

Men		Hurdles			Result		Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	A	A1117	吳哲穎	NG Chit Wing	WAC	15.98	1	4	
2	A	A1019	劉宇曉	LAU Yu Hiu	DBSAC	17.08	1	2	
3	A	A1007	王緒威	WONG Sui Wai	CSRA	17.80	1	3	
4	A	A1032	黃嘉力	WONG Gar Lake	DBSAC	NM	1	5	DQ
							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	B	B1015	鄧漢昇	TANG Hon Sing	DBSAC	15.97	2	5	
2	B	B1071	張偉倫	CHEUNG Wei Lun Alan	LSCAC	16.25	3	5	
3	B	B1104	盧家恩	LO Ka Yan	SCAA	19.04	2	6	
4	B	B1130		KOTOBUKI Masashi	Singapore	20.32	2	3	
5	B	B1118	何建華	HO Kin Wah Jack	SCAA	20.66	3	4	
6	B	B1021	余遠輝	YU Yuen Fai	DBSAC	NM	2	2	
							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	C	C1082	葉耀聰	YIP Yiu Chung	SCAA	18.82	4	2	
2	C	C1080	崔錦棠	CHUI Kam Tong Tony	SCAA	19.67	4	6	
3	C	C1031	譚仲英	TAM Chung Ying Ernie	DBSAC	20.09	4	4	
4	C	C1051		SUN Yat Ming Ray	LSCAC	22.84	4	7	
5	C	C1043	衛紹邦	WAI Siu Bong Basil	LSCAC	27.29	4	8	
6	C	C1093	黃錦榮	VONG Kam Veng	SCAA	28.18	4	5	
7	C	C1039	陸恭耀	LOK Kung Yao Perry	LSCAC	NM	4	3	
							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	D	D1063		MOHD ALI Shamry	Malaysia	15.53	5	6	
2	D	D1088		WONG Mun Kong	Singapore	15.71	6	2	
3	D	D1046		DWI RAHARDJO Agus	Indonesia	17.21	6	5	
4	D	D1084	鄭永彪	KWONG Wing Biu	SCAA	17.48	6	4	
5	D	D1081	林偉堅	LAM Wai Kin	SCAA	17.49	6	3	
6	D	D1017	馮正昌	FUNG ChingCheong Harry	DBSAC	19.06	5	8	
7	D	D1030	譚旭生	TAM Sammy	DBSAC	19.12	6	7	
8	D	D1045		JAMET Thierry	HVAA	19.91	5	7	
9	D	D1064	郭嘉輝	KWOK Ka Fai	PAC	20.83	6	6	
10	D	D1036	鄧天齊	TANG Tin Chai	DBSAC	21.03	6	8	
11	D	D1054	陸秋明	LUK Chau Ming	LSCAC	21.23	5	3	
12	D	D1018	歐永照	AU Wing Chieu Peter	DBSAC	22.20	5	4	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	E	E1013	LEUNG Wai Yin Raymond	DBSAC	19.39	8	4	
2	E	E1038	梁國伟 LEUNG Kwok Wai Toby	LSCAC	19.87	7	4	
3	E	E1039	CHUNG Yun Kiong	Malaysia	20.00	7	5	
4	E	E1019	KI Wilson	DBSAC	20.81	7	2	
5	E	E1011	YIU Francis	DBSAC	21.51	8	6	
6	E	E1066	LEE Chia Chye Michael	Singapore	22.84	8	5	
7	E	E1048	湯冠強 TANG Steven	PKMSAA	26.90	7	3	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	F	F1036	陳榮熙 CHAN Wing Ha	PKMSAA	20.82	9	6	
2	F	F1007	吳建忠 UNG Patrick	DBSAC	26.24	9	5	
3	F	F1046	羅海沙 LAW Hoi Sha Sanford	PKMSAA	27.89	9	3	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	G	G1018	鄧儉輝 TANG Kim Fai	SCAA	21.29	10	4	
2	G	G1002	陳偉志 CHAN Wai Chi	CSRA	21.63	10	2	
3	G	G1009	袁啓昌 YUEN Kai Cheong	PKMSAA	25.47	10	6	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	H	H1003	Haji Matasan Haji Abdul Rani	Brunei V	19.95	11	3	

