tat Wai	PAC	25.12	6	8	3	
7	M40	40055	陳立致	Chan Lap Chi Jacky	SCAA	25.53	6	4	2	
8	M40	40047	陳勁恆	Chan King Hang Ken	LSCAC	25.95	4	3	1	
9	M40	40077	余遠輝	Yu Yuen Fai	DBSAC	25.99	6	7		
10	M40	40035	陳永光	Chan Wing Kwong Derek	LSCAC	26.94	4	8		
11	M40	40076	鄭良盛	Cheng Leung Shing Sam	SCAA	28.08	4	7		
12	M40	40108	郭偉健	Kwok Wai Kin	SCAA	29.17	4	1		
13	M40	40046	林經緯	Lam King Wai	DBSAC	29.49	5	3		
14	M40	40097	朱琦昌	Chu Ki Cheong	DBSAC	30.08	5	1		
15	M40	40019	區志豪	Au Chi Hoo Christopher	LSCAC	37.18	6	5		

								Record	25.28	
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M45	45004	黃健安	Wong Kin On	PAC	24.41	9	8	9	Record Broken
2	M45	45030	張嘉恆	Cheung Princeton	DBSAC	25.80	7	6	7	
3	M45	45043	關永樂	Kwan Wing Lok	SCAA	26.12	7	5	6	
4	M45	45073	雷裕文	Lui Timothy	DBSAC	26.68	9	4	5	
5	M45	45005	杜劍鋒	To Kim Fung Raymond	HVAA	27.16	8	3	4	
6	M45	45074	-	Lui Moses	DBSAC	27.36	9	7	3	
7	M45	45015	馬敬將	Ma King Cheung	PAC	27.85	9	3	2	
8	M45	45010	賴維揚	Lai Wai Yeung	PAC	27.89	9	6	1	
9	M45	45041	-	Tam Ka Chun George	AVOHK	28.33	9	5		
10	M45	45040	陳俊聲	Chan Chun Sing Barthelemy	CSRA	28.42	7	2		
11	M45	45086	關文輝	Kwan Man Fai	DBSAC	28.64	7	7		
12	M45	45072	余永健	Yu Wing Kin	DBSAC	28.94	7	8		
13	M45	45080	蔡尚樺	Choi Sheung Wah Alex	LSCAC	29.77	8	8		
14	M45	45054	陳載禧	Chan Conrad	DBSAC	31.34	8	5		
15	M45	45027	林國輝	Lam Kwok Fai Terence	CSRA	31.87	8	2		

								Record	25.93	
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M50	50067	黎同昇	Lai Tung Sing	CSRA	25.84	12	8	9	Record Broken
2	M50	50069	林俊發	Lam Tsun Fat Peter	SCAA	26.16	11	8	7	
3	M50	50039	江國強	Kang Kwok Keung Derek	CAC	26.30	11	5	6	
4	M50	50026	-	Wong Jason	Singapore	26.33	12	4	5	
5	M50	50053	王堅	Wang Jian	SCAA	26.73	11	2	4	
6	M50	50006	李明瀚	Lee Ming Hon Edward	LSCAC	27.86	10	3	3	
7	M50	50029	-	Yu Tak Kwong	DBSAC	28.54	12	6	2	
8	M50	50079	李偉浩	Li Wai Ho	SCAA	28.79	11	4	1	
9	M50	50080	鍾健偉	Chung Kin Wai	CAC	28.98	10	5		
10	M50	50090	鄺耀才	Fong Alan	DBSAC	29.23	12	5		
11	M50	50044	黃澤賢	Wong Chak Yin Willie	LSCAC	29.58	12	7		
12	M50	50068	姚啟鏘	Yiu Karo Dakchison Jr.	DBSAC	29.77	12	2		
13	M50	50066	-	Lo Wei Kei Kenny	DBSAC	30.78	12	1		
14	M50	50057	-	Ullah Forhad	AVOHK	32.08	11	6		
15	M50	50050	李國偉	Lee Raymond	DBSAC	32.91	10	8		
16	M50	50102	羅旭明		HVAA	24.30	9	1		

