

Women		High Jump				Result		
							Record	1.37
Rank	Group	Number	Name			Club	Result	Remarks
1	A	A3011	李詩蓁	LEE	See June Denise	DBSAC	1.35	
2	A	A3061	黃安琪	WONG	On Ki	SCAA	1.23	
3	A	A3041	曾子欣	TSANG	Tsz Yan Winnie	PKMSAA	1.12	
							Record	1.35
Rank	Group	Number	Name			Club	Result	Remarks
1	B	B3053	張雯璐	CHEUNG	Man Lo	SCAA	1.29	
2	B	B3058	張婉琳	CHEUNG	Yuen Lam	SCAA	1.27	
3	B	B3027	王詠茵	WONG	Villian	GHSAC	1.25	
4	B	B3001		HAJI KASSIV	Juliana	Brunei V	1.15	
							Record	1.24
Rank	Group	Number	Name			Club	Result	Remarks
1	C	C3002	黃瀟琮	WONG	Siu King Alison	DBSAC	1.29	Record Broken
2	C	C3044	陳玲娟	CHAN	Ling Kuen	SCAA	1.21	
3	C	C3045	林秀玲	LAM	Sau Ling Rosanna	SCAA	1.08	
4	C	C3020	許穎汶	HUI	Bonnie	GHSAC	1.04	
5	C	C3051	鍾敏儀	CHUNG	Man Yi Money	SCAA	1.00	
6	C	C3006	傅明憲	FU	Ming Hin Gigi	DBSAC	1.00	
							Record	1.15
Rank	Group	Number	Name			Club	Result	Remarks
1	D	D3014	張彩珍	CHANG	Corina	GHSAC	1.25	Record Broken
2	D	D3027	關寶儀	KWAN	Po Yee	PKMSAA	1.23	Record Broken
2	D	D3031	龍惠蘭	LUNG	Wai Lan	PKMSAA	1.23	Record Broken
4	D	D3036	駱雪儀	LOK	Suet Yee	SCAA	1.21	Record Broken
5	D	D3035	梁婉文	LEUNG	Yuen Man Mandy	SCAA	1.08	
6	D	D3041	梁婉芬	LEUNG	Yuen Fan Jennifer	SCAA	1.08	
7	D	D3042	阮潔儀	YUEN	Kit Yee	SCAA	1.04	
							Record	1.18
Rank	Group	Number	Name			Club	Result	Remarks
1	E	E3029	黎賢美	LAI	Yin Mei	SCAA	1.08	
2	E	E3024	溫燕儀	WAN	Yin Yee Panny	SCAA	1.04	

Women		Long Jump				Result	Record	N.A.
Rank	Group	Number	Name	Club	Club	Result	Remark	
1	Beginner	3002	陳宛渝 CHAN Yuen Yu	DBSAC		3.85		
2	Beginner	3009	莫藹儀 MOK Oi Yee	GHSAC		3.72		
3	Beginner	3012	梁玉燕 LEUNG Yuk Yin	HKRWA		3.36		
4	Beginner	3003	張淑婷 CHEUNG Emily Shuk Ting	DBSAC		3.26		
5	Beginner	3005	陳倩衡 CHAN Sin Hang Angel	DBSAC		3.21		

Rank	Group	Number	Name	Club	Club	Result	Record	Remark
1	A	A3072	謝孟芝 TSE Mang Chi	WAC		5.25	3.78	Record Broken
2	A	A3051	伍智盈 NG Chi Ying	SCAA		4.11		Record Broken
3	A	A3065	WONG Huei Yuen	Singapore		3.98		Record Broken
4	A	A3066	LIN Huiwen Sandy	Singapore		3.89		Record Broken
5	A	A3011	李詩蓁 LEE See June Denise	DBSAC		3.75		
6	A	A3004	王楚君 WONG Chor Kwan Joyce	CAC		3.58		
7	A	A3014	葉嘉琳 YEH Chia Lin Carolyn	DBSAC		3.46		
8	A	A3039	吳育紅 WU Yuk Hung	PKMSAA		3.14		
9	A	A3061	黃安琪 WONG On Ki	SCAA		3.06		
10	A	A3001	SABLI Surinah	Brunei V		2.91		
11	A	A3037	吳海娃 NG Hoi Wa	PKMSAA		2.55		
12	A	A3035	李曉文 LEE Hiu Man	PKMSAA		2.44		

