

賽程表 Event Timetable

日期Date	時間Time	男子組Men				女子組Women				
		徑項Track	組別Age-Group	田項Field	組別Age-Group	徑項Track	組別Age-Group	田項Field	組別Age-Group	
27/10/2018	8:30			High Jump	All Age Groups*	100m	All Age Groups	Discus	All Age Groups*	
	TBC	100m	All Age Groups							
	TBC	400m	All Age Groups*			400m	All Age Groups*			
	LUNCH BREAK									
	13:00			Discus	All Age Groups*			High Jump	All Age Groups*	
	TBC					5000m	All Age Groups*			
	TBC	5000m	All Age Groups*							
	TBC					4x100m	All Age Groups			
	TBC	4x100m	All Age Groups							
28/10/2018	8:30			Javelin*/Long Jump	All Age Groups	800m	All Age Groups			
	TBC	800m	All Age Groups					Shot Put	All Age Groups	
	TBC					200m	All Age Groups*			
	TBC	200m	All Age Groups*							
LUNCH BREAK										
	13:00					Hurdles	All Age Groups*	Long Jump/Javelin*	All Age Groups	
	TBC	Hurdles	All Age Groups*	Shot Put	All Age Groups					
	TBC					3000m Walk	All Age Groups*			
	TBC	3000m Walk	All Age Groups*							
	TBC					4x400m	All Age Groups			
	TBC	4x400m	All Age Groups							

Note1 : All Age Groups*=Except Age Group 30-34

Note2 : Javelin*=Except Age Group 30-34

Timetable may be renewed for a better arrangement, please check updated information of your event(s) accordingly.