									Record	28.17
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M55	55070	-	Tan Kim Seng Gerald	Singapore	26.74	13	2	9	Record Broken
2	M55	55057	龔偉凌	Kung Wai Ling	DBSAC	27.44	14	3	7	Record Broken
3	M55	55021	周治榮	Chow Chee Wing Anthony	LSCAC	28.29	14	8	6	
4	M55	55006	葉錦強	Yip Kam Keung , Alex	SCAA	28.92	13	6	5	
5	M55	55031	曾仲文	Tsang Albert	DBSAC	29.22	14	7	4	
6	M55	55025	-	Ang Soo Beng	Singapore	29.30	14	1	3	
7	M55	55016	蘇家麟	So Ka Lun	TSC	30.02	13	1	2	
8	M55	55076	黃浩賢	Wong Ho Yin	PKMSAA	30.07	13	3	1	
9	M55	55003	林文山	Lam Man San	DBSAC	30.10	14	5		
10	M55	55029	李永偵	Lee Wing Ching	SCAA	31.02	14	2		
11	M55	55063	黃利	Wong Li	DBSAC	31.71	14	6		
12	M55	55060	黃嘉強	Wong Ka Keung	PKMSAA	33.38	13	4		

									Record	27.32
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M60	60021	葉世雄	Ip Sai Hung	PKMSAA	28.83	18	6	9	
2	M60	60024	歐敬唐	Au King Tong	PKMSAA	29.54	16	4	7	
3	M60	60008	鄭騫	Cheng Hin	CAC	30.06	17	7	6	
4	M60	60007	蔡少洲	Choi Tony	DBSAC	31.31	17	3	5	
5	M60	60009	-	Lee Michael	Singapore	31.74	18	3	4	
6	M60	60017	梁炳權	Leung Peng Kun	PKMSAA	32.80	18	2	3	
7	M60	60019	姚永雄	Yiu Francis	DBSAC	33.24	18	5	2	
8	M60	60057	羅海沙	Law Hoi Sha, Sanford	PKMSAA	33.35	17	2	1	
9	M60	60005	彭國治	Pang Kwok Chi	SCAA	53.84	16	5		

									Record	32.09
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M65	65025	吳文默	Ng Man Mark	PKMSAA	32.18	19	3	5	
2	M65	65001	黎志德	Lai Chi Tak	SCAA	36.18	19	6	3	
3	M65	65011	鄧儉輝	Tang Kim Fai	SCAA	38.86	19	5	2	
4	M65	65018	-	Lau Kwing Lum Stephen	AVOHK	43.36	19	2	1	

									Record	34.58
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M70	70009	陳沛然	Chan Pui Yin	SCAA	33.30	20	3	6	Record Broken
2	M70	70004	何紹棠	Ho Shiu Tong Humphrey	LSCAC	33.70	20	2	4	Record Broken
3	M70	70010	-	Kwek Moh Seng	Singapore	34.19	20	6	3	Record Broken
4	M70	70014	扶熾彰	Fu Chi Cheung Peter	SCAA	38.08	20	7	2	
5	M70	70019	朱冠文	Gee Arthur	HKLRRRC	38.12	20	5	1	

									Record	35.63
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M75	75005	-	Pilkington Frank	AVOHK	41.33	21	2	2	
2										

									Record	1.02.22
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M80	80005	何瑞安	Ho Shui On	SCAA	45.26	21	7	4	Record Broken
2	M80	80001	-	Fowler John	AVOHK	52.08	21	6	2	Record Broken
3	M80	80004	周渭川	Chau Wai Chuen	SCAA	1.07.17	21	5	1	