Rank	Group	Number	Name	Club	Club	Result	Record	Remark
1	B	B3002	HAJI ALIAKB Alinawati	Brunei V		4.48	4.08	Record Broken
2	B	B3001	HAJI KASSIM Juliana	Brunei V		3.71		
3	B	B3042	蔡曉嵐 CHOI Hiu Nam	LSCAC		3.68		
4	B	B3060	楊欣欣 YEUNG Yan Yan Annette	SCAA		3.65		
5	B	B3014	李寶茵 LEE Po Yan Noelle	DBSAC		3.54		
6	B	B3074	POH Ee-Lyn	Singapore		3.47		
7	B	B3058	張婉琳 CHEUNG Yuen Lam	SCAA		3.42		
8	B	B3062	梁翠珊 LEUNG Tsui Shan Aman	SCAA		3.34		
9	B	B3059	譚凱恩 TAM Hoi Yan	SCAA		2.45		

Rank	Group	Number	Name	Club	Record	Result	Remark	
							3.68	
1	C	C3051	鍾敏儀	CHUNG	Man Yi Money	SCAA	3.85	Record Broken
2	C	C3008	林笑寶	LAM	Siu Po Cynthia	DBSAC	3.65	
3	C	C3035		MAKSIMON	Cecilia	Malaysia	3.45	
4	C	C3050	胡信芳	WU	Shun Fong Savon	SCAA	2.91	
5	C	C3002	黃瀟琮	WONG	Siu King Alison	DBSAC	2.909	
6	C	C3054	詹愷怡	CHIM	Stella	SCAA	2.67	
7	C	C3005	張詠儀	CHEUNG	Wing Yi Doris	DBSAC	2.6	
8	C	C3042	盧佩玲	LO	Pui Ling	SCAA	2.27	
9	C	C3006	傅明憲	FU	Ming Hin Gigi	DBSAC	NM	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							3.66	
1	D	D3014	張彩珍	CHANG	Corina	GHSAC	3.79	Record Broken
2	D	D3031	龍惠蘭	LUNG	Wai Lan	PKMSAA	3.61	
3	D	D3038	洪家儀	HUNG	Ka Yee, Margaret	SCAA	3.58	
4	D	D3036	駱雪儀	LOK	Suet Yee	SCAA	3.23	
5	D	D3042	阮潔儀	YUEN	Kit Yee	SCAA	3.18	
6	D	D3027	關寶儀	KWAN	Po Yee	PKMSAA	3.16	
7	D	D3035	梁婉文	LEUNG	Yuen Man Mandy	SCAA	2.9	
8	D	D3041	梁婉芬	LEUNG	Yuen Fan Jennifer	SCAA	2.74	
9	D	D3025	葉琳	YIP	Lam	PKMSAA	2.59	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							3.95	
1	E	E3026	謝華秀	TSE	Wah Sau	SCAA	3.31	
2	E	E3001	杜滿芝	TO	Moon Chi	CAC	3.12	
3	E	E3024	溫燕儀	WAN	Yin Yee Panny	SCAA	3.09	
4	E	E3029	黎賢美	LAI	Yin Mei	SCAA	3.06	
5	E	E3021	黃美櫻	WONG	Mei Ying Therry	SCAA	2.47	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							2.66	
1	F	F3013	歐陽秀珍	AU YEUNG	Sau Chun	PKMSAA	2.25	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							1.60	
1	G	G3006	黃妙桃	WONG	Miu To	PKMSAA	1.86	Record Broken