Men		100M		Result		Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks
1	Beginner	1029	馮鎮宇	FUNG Chun Yu	WAC	11.61	2	6
2	Beginner	1024		WONG Wing Yin Nickson	SCAA	11.68	2	8
3	Beginner	1019	張榮輝	CHEUNG Wing Fai	PoliceAC	11.79	2	3
4	Beginner	1008	葉紹強	YIP Siu Keung	HVAA	11.82	3	8
5	Beginner	1006	朱永德	CHU Wing Tak	HVAA	11.95	2	2
6	Beginner	1026		WONG Robert	SCAA	12.01	1	8
7	Beginner	1028	李墀	LEE Chi	WAC	12.16	3	5
8	Beginner	1020	張軒	CHEUNG Hin	PoliceAC	12.20	3	3
9	Beginner	1030	梁俊偉	LEUNG Chun Wai	WAC	12.21	2	4
10	Beginner	1004	林定邦	LAM Ting Pang	HVAA	12.35	1	3
11	Beginner	1027	盧倪鋒	LO Ngai Fung	WAC	12.43	1	1
12	Beginner	1031	呂家豪	LUI Ka Ho	WAC	12.52	3	4
13	Beginner	1001	洪嘉隆	HUNG Ka Lung	CGHCAC	12.81	1	5
14	Beginner	1009	鄭家名	CHENG Ka Ming	HVAA	12.86	3	6
15	Beginner	1021	黃詩俊	WONG Si Chun	PoliceAC	13.31	2	5
16	Beginner	1025		WONG Chun Andy	SCAA	13.33	1	4
17	Beginner	1014	謝海發	TSE Hoi Fat	LSCAC	14.34	1	7
18	Beginner	1016	陸瀚民	LUK Hon Man Benson	LSCAC	16.63	2	1
19	Beginner	1017	李耀基	LEE Yiu Kei Charles	LSCAC	17.59	1	6

						Record		11.22
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks
1	A	A1055	陳徵明	CHAN Zheng Ming	HVAA	12.15	5	2
2	A	A1117	吳哲穎	NG Chit Wing	WAC	12.21	4	2
3	A	A1114		NAIDU Ramesh	Singapore	12.23	6	8
4	A	A1104	李志輝	LEE Chi Fai	SCAA	12.37	7	5
5	A	A1121	顏浩然	NGAN Ho Yin	WAC	12.46	4	7
6	A	A1027	陳新禧	CHAN San Hei Alan	DBSAC	12.57	7	4
7	A	A1062	梁家傑	LEUNG Ka Kit	LSCAC	12.59	4	4
8	A	A1105	黃駿鴻	WONG Chun Hung Stephen	SCAA	12.69	7	8
9	A	A1019	劉宇曉	LAU Yu Hiu	DBSAC	12.70	5	6
10	A	A1053	黃成輝	WONG Shing Fai	HVAA	12.73	6	2
11	A	A1048	藍明德	LAN Ming Tak	HVAA	12.74	6	7
12	A	A1099	劉洲權	LAU Chau Kuen	SCAA	12.98	4	6
13	A	A1051	簡志雄	KAN Chi Hung	HVAA	13.41	4	3
14	A	A1070	區志豪	AU Chi Hoo Christopher	LSCAC	13.48	7	3
15	A	A1077	葉偉倫	YIP Wai Lun	LSCAC	15.47	6	6
16	A	A1016	謝浩為	TSE Ho Wai Horace	DBSAC	16.12	4	8
17	A	A1046		CHAN Ho Kei	HKLRRRC	17.05	4	5

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
							11.55	
1	B	B1052	李澤銘	LI Chak Ming	HVAA	11.71	8	3
2	B	B1099	黃健安	WONG Kin On	PAC	11.72	8	2
3	B	B1054	吳大偉	NG Tai Wai	HVAA	11.98	13	3
4	B	B1071	張偉倫	CHEUNG Wei Lun Alan	LSCAC	12.01	10	6
5	B	B1114	余偉俊	YU Wai Chun Peter	SCAA	12.12	11	6
6	B	B1139	陳志匡	CHAN Chi Hong	WAC	12.20	12	3
7	B	B1111	廖志勇	LIU Chi Yung	SCAA	12.22	9	3
8	B	B1001		IBRAHIM Shahrani	Brunei V	12.23	9	7
9	B	B1088	陳勁恆	CHAN King Hang Ken	LSCAC	12.50	8	5
10	B	B1135	李濤	LEE To	TCAA	12.55	10	2
11	B	B1073	陳永光	CHAN Wing Kwong Derek	LSCAC	12.61	8	8
12	B	B1021	余遠輝	YU Yuen Fai	DBSAC	12.62	10	3
13	B	B1138	陳輝浩	CHAN Fai Ho	WAC	12.71	11	2
14	B	B1074	劉頌昇	LAU Chung Sing	LSCAC	12.72	13	2
15	B	B1019	曾慶章	TSANG Raymond	DBSAC	12.76	13	5
16	B	B1120	羅兆麒	LO Siu Ki	SCAA	12.82	8	4
17	B	B1075	余致力	YU Cheeric James	LSCAC	12.91	11	3
17	B	B1051	杜劍鋒	TO Kim Fung Raymond	HVAA	12.91	13	7
19	B	B1116	陳立致	CHAN Lap Chi Jacky	SCAA	13.06	10	8
20	B	B1130		KOTOBUKI Masashi	Singapore	13.07	11	7
21	B	B1070	黎爾禮	LAI Yee Lai Joseph	LSCAC	13.09	12	6
21	B	B1118	何建華	HO Kin Wah Jack	SCAA	13.09	13	6
23	B	B1053	王健華	WONG Kin Wah	HVAA	13.14	8	6
24	B	B1104	盧家恩	LO Ka Yan	SCAA	13.17	12	5
25	B	B1050	何劍輝	HO Kim Fai	HVAA	13.31	11	8
26	B	B1133	邱威雄	YAU Wai Hung	TCAA	13.38	11	5
27	B	B1044	倪以理	NGAI Joseph	DBSAC	13.56	12	2
28	B	B1106	鄭良盛	CHENG Leung Shing Sam	SCAA	13.60	10	4
29	B	B1025	黃嘉樂	WONG Carruk	DBSAC	14.27	9	6
30	B	B1029	王逸林	WONG Yat Lam	DBSAC	14.90	9	4
31	B	B1081	李嘉暉	LEE Dennis	LSCAC	15.10	8	7