MEN		400M			Result				Record	54.20
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M35	35008	鄧駿業	Tsang Chun Yip	PoliceAC	53.16	2	6	5	Record Broken
2	M35	35029	黃成輝	Wong Shing Fai	PoliceAC	1.00.14	2	2	3	
3	M35	35082	區應民	Au Ying Man	LSCAC	1.00.97	2	3	2	
4	M35	35042	鄺耀雄	Kwong Yiu Hung	PKMSAA	1.13.36	1	7	1	
									Record	53.88
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M40	40025	麥顯能	Mak Ho Nung Marcus	LSCAC	55.33	4	3	9	
2	M40	40008	陳新禧	Chan San Hei Alan	DBSAC	56.13	5	6	7	
3	M40	40055	陳立致	Chan Lap Chi Jacky	SCAA	56.22	5	4	6	
4	M40	40012	陳家偉	Chan Ka	PAC	56.45	5	3	5	
5	M40	40026	鄧永健	Tang Wing Kin	PAC	57.87	5	5	4	
6	M40	40018	盧致恆	Lo Mark	LSCAC	58.20	3	7	3	
7	M40	40047	陳勁恆	Chan King Hang Ken	LSCAC	59.32	5	7	2	
8	M40	40035	陳永光	Chan Wing Kwong Derek	LSCAC	59.58	5	1	1	
9	M40	40072	-	Siu Hubert	LSCAC	1.00.99	3	5		
10	M40	40075	-	Tsang Raymond	DBSAC	1.01.77	4	6		
11	M40	40046	林經緯	Lam King Wai	DBSAC	1.02.22	4	1		
12	M40	40048	劉文龍	Lau Man Lung Kevin	DBSAC	1.03.75	4	8		
									Record	56.42
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M45	45004	黃健安	Wong Kin On	PAC	52.61	6	7	9	Record Broken
2	M45	45055	譚仲英	Tam Chung Ying Ernie	DBSAC	58.26	8	4	7	
3	M45	45008	黃啟東	Wong Kai Tung	PAC	58.31	6	4	6	
4	M45	45005	杜劍鋒	To Kim Fung Raymond	HVAA	1.01.80	7	7	5	
5	M45	45058	胡迪熊	Wu Dik Hung Teddy	LSCAC	1.01.99	6	2	4	
6	M45	45041	-	Tam Ka Chun George	AVOHK	1.02.06	6	5	3	
7	M45	45074	-	Lui Moses	DBSAC	1.02.12	7	2	2	
8	M45	45010	賴維揚	Lai Wai Yeung	PAC	1.02.65	8	3	1	
9	M45	45072	余永健	Yu Wing Kin	DBSAC	1.05.51	7	3		
10	M45	45028	關偉琛	Kwan Wai Sum Cliff	LSCAC	1.06.87	7	4		
11	M45	45064	梁錦權	Leung Michael	LSCAC	1.07.00	8	7		
12	M45	45025	-	Choi Daniel	DBSAC	1.09.14	8	6		
13	M45	45056	N/A	Lowcock Keith Patrick	DBSAC	1.09.55	6	3		
14	M45	45059	胡迪麟	Wu Dik Lun Tommy	LSCAC	1.09.97	7	5		
									Record	58.94
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M50	50069	林俊發	Lam Tsun Fat Peter	SCAA	58.90	11	5	9	Record Broken
2	M50	50026	-	Wong Jason	Singapore	59.85	9	3	7	
3	M50	50042	鍾振邦	Chung Chun Bong Alex	CAC	1.00.95	11	3	6	
4	M50	50006	李明瀚	Lee Ming Hon Edward	LSCAC	1.01.24	9	6	5	
5	M50	50029	-	Yu Tak Kwong	DBSAC	1.03.69	10	7	4	
6	M50	50077	唐俊勳	Tong Chun Fan	DBSAC	1.04.05	9	4	3	
7	M50	50087	-	Heng Seng Wang	Singapore	1.04.90	10	6	2	
8	M50	50056	潘偉全	Pon Wai Chuen	SCAA	1.05.35	10	2	1	
9	M50	50028	陸秋明	Luk Chau Ming	LSCAC	1.06.86	11	6		
10	M50	50057	-	Ullah Forhad	AVOHK	1.09.01	10	5		
11	M50	50083	黃文光	Wong Man Kong , Peter	SCAA	1.11.31	10	4		
12	M50	50090	鄺耀才	Fong Alan	DBSAC	1.17.28	11	7		
13	M50	50030	-	Au Yeung Vincent	LSCAC	1.21.48	11	4		
									Record	1.00.26
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M55	55070	-	Tan Kim Seng Gerald	Singapore	1.00.31	14	3	9	
2	M55	55006	葉錦強	Yip Kam Keung , Alex	SCAA	1.05.26	14	5	7	
3	M55	55003	林文山	Lam Man San	DBSAC	1.06.76	13	3	6	
4	M55	55031	曾仲文	Tsang Albert	DBSAC	1.06.98	12	8	5	
5	M55	55016	蘇家麟	So Ka Lun	TSC	1.07.39	12	1	4	
6	M55	55038	趙春強	Chiu Chun Keung	PAC	1.07.63	14	8	3	
7	M55	55076	黃浩賢	Wong Ho Yin	PKMSAA	1.08.41	13	4	2	
8	M55	55063	黃利	Wong Li	DBSAC	1.08.52	14	4	1	
9	M55	55011	陳焯林	Chan Yim Lam Patrick	DBSAC	1.09.64	12	5		
10	M55	55033	-	Chew Piak Leng	Singapore	1.11.55	12	2		
11	M55	55077	譚榮貴	Tam Wing Kwai	SCAA	1.17.61	14	7		
12	M55	55044	周錦添	Chau Kam Tim	SCAA	1.17.77	12	4		
13	M55	55030	-	Shum Stanley	LSCAC	1.21.38	13	7		