Women		Shot Put				Result		
Rank	Group	Number	Name		Club	Record	Result	Remark
1	Beginner	3003	張淑婷	CHEUNG	Emily Shuk Ting	DBSAC	5.86	
							Record	8.13
Rank	Group	Number	Name		Club	Record	Result	Remark
1	A	A3003	HAJI TIMBANG Roziani		Brunei V	8.92		Record Broken
2	A	A3010	何臻敏	HO	Chun Man	DBSAC	7.29	
3	A	A3017	曾正	TSANG	Tsing	GHSAC	7.06	
4	A	A3044	林麗娟	LAM	Lai Kuen	PoliceAC	6.97	
5	A	A3066		LIN	Huiwen Sandy	Singapore	6.65	
6	A	A3056	馬懷思	MA	Vinci	SCAA	5.86	
7	A	A3012	劉文雅	LAU	Man Nga Melissa	DBSAC	5.11	
8	A	A3004	王楚君	WONG	Chor Kwan Joyce	CAC	5.05	
							Record	7.59
Rank	Group	Number	Name		Club	Record	Result	Remark
1	B	B3002	HAJI ALIAKBAR Alinawati		Brunei V	7.65		Record Broken
2	B	B3021	許穎琪	HUI	Wing Kei, Vicky	GHSAC	7.06	
3	B	B3054	郭翠儀	KWOK	Chui Yi Annie	SCAA	7.04	
4	B	B3056	梁鳳琼	LEUNG	Fung King	SCAA	6.80	
5	B	B3073		CACHUELA	Grace	Singapore	6.65	
6	B	B3029		DUQUE	Jessie	HKLRRRC	6.60	
7	B	B3048	劉欣欣	LAU	Yan Yan	PKMSAA	6.07	
8	B	B3009	何穎琳	HO	Wing Lam	DBSAC	5.78	
9	B	B3052	陳嘉	CHAN	Ka Momoco	SCAA	5.72	
10	B	B3016	陳詠琪	CHAN	Wing Kee Evelyn	DBSAC	4.63	

Rank	Group	Number	Name	Club	Record	7.42	
Rank	Group	Number	Name	Club	Result	Remark	
1	C	C3010	黎慧筠	LAI	Wai Kwan Winky	DBSAC	7.36
2	C	C3041	馬小慧	MA	Shiu Wai Daisy	PKMSAA	7.32
3	C	C3028	金志雲	KAM	Chi Wan,Sandy	GHSAC	7.13
4	C	C3055	何嘉麗	HO	Ka Lai	SCAA	7.08
5	C	C3012	羅潔怡	LO	Grace	GHSAC	6.75
6	C	C3044	陳玲娟	CHAN	Ling Kuen	SCAA	6.62
7	C	C3002	黃瀟琮	WONG	Siu King Alison	DBSAC	6.50
8	C	C3007	黃慧嫦	WONG	Wai Sheung Emmy	DBSAC	6.22
9	C	C3023	祁嘉茵	KEE	Ka Yan, Carmen	GHSAC	6.06
10	C	C3043	黃蕙華	WONG	Wai Wah Vicky	SCAA	5.93
11	C	C3014	林穎賢	LAM	Wing Yin, Vivian	GHSAC	5.92
12	C	C3024	陳淑敏	CHAN	Joyce	GHSAC	5.88
13	C	C3042	盧佩玲	LO	Pui Ling	SCAA	5.83
14	C	C3037	劉玉喬	LAU	Yuk Kiu	PKMSAA	5.50
15	C	C3015	馮淑婷	FUNG	Shuk Ting	GHSAC	5.42
16	C	C3048	梁玉蓮	LEUNG	Yuk Lin	SCAA	5.33
17	C	C3054	詹愷怡	CHIM	Stella	SCAA	5.07
18	C	C3003	陳慧妍	CHAN	Wai Yin	DBSAC	4.87
19	C	C3046	凌君曼	LING	Kwan Man	SCAA	4.53
20	C	C3052	鄺美儀	KWONG	Mei Yee	SCAA	4.44