									Record	1.03.09
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M60	60024	歐敬唐	Au King Tong	PKMSAA	1.04.92	16	2	7	
2	M60	60008	鄭騫	Cheng Hin	CAC	1.05.09	16	6	5	
3	M60	60047	黃卓然	Wong Cheuk Yin	SCAA	1.08.69	15	5	4	
4	M60	60011	吳家順	Wu Chia Shun	Taiwan	1.10.87	15	6	3	
5	M60	60037	湯遠明	Tong Yuen Ming	LSCAC	1.16.12	16	5	2	
6	M60	60074	羅海曼	Low Hoi Man	PKMSAA	1.29.70	16	3	1	

									Record	1.14.72
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M65	65025	吳文默	Ng Man Mark	PKMSAA	1.12.62	17	5	5	Record Broken
2	M65	65015	高量洪	Ko Alex	DBSAC	1.17.07	17	2	3	
3	M65	65016	-	Chung Wing Kan Gordon	AVOHK	1.20.17	17	3	2	
4	M65	65018	-	Lau Kwing Lum Stephen	AVOHK	1.38.86	17	4	1	

									Record	1.20.02
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M70	70010	-	Kwek Moh Seng	Singapore	1.18.27	18	5	6	Record Broken
2	M70	70004	何紹棠	Ho Shiu Tong Humphrey	LSCAC	1.21.57	18	3	4	
3	M70	70014	扶熾彰	Fu Chi Cheung Peter	SCAA	1.31.61	18	2	3	
4	M70	70019	朱冠文	Gee Arthur	HKLRRRC	1.32.68	18	1	2	
5	M70	70018	黃鈞黔	Wong Kun Kim	LSCAC	1.50.59	18	4	1	

									Record	1.35.17
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M75	75007	-	Whitle Rex William James	AVOHK	1.33.07	17	7	3	Record Broken
2	M75	75005	-	Pilkington Frank	AVOHK	1.35.28	17	8	1	

									Record	N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Score	Remarks	
1	M80	80001	-	Fowler John	AVOHK	1.59.98	18	7	3	
2	M80	80004	周渭川	Chau Wai Chuen	SCAA	2.33.06	18	8	1	

MEN 800M							Result	
Rank	Group	Number	Name	Club	Time	Final	Record	N.A.
							Score	Remarks
1	M30	30005	楊競雄	Yeung King Hung	HVAA	2.05.19	1	0
2	M30	30003	-	Marshall Luk Ho Fung	DBSAC	2.17.16	1	0
3	M30	30011	朱加豪	Chu Ka Ho	LSCAC	2.25.21	1	0
4	M30	30016	張展輝	Cheung Chin Fai	LSCAC	2.36.96	1	0
5	M30	30010	李耀基	Lee Yiu Kei Charles	LSCAC	3.16.96	1	0
							Record	2.09.95
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M35	35008	鄧駿業	Tsang Chun Yip	PoliceAC	2.10.62	1	9
2	M35	35018	許兆東	Hui Siu Tung	DBSAC	2.15.59	1	7
3	M35	35079	梁守謙	Leung Sau Him, Martin	LSCAC	2.30.25	1	6
4	M35	35003	許焯彥	Hui Cheuk Yin Derek	LSCAC	2.33.35	1	5
5	M35	35053	何梓恆	Ho Tsz Hang Stephen	SCAA	2.33.51	1	4
6	M35	35035	鄭富安	Cheng Fu On	DBSAC	2.34.61	1	3
7	M35	35016	譚衛陽	Sunny Tam	DBSAC	2.40.68	1	2
8	M35	35034	張泰業	Cheung Tai Yip Keno	DBSAC	2.48.53	1	1
							Record	2.11.49
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M40	40012	陳家偉	Chan Ka	PAC	2.10.72	2	9
2	M40	40031	陳競進	Chan King Chun	LSCAC	2.30.36	2	7
3	M40	40073	-	Kan Chun Kin	LSCAC	2.30.64	2	6
4	M40	40046	林經緯	Lam King Wai	DBSAC	2.34.52	2	5
5	M40	40038	江永豪	Kong Wing Ho	LSCAC	2.34.56	2	4
6	M40	40101	鄧陽招	Tang Yeung Chiu Dennis	DBSAC	2.40.20	2	3
7	M40	40032	蔡漢銳	Choy Hon Yui	DBSAC	2.45.54	2	2
8	M40	40062	鞠政江	Kook Ching Kong Henry	LSCAC	2.49.82	2	1
							Record	2.21.26
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M45	45004	黃健安	Wong Kin On	PAC	2.19.19	3	9
2	M45	45033	羅文嘉	Lo Man Ka	DBSAC	2.27.79	3	7
3	M45	45050	-	Ho Bernard	LSCAC	2.29.92	3	6
4	M45	45010	賴維揚	Lai Wai Yeung	PAC	2.36.80	3	5
5	M45	45059	胡迪麟	Wu Dik Lun Tommy	LSCAC	2.44.51	3	4
6	M45	45032	劉紹華	Lau Siu Wah Herrick	LSCAC	2.44.76	3	3
7	M45	45025	-	Choi Daniel	DBSAC	2.45.80	3	2
8	M45	45058	胡迪熊	Wu Dik Hung Teddy	LSCAC	2.46.07	3	1
9	M45	45054	陳載禧	Chan Conrad	DBSAC	2.51.01	3	
							Record	2.23.89
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M50	50069	林俊發	Lam Tsun Fat Peter	SCAA	2.20.94	4	9
2	M50	50013	羅偉基	Law Wai Kei	LSCAC	2.21.70	4	7
3	M50	50042	鍾振邦	Chung Chun Bong Alex	CAC	2.26.19	4	6
4	M50	50056	潘偉全	Pon Wai Chuen	SCAA	2.31.81	4	5
5	M50	50028	陸秋明	Luk Chau Ming	LSCAC	2.40.30	4	4
6	M50	50084	程騰歡	Ching Tang Foon	SDH	2.41.35	4	3
7	M50	50057	-	Ullah Forhad	AVOHK	2.51.94	4	2
8	M50	50073	孔繁基	Hung Fan Kee Frederick	LSCAC	3.07.15	4	1
9	M50	50030	-	Au Yeung Vincent	LSCAC	3.16.71	4	
							Record	2.27.67
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M55	55075	林睿華	Lam Yui Wah	CAC	2.33.05	5	9
2	M55	55040	沈平華	Shum Ping Wah	TWAC	2.33.09	5	7
3	M55	55038	趙春強	Chiu Chun Keung	PAC	2.39.41	5	6
4	M55	55003	林文山	Lam Man San	DBSAC	2.39.92	5	5
5	M55	55076	黃浩賢	Wong Ho Yin	PKMSAA	2.46.04	5	4
6	M55	55063	黃利	Wong Li	DBSAC	2.46.81	5	3
7	M55	55031	曾仲文	Tsang Albert	DBSAC	2.56.34	5	2
8	M55	55011	陳炎林	Chan Yim Lam Patrick	DBSAC	2.57.35	5	1
9	M55	55015	張偉雄	Cheung Wai Hung John	LSCAC	3.00.37	5	
10	M55	55045	李秀財	Lee Sau Choi	PKMSAA	3.32.19	5	
							Record	2.38.54
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M60	60008	鄭騫	Cheng Hin	CAC	2.39.08	6	6
2	M60	60047	黃卓然	Wong Cheuk Yin	SCAA	2.39.69	6	4
3	M60	60063	梁蘇強	Leung So Keung	TWAC	2.41.50	6	3
4	M60	60037	湯遠明	Tong Yuen Ming	LSCAC	3.06.33	6	2
5	M60	60020	蔡特鴻	Choi Tat Hung, Boris	PKMSAA	3.48.27	6	1