Rank	Group	Number	Name	Club	Record	9.44		
Rank	Group	Number	Name	Club	Result	Remark		
1	D	D3033	張美紅	CHEUNG	May Hung Monita	SCAA	9.75	Record Broken
2	D	D3027	關寶儀	KWAN	Po Yee	PKMSAA	8.47	
3	D	D3026	黃金鳳	WONG	Kam Fung	PKMSAA	8.08	
4	D	D3031	龍惠蘭	LUNG	Wai Lan	PKMSAA	7.43	
5	D	D3050	許美嬌	HSU	Mei-Chiao	Taiwan	6.74	
6	D	D3001		HAJI ZUNAI	Jubidah	Brunei V	6.7	
7	D	D3035	梁婉文	LEUNG	Yuen Man Mandy	SCAA	6.57	
8	D	D3013	陳愛玲	CHAN	Oi Ling, Florence	GHSAC	6.39	
9	D	D3036	駱雪儀	LOK	Suet Yee	SCAA	6.3	
10	D	D3023	張志群	CHANG	Chi Kwan	PKMSAA	6.19	
11	D	D3002		ABDULLAH	Hajah Norhasimah	Brunei V	5.89	
12	D	D3007	馬天惠	MA	Esther	DBSAC	5.6	
13	D	D3034	楊柳青	YEUNG	Lau Ching	SCAA	5.33	
14	D	D3011	盧凱懿	LO	Hoi Yee Doretta	GHSAC	5.14	
15	D	D3009	林碧寶	LAM	Katty	GHSAC	4.4	

							Record	8.86
Rank	Group	Number	Name			Club	Result	Remark
1	E	E3041	陳淑華	CHEN	Shu-Hua	Taiwan	8.15	
2	E	E3021	黃美櫻	WONG	Mei Ying Therry	SCAA	7.8	
3	E	E3002	黃美珊	WONG	Mei Shan	CAC	7.3	
4	E	E3029	黎賢美	LAI	Yin Mei	SCAA	7.12	
5	E	E3011	葉冬蓮	IP	Tung Lin	PKMSAA	5.52	
6	E	E3013	劉配芳	LAU	Pui Fong	PKMSAA	5.37	
7	E	E3016	蘇美英	SO	May Ying	PKMSAA	5.33	
8	E	E3010	溫志英	WAN	Chi Ying	PKMSAA	5.17	
9	E	E3008	胡玉琮	WU	Yuk King	PKMSAA	5.09	
10	E	E3018	蘇巧英	SO	How Ying	PKMSAA	5.06	
11	E	E3009	顏彩珍	NGAN	Choi Chun	PKMSAA	5.04	
12	E	E3017	卓小梅	CHEUK	Siu Mui	PKMSAA	4.9	
13	E	E3019	胡雪聰	WOO	Suet Chung	PKMSAA	4.08	

							Record	5.69
Rank	Group	Number	Name			Club	Result	Remark
1	F	F3013	歐陽秀珍	AU YEUNG	Sau Chun	PKMSAA	5.61	
2	F	F3014	李笑玲	LEE	Siu Ling	PKMSAA	5.5	
3	F	F3005	劉玉瓶	LAU	Yuk Ping Rosanna	HKRWA	5.35	
4	F	F3011	陳雪芬	CHAN	Suet Fan	PKMSAA	5.25	
5	F	F3015	劉秀賢	LAU	Sau Yin	PKMSAA	4.82	
6	F	F3016	陳玉圓	CHAN	Yak Yuen	PKMSAA	4.2	

							Record	6.55
Rank	Group	Number	Name			Club	Result	Remark
1	G	G3010	馬石慧儀	MA SEK	Wai Yee Stella	SCAA	5.28	
2	G	G3011	王惠英	WANG	Hui-Ying	Taiwan	5.26	
3	G	G3009	歐陽秀娟	AU YEUNG	Sau Kuen	PKMSAA	4.78	
4	G	G3005	劉雪娥	LAO	Suat Ngo	PKMSAA	4.61	
5	G	G3006	黃妙桃	WONG	Miu To	PKMSAA	NM	

							Record	5.97
Rank	Group	Number	Name			Club	Result	Remark
1	H	H3003	嚴瑞鸞	YEN	Shui Luen	PKMSAA	5.6	

							Record	N.A.
Rank	Group	Number	Name			Club	Result	Remark
1	J	J3001	溫麗城	WAN	Lai Shing	SCAA	3.44	