								Record	2.49.75
Rank	Group	Number	Name		Club	Time	Final	Score	Remarks
1	M65	65002	-	Mcnamara Frank	AVOHK	2.50.96	6	5	
2	M65	65003	潘志華	Poon Chi Wah	TWAC	3.12.00	6	3	
3	M65	65005	曾泰來	Tsang Tai Loi	PKMSAA	3.30.33	6	2	
4	M65	65024	高永餘	Kao Wing Yie	PKMSAA	3.40.00	6	1	

								Record	3.24.89
Rank	Group	Number	Name		Club	Time	Final	Score	Remarks
1	M70	70010	-	Kwek Moh Seng	Singapore	3.16.53	6	3	Record Broken
2	M70	70019	朱冠文	Gee Arthur	HKLRRRC	3.49.09	6	1	

								Record	3.38.03
Rank	Group	Number	Name		Club	Time	Final	Score	Remarks
1	M75	75003	-	Milburn Ross	AVOHK	3.13.94	6	3	Record Broken
2	M75	75005	-	Pilkington Frank	AVOHK	3.34.95	6	1	Record Broken
3									

								Record	5.03.64
Rank	Group	Number	Name		Club	Time	Final	Score	Remarks
1	M80	80001	-	Fowler John	AVOHK	4.21.40	6	3	Record Broken
2	M80	80004	周渭川	Chau Wai Chuen	SCAA	5.34.68	6	1	

								Record	4.48.09
Rank	Group	Number	Name		Club	Time	Final	Score	Remarks
1	M85	85003	陳劍雄	Chan Kim Hung	SCAA	5.31.84	6	2	