Women		Discus				Result	Record	23.63
Rank	Group	Number	Name			Club	Result	Remark
1	A	A3010	何臻敏	HO	Chun Man	DBSAC	24.41	Record Broken
2	A	A3003		HAJI TIMBANG	Roziani	Brunei V	23.93	Record Broken
3	A	A3044	林麗娟	LAM	Lai Kuen	PoliceAC	21.9	
4	A	A3045	呂韻妍	LUI	Wan Yin	PoliceAC	18.36	
5	A	A3012	劉文雅	LAU	Man Nga Melissa	DBSAC	17.67	
6	A	A3056	馬懷思	MA	Vinci	SCAA	15.57	
7	A	A3036	馮健君	FUNG	Kin Kwan	PKMSAA	11.62	
8	A	A3043	吳凱琪	NG	Hoi Kei	PKMSAA	9.52	
9	A	A3008	葉綦綦	YEH	Tsuen Tsuen Rita	DBSAC	NM	

Rank	Group	Number	Name			Club	Result	Record	20.73	Remark
1	B	B3021	許穎琪	HUI	Wing Kei, Vicky	GHSAC	22			Record Broken
2	B	B3053	張雯璐	CHEUNG	Man Lo	SCAA	19.8			
3	B	B3054	郭翠儀	KWOK	Chui Yi Annie	SCAA	18.92			
4	B	B3060	楊欣欣	YEUNG	Yan Yan Annette	SCAA	17.92			
5	B	B3061	楊珍珍	YEUNG	Chun Chun Jane	SCAA	16.92			
6	B	B3045		SIPULA	Natalie Dawn	Malaysia	16.35			
7	B	B3052	陳嘉	CHAN	Ka Momoco	SCAA	15.68			
8	B	B3012	陳皚嘉	CHAN	Hoi Ka Fefe	DBSAC	13.24			
9	B	B3056	梁鳳琼	LEUNG	Fung King	SCAA	12.82			
10	B	B3029		DUQUE	Jessie	HKLRRRC	NM			
11	B	B3057	曾翠婷	TSANG	Tsui Ting	SCAA	NM			

Rank	Group	Number	Name			Club	Result	Record	24.88	Remark
1	C	C3044	陳玲娟	CHAN	Ling Kuen	SCAA	25.85			Record Broken
2	C	C3055	何嘉麗	HO	Ka Lai	SCAA	20.35			
3	C	C3010	黎慧筠	LAI	Wai Kwan Winky	DBSAC	19.92			
4	C	C3002	黃瀟琼	WONG	Siu King Alison	DBSAC	19.24			
5	C	C3014	林穎賢	LAM	Wing Yin, Vivian	GHSAC	17.09			
6	C	C3023	祁嘉茵	KEE	Ka Yan, Carmen	GHSAC	16.84			
7	C	C3007	黃慧嫦	WONG	Wai Sheung Emmy	DBSAC	16.79			
8	C	C3038	黃應紅	WONG	Ying Hung	PKMSAA	16.32			
9	C	C3043	黃蕙華	WONG	Wai Wah Vicky	SCAA	16.15			
10	C	C3042	盧佩玲	LO	Pui Ling	SCAA	13.98			
11	C	C3046	凌君曼	LING	Kwan Man	SCAA	13.66			
12	C	C3053	袁嘉慧	YUEN	Kar Wai	SCAA	11.63			
13	C	C3015	馮淑婷	FUNG	Shuk Ting	GHSAC	11.37			
14	C	C3054	詹愷怡	CHIM	Stella	SCAA	10.79			
15	C	C3028	金志雲	KAM	Chi Wan, Sandy	GHSAC	NM			
16	C	C3037	劉玉喬	LAU	Yuk Kiu	PKMSAA	NM			
17	C	C3041	馬小慧	MA	Shiu Wai Daisy	PKMSAA	NM			