MEN 5000M							Result	
Rank	Group	Number	Name	Club	Time	Final	Record	17.04.62
							Score	Remarks
1	M35	35091	張仲偉	Cheung Chung Wai	LSCAC	17.50.00	2	9
2	M35	35018	許兆東	Hui Siu Tung	DBSAC	17.58.00	2	7
3	M35	35089	葉澤麟	Yip Chak Lun Gerald	DBSAC	18.09.00	2	6
4	M35	35055	蘇凱男	So Hoi Nam	DBSAC	18.23.00	2	5
5	M35	35075	黃洛彬	Huang Robin	SCAA	19.37.00	2	4
6	M35	35046	鮑立山	Pow Lap Shan Alfred	LSCAC	19.53.00	2	3
7	M35	35003	許焯彥	Hui Cheuk Yin Derek	LSCAC	20.40.00	2	2
8	M35	35035	鄭富安	Cheng Fu On	DBSAC	21.03.00	2	1
9	M35	35065	葉軒麟	Ip Hin Lun	SCAA	21.11.00	2	
10	M35	35053	何梓恆	Ho Tsz Hang Stephen	SCAA	21.12.00	2	
11	M35	35013	劉定邦	Lau Bentley Ting Pong	DBSAC	21.20.00	2	
12	M35	35012	莫曉暉	Mok Hiu Fai	HKICPA	21.32.00	2	
13	M35	35006	薩嘉俊	Sat Ka Chun	LSCAC	21.34.00	2	
14	M35	35079	梁守謙	Leung Sau Him, Martin	LSCAC	22.17.00	2	
15	M35	35070	吳廷進	Ng Ting Chun Patrick	DBSAC	24.51.00	2	
16	M35	35067	梁柏熙	Leung Pak Hei Matthew	LSCAC	27.03.00	2	
17	M35	35068	陳頌瑜	Chan Chung Yu Mark	DBSAC	27.55.00	2	
18	M35	35076	-	Kwan Kwok Kei Angus	DBSAC	DNF	2	
							Record	17.20.02
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M40	40012	陳家偉	Chan Ka	PAC	17.51.00	3	9
2	M40	40109	吳金帶	Ng Kam Tai	CAC	18.42.00	3	7
3	M40	40006	歐陽俊雄		CGHCAC	18.57.00	3	6
4	M40	40098	李業豪	Li Ip Ho	CSRA	19.01.00	3	5
5	M40	40087	-	Riehm Frank	AVOHK	19.03.00	3	4
6	M40	40031	陳競進	Chan King Chun	LSCAC	19.21.00	3	3
7	M40	40101	鄧陽招	Tang Yeung Chiu Dennis	DBSAC	20.49.00	3	2
8	M40	40090	陳利	Chan Li	LSCAC	21.22.00	3	1
9	M40	40011	-	Leung Douglas Yin Tak	LSCAC	21.46.00	3	
10	M40	40013	鄭梓人	Tay Andy	SCAA	21.46.01	3	
11	M40	40038	江永豪	Kong Wing Ho	LSCAC	21.58.00	3	
12	M40	40040	Tik Chuen	Tin John	DBSAC	22.21.00	3	
13	M40	40014	潘曉東	Poon Hiu Tung Felix	DBSAC	22.21.01	3	
14	M40	40103	陳慶勇	Chan Derek Armstrong	LSCAC	23.43.00	3	
15	M40	40105	黎匡文	Lai Hong Man Aloysius	LSCAC	23.55.00	3	
16	M40	40051	蔡添豪	Choi Tim Ho	DBSAC	25.09.00	3	
17	M40	40046	林經緯	Lam King Wai	DBSAC	25.35.00	3	
18	M40	40039	林駿揚	Lam Chun Yeung	DBSAC	25.41.00	3	
19	M40	40001	-	Lopez Carmelo	LSCAC	26.30.00	3	
							Record	17.38.51
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M45	45003	蔡達明	Choi Tat Ming	CSRA	18.05.00	4	9
2	M45	45033	羅文嘉	Lo Man Ka	DBSAC	18.38.00	4	7
3	M45	45023	蘇兆璋	So Siu Cheung	DBSAC	20.12.00	4	6
4	M45	45083	陳偉平	Chan Wai Ping Larry	SCAA	20.36.00	4	5
5	M45	45035	史英傑	Sze Ying Kit	LSCAC	20.53.00	4	4
6	M45	45050	-	Ho Bernard	LSCAC	21.17.00	4	3
7	M45	45031	杜立祺	To Lap Kei Nicholas	LSCAC	21.32.00	4	2
8	M45	45036	張炳煌	Cheung Ping Wong	PKMSAA	23.08.00	4	1
9	M45	45002	張知行	Cheung Chi Hang	LSCAC	23.55.00	4	
10	M45	45025	-	Choi Daniel	DBSAC	24.05.00	4	
11	M45	45013	張兆雄	Cheung Siu Hung Lewis	LSCAC	24.16.00	4	
12	M45	45071	Fu See Cheu	Fu See Cheuk	DBSAC	24.39.00	4	
13	M45	45028	關偉琛	Kwan Wai Sum Cliff	LSCAC	25.09.00	4	
14	M45	45061	丘振輝	Yau Chun Fai	SCAA	28.55.00	4	
							Record	16.52.16
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M50	50022	-	Lee Freeman	AVOHK	18.31.00	4	9
2	M50	50013	羅偉基	Law Wai Kei	LSCAC	18.38.00	4	7
3	M50	50084	程騰歡	Ching Tang Foon	SDH	20.13.00	5	6
4	M50	50033	羅恩源	Lo Yan Yuen	CSRA	20.45.00	4	5
5	M50	50085	-	Jr Charles Allard	AVOHK	20.47.00	5	4
6	M50	50089	王大鈞	Wong Tai Chun Mark	DBSAC	21.32.00	5	3
7	M50	50017	-	Lai Koon Shing	AVOHK	21.42.00	4	2
8	M50	50073	孔繁基	Hung Fan Kee Frederick	LSCAC	22.18.00	5	1
9	M50	50094	陳忠元	Tan Nicholas	DBSAC	22.37.00	5	
10	M50	50058	何紹基	Ho Shiu Kei James	DBSAC	23.52.00	5	
11	M50	50051	林哲玄	Lam Tzit Yuen David	DBSAC	24.07.00	5	
12	M50	50027	何艾文	Ho Edmund	SCAA	24.26.00	4	
13	M50	50009	唐志雲	Tong Chi Wan	DBSAC	24.34.00	4	
14	M50	50029	-	Yu Tak Kwong	DBSAC	25.32.00	4	
15	M50	50030	-	Au Yeung Vincent	LSCAC	29.17.00	4	