Rank	Group	Number	Name	Club	Record	Result	Remark	
							20.72	
1	D	D3033	張美紅	CHEUNG	May Hung Monita	SCAA	21.4	Record Broken
2	D	D3026	黃金鳳	WONG	Kam Fung	PKMSAA	19.08	
3	D	D3027	關寶儀	KWAN	Po Yee	PKMSAA	17.93	
4	D	D3010	葉潔清	IP	Kit Ching, Heidi	GHSAC	17.77	
5	D	D3001		HAJI ZUNAI	Jubidah	Brunei V	17.59	
6	D	D3031	龍惠蘭	LUNG	Wai Lan	PKMSAA	17.41	
7	D	D3013	陳愛玲	CHAN	Oi Ling, Florence	GHSAC	16.63	
8	D	D3002		ABDULLAH	Hajah Norhasimah	Brunei V	14.99	
9	D	D3050	許美嬌	HSU	Mei-Chiao	Taiwan	14.53	
10	D	D3035	梁婉文	LEUNG	Yuen Man Mandy	SCAA	13.44	
11	D	D3004	戴妙娟	TAI	Miu Kuen Alice	DBSAC	13.03	
12	D	D3036	駱雪儀	LOK	Suet Yee	SCAA	12.36	
13	D	D3009	林碧寶	LAM	Katty	GHSAC	11.74	
14	D	D3011	盧凱懿	LO	Hoi Yee Doretta	GHSAC	11.55	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							15.35	
1	E	E3041	陳淑華	CHEN	Shu-Hua	Taiwan	18.97	Record Broken
2	E	E3006		CHIN	Yee Jen	Malaysia	18.77	Record Broken
3	E	E3029	黎賢美	LAI	Yin Mei	SCAA	16.76	Record Broken
4	E	E3013	劉配芳	LAU	Pui Fong	PKMSAA	14.97	
5	E	E3027	黃玉瑩	WONG	Yuk Ying	SCAA	13.94	
6	E	E3010	溫志英	WAN	Chi Ying	PKMSAA	13.77	
7	E	E3021	黃美櫻	WONG	Mei Ying Therry	SCAA	13.52	
8	E	E3024	溫燕儀	WAN	Yin Yee Panny	SCAA	13.42	
9	E	E3011	葉冬蓮	IP	Tung Lin	PKMSAA	12.72	
10	E	E3016	蘇美英	SO	May Ying	PKMSAA	10.59	
11	E	E3019	胡雪聰	WOO	Suet Chung	PKMSAA	10.52	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							N.A.	
1	F	F3013	歐陽秀珍	AU YEUNG	Sau Chun	PKMSAA	15.88	
2	F	F3015	劉秀賢	LAU	Sau Yin	PKMSAA	10.67	
3	F	F3010	陳健敏	CHAN	Kin Man	PKMSAA	10.04	

Rank	Group	Number	Name	Club	Record	Result	Remark	
							14.12	
1	G	G3006	黃妙桃	WONG	Miu To	PKMSAA	15.23	Record Broken
2	G	G3010	馬石慧儀	MA SEK	Wai Yee Stella	SCAA	10.43	
3	G	G3005	劉雪娥	LAO	Suat Ngo	PKMSAA	10.28	
4	G	G3011	王惠英	WANG	Hui-Ying	Taiwan	9.45	

Rank	Group	Number	Name			Club	Record Result	Remark
1	H	H3003	嚴瑞鸞	YEN	Shui Luen	PKMSAA	10.54	10.64

Rank	Group	Number	Name			Club	Record Result	Remark
1	J	J3001	溫麗城	WAN	Lai Shing	SCAA	8.02	N.A.

Women		Javelin				Result		20.55
Rank	Group	Number	Name	Club	Result	Record	Remark	
1	A	A3045	呂韻妍	LUI	Wan Yin	PoliceAC	18.69	
2	A	A3008	葉綦綦	YEH	Tsuen Tsuen Rita	DBSAC	17.29	
3	A	A3022	陳祉霖	CHAN	Carol	GHSAC	16.12	
4	A	A3066		LIN	Huiwen Sandy	Singapore	15.53	
5	A	A3001		SABLI	Surinah	Brunei V	15.4	
6	A	A3056	馬懷思	MA	Vinci	SCAA	12.97	
7	A	A3018	鄧思敏	TANG	Sze Man	GHSAC	12.72	
8	A	A3024	張嘉儀	CHEUNG	Ka Yee, Crystal	GHSAC	12.43	
9	A	A3012	劉文雅	LAU	Man Nga Melissa	DBSAC	11.02	
10	A	A3036	馮健君	FUNG	Kin Kwan	PKMSAA	11.01	
11	A	A3020	羅慕怡	LO	Candy	GHSAC	8.66	
12	A	A3043	吳凱琪	NG	Hoi Kei	PKMSAA	6.99	
13	A	A3023	陳佩珊	CHAN	Pui Shan, Riot	GHSAC	NM	
14	A	A3044	林麗娟	LAM	Lai Kuen	PoliceAC	NM	

						Record		27.58
Rank	Group	Number	Name	Club	Result	Record	Remark	
1	B	B3002		Haji Aliakbar	Alinawati	Brunei V	25.82	
2	B	B3021	許穎琪	HUI	Wing Kei, Vicky	GHSAC	23.62	
3	B	B3045		SIPULA	Natalie Dawn	Malaysia	19.53	
4	B	B3029		DUQUE	Jessie	HKLRRRC	19.3	
5	B	B3056	梁鳳琼	LEUNG	Fung King	SCAA	14.13	
6	B	B3019	仇楚慧	CHAU	Kitty	GHSAC	13.81	
7	B	B3061	楊珍珍	YEUNG	Chun Chun Jane	SCAA	13.49	
8	B	B3054	郭翠儀	KWOK	Chui Yi Annie	SCAA	13.38	
9	B	B3058	張婉琳	CHEUNG	Yuen Lam	SCAA	13.19	
10	B	B3060	楊欣欣	YEUNG	Yan Yan Annette	SCAA	10.97	
11	B	B3052	陳嘉	CHAN	Ka Momoco	SCAA	9.59	
12	B	B3018	洪凱君	HUNG	Nicole Alma	GHSAC	9.05	
13	B	B3016	陳詠琪	CHAN	Wing Kee Evelyn	DBSAC	8.32	
14	B	B3068	周詠詩	CHAU	Wing Sze	SCAA	8.03	
15	B	B3022	鍾倩怡	CHUNG	Heidi	GHSAC	NM	

							Record	25.89
Rank	Group	Number	Name			Club	Result	Remark
1	C	C3002	黃瀟琮	WONG	Siu King Alison	DBSAC	22.8	
2	C	C3001		ABDULLAH	Husnah	Brunei V	16.25	
3	C	C3055	何嘉麗	HO	Ka Lai	SCAA	15.71	
4	C	C3038	黃應紅	WONG	Ying Hung	PKMSAA	15.12	
5	C	C3019	李少慧	LEE	Siu Wai, Yvonne	GHSAC	14.83	
6	C	C3011	何婉儀	HO	Yuen Yee Rita	DBSAC	14.57	
7	C	C3014	林穎賢	LAM	Wing Yin, Vivian	GHSAC	13.66	
8	C	C3054	詹愷怡	CHIM	Stella	SCAA	11.98	
9	C	C3024	陳淑敏	CHAN	Joyce	GHSAC	11.94	
10	C	C3042	盧佩玲	LO	Pui Ling	SCAA	11.78	
11	C	C3043	黃蕙華	WONG	Wai Wah Vicky	SCAA	11.61	
12	C	C3044	陳玲娟	CHAN	Ling Kuen	SCAA	10.75	
13	C	C3003	陳慧妍	CHAN	Wai Yin	DBSAC	10.33	
14	C	C3023	祁嘉茵	KEE	Ka Yan, Carmen	GHSAC	9.62	
15	C	C3046	凌君曼	LING	Kwan Man	SCAA	9.32	
16	C	C3028	金志雲	KAM	Chi Wan,Sandy	GHSAC	8.32	
17	C	C3004	張敏	CHEUNG	Man Alice	DBSAC	7.21	
18	C	C3018	馮淑薇	FUNG	Shuk Mei	GHSAC	NM	
19	C	C3050	胡信芳	WU	Shun Fong Savon	SCAA	NM	
20	C	C3052	鄺美儀	KWONG	Mei Yee	SCAA	NM	