							Record	20.01.99
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks
1	M55	55038	趙春強	Chiu Chun Keung	PAC	20.54.00	5	9
2	M55	55040	沈平華	Shum Ping Wah	TWAC	20.54.01	5	7
3	M55	55003	林文山	Lam Man San	DBSAC	22.16.00	5	6
4	M55	55065	巫偉明	Mo Lawrence	LSCAC	22.25.00	5	5
5	M55	55015	張偉雄	Cheung Wai Hung John	LSCAC	23.08.00	5	4
6	M55	55063	黃利	Wong Li	DBSAC	23.33.00	5	3
7	M55	55036	陳勝祥	Chan Shing Cheung	PKMSAA	25.14.00	5	2
8	M55	55073	譚志雲	Tam Chi Wan Julian	LSCAC	25.17.00	5	1
9	M55	55009	郭靜波	Kwok Ching Po Bobby	SDH	25.42.00	5	
10	M55	55048	黃華燊	Wong Wa Sun Thomas	LSCAC	25.50.00	5	
11	M55	55054	陳熾輝	Chan Chi Fai Paul	LSCAC	27.17.00	5	
12	M55	55035	譚柱石	Tam Chu Shek Richard	DBSAC	28.08.00	5	
13	M55	55072	馬恩明	Ma Daniel	DBSAC	28.09.00	5	
14	M55	55045	李秀財	Lee Sau Choi	PKMSAA	32.06.00	5	
15	M55	55027	黃國強	Wong Kwok Keung	PKMSAA	DNF	5	

							Record	20.35.28	
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks	
1	M60	60001	何炳僑	Ho Ping Kiu Jackie	LWRC	20.11.00	1	9	Record Broken
2	M60	60008	鄭騫	Cheng Hin	CAC	20.11.01	1	7	Record Broken
3	M60	60013	張偉立	Cheung Wai Lap	TWAC	21.33.00	1	6	
4	M60	60059	郭裕華	Kwok Yee Wah	SDH	21.59.00	1	5	
5	M60	60063	梁蘇強	Leung So Keung	TWAC	22.22.00	1	4	
6	M60	60030	蔡德鈿	Choi Tak Tin Kenneth	SDH	23.04.00	1	3	
7	M60	60037	湯遠明	Tong Yuen Ming	LSCAC	24.59.00	1	2	
8	M60	60020	蔡特鴻	Choi Tat Hung, Boris	PKMSAA	31.48.00	1	1	
9	M60	60042	陳朗	Chan Long	SCAA	DNF	1		

							Record	21.07.92	
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks	
1	M65	65002	-	Mcnamara Frank	AVOHK	22.15.00	1	6	
2	M65	65006	張錦祥	Cheung Kam Cheung	SHTB	25.37.00	1	4	
3	M65	65005	曾泰來	Tsang Tai Loi	PKMSAA	26.30.00	1	3	
4	M65	65021	黎浩然	Lai Ho Yin	HKLRRRC	28.39.00	1	2	
5	M65	65022	-	Booth Philip	AVOHK	DNF	1	0	

							Record	30.58.14	
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks	
1	M70	70013	-	Komuning Jikut	Malaysia	27.48.00	1	5	Record Broken
2	M70	70009	陳沛然	Chan Pui Yin	SCAA	28.01.00	1	3	Record Broken
3	M70	70019	朱冠文	Gee Arthur	HKLRRRC	39.05.00	1	2	
4	M70	70010	-	Kwek Moh Seng	Singapore	DNF	1	0	

							Record	27.24.65	
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks	
1	M75	75003	-	Milburn Ross	AVOHK	23.13.00	1	5	Record Broken
2	M75	75005	-	Pilkington Frank	AVOHK	28.10.00	1	3	
3	M75	75002	李志高	Lee Chi Ko	SHTB	31.02.00	1	2	
4	M75	75007	-	Whitle Rex William James	AVOHK	DNF	1	0	

							Record	37.32.35	
Rank	Group	Number	Name	Club	Time	Final	Score	Remarks	
1	M80	80001	-	Fowler John	AVOHK	35.32.00	1	4	Record Broken
2	M80	80007	曾灶福	Tsang Cho Fuk	SHTB	37.55.00	1	2	
3	M80	80004	周渭川	Chau Wai Chuen	SCAA	45.57.00	1	1	