							Record	24.38
Rank	Group	Number	Name			Club	Result	Remark
1	D	D3010	葉潔清	IP	Kit Ching, Heidi	GHSAC	20.93	
2	D	D3026	黃金鳳	WONG	Kam Fung	PKMSAA	18.81	
3	D	D3001		Haji ZUNAIDI	Jubidah	Brunei V	16.99	
4	D	D3004	戴妙娟	TAI	Miu Kuen Alice	DBSAC	16.19	
5	D	D3002		ABDULLAH	Hajah Norhasimah	Brunei V	14.67	
6	D	D3031	龍惠蘭	LUNG	Wai Lan	PKMSAA	14.22	
7	D	D3035	梁婉文	LEUNG	Yuen Man Mandy	SCAA	13.96	
8	D	D3013	陳愛玲	CHAN	Oi Ling, Florence	GHSAC	11.16	
9	D	D3037	何美濃	HO	Mei Nung Sara	SCAA	10.41	
10	D	D3011	盧凱懿	LO	Hoi Yee Doretta	GHSAC	9.46	
11	D	D3009	林碧寶	LAM	Katty	GHSAC	NM	
12	D	D3027	關寶儀	KWAN	Po Yee	PKMSAA	NM	

Rank	Group	Number	Name	Club	Record	Result	Remark
							17.49
1	E	E3001	杜滿芝 TO	Moon Chi	CAC	22.76	Record Broken
2	E	E3006	CHIN	Yee Jen	Malaysia	19.97	Record Broken
3	E	E3029	黎賢美 LAI	Yin Mei	SCAA	17.06	
4	E	E3014	李小萍 LI	Siu Ping	PKMSAA	16.17	
5	E	E3015	許秀連 HUI	San Lin (Linda)	PKMSAA	15.82	
6	E	E3024	溫燕儀 WAN	Yin Yee Panny	SCAA	14.58	
7	E	E3021	黃美櫻 WONG	Mei Ying Therry	SCAA	12.35	
8	E	E3010	溫志英 WAN	Chi Ying	PKMSAA	11.66	
9	E	E3013	劉配芳 LAU	Pui Fong	PKMSAA	10.63	
10	E	E3026	謝華秀 TSE	Wah Sau	SCAA	10.37	
11	E	E3016	蘇美英 SO	May Ying	PKMSAA	9.67	
12	E	E3020	田寶貞 TIN	Po Ching	SCAA	6.76	

Rank	Group	Number	Name	Club	Record	Result	Remark
							12.14
1	F	F3014	李笑玲 LEE	Siu Ling	PKMSAA	10.42	
2	F	F3015	劉秀賢 LAU	Sau Yin	PKMSAA	7.3	
3	F	F3010	陳健敏 CHAN	Kin Man	PKMSAA	5.94	
4	F	F3013	歐陽秀珍 AU YEUNG	Sau Chun	PKMSAA	NM	

Rank	Group	Number	Name	Club	Record	Result	Remark
							10.90
1	G	G3006	黃妙桃 WONG	Miu To	PKMSAA	13.63	Record Broken
2	G	G3010	馬石慧儀 MA SEK	Wai Yee Stella	SCAA	11.66	Record Broken
3	G	G3005	劉雪娥 LAO	Suat Ngo	PKMSAA	8.04	
4	G	G3008	曾安琪 TSANG	Angela	PKMSAA	6.3	
5	G	G3009	歐陽秀娟 AU YEUNG	Sau Kuen	PKMSAA	NM	

Rank	Group	Number	Name	Club	Record	Result	Remark
							9.75
1	H	H3003	嚴瑞鸞 YEN	Shui Luen	PKMSAA	8.99	
2	H	H3004	黃妙娟 WONG	Miu Kuen Mimi	SCAA	5.28	

Rank	Group	Number	Name	Club	Record	Result	Remark
							N.A.
1	J	J3001	溫麗城 WAN	Lai Shing	SCAA	7.04	

Rank	Group	Number	Name	Club	Record	Result	Remark
							N.A.
1	K	K3003	鄺詠琴 KWONG	Wing Kam	SCAA	7.56	