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
							12.16	
1	C	C1031	譚仲英	TAM Chung Ying Ernie	DBSAC	12.34	16	7
2	C	C1078	林威強	LAM Wai Keung Galen	SCAA	12.68	17	6
3	C	C1004		HAJI AHMAD Haji Shahri	Brunei V	12.70	15	6
4	C	C1098		FARIS Abd Wahab	Singapore	12.80	16	2
5	C	C1097		WONG Foong Wee	Singapore	12.87	14	5
6	C	C1020	雷裕文	LUI Timothy	DBSAC	12.94	14	2
7	C	C1006	黃東康	WONG Tung Hong Eddie	CAC	13.13	17	3
8	C	C1084	賴又晴	LAY YAT MOU Yau Ching	SCAA	13.20	14	8
9	C	C1090	關永樂	KWAN Wing Lok	SCAA	13.30	14	7
10	C	C1041	唐燊	TONG Sunny	LSCAC	13.41	15	3
11	C	C1014	譚嘉信	TAM Ka Shun	DBSAC	13.42	17	5
12	C	C1021	雷裕武	LUI Moses	DBSAC	13.63	14	3
13	C	C1022	關文輝	KWAN Man Fai	DBSAC	13.97	14	6
14	C	C1043	衛紹邦	WAI Siu Bong Basil	LSCAC	14.07	15	7
15	C	C1029	黃浩文	WONG Ho Man Albert	DBSAC	14.84	15	5
16	C	C1032	周偉雄	CHAU Wai Hung Antonio	DBSAC	15.28	16	3
17	C	C1013	陸敬行	LUK King Hang	DBSAC	15.35	17	4
18	C	C1087	李嘉輝	LEE Ka Fai	SCAA	15.38	16	6
19	C	C1075	祁慶堂	KI Hing Tong	PKMSAA	17.98	16	5

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
							12.45	
1	D	D1089		TAN Kevin	Singapore	12.81	21	2
2	D	D1014	黎同昇	LAI Tung Sing	CSRA	12.91	21	4
3	D	D1003	江國強	KANG Kwok Keung Derek	CAC	13.04	20	5
4	D	D1082	林俊發	LAM Tsun Fat Peter	SCAA	13.08	21	3
5	D	D1002		POWER Thomas Derek	AVOHK	13.25	19	8
6	D	D1063		MOHD ALI Shamry	Malaysia	13.31	21	5
7	D	D1049	陳俊國	CHAN Chun Kwok Monte	LSCAC	13.35	19	7
8	D	D1004	鍾健偉	CHUNG Kin Wai	CAC	13.50	18	2
9	D	D1046		DWI RAHARDJO Agus	Indonesia	13.58	19	5
10	D	D1033	勞思傑	LO Raymond	DBSAC	14.08	20	4
11	D	D1075	李偉浩	LI Wai Ho	SCAA	14.12	21	7
12	D	D1048	黃澤賢	WONG Chak Yin Willie	LSCAC	14.26	19	1
13	D	D1023	姚啟鏘	YIU Karo Dakchison Jr.	DBSAC	14.30	19	3
14	D	D1055	何文佳	HO Simon	LSCAC	14.31	18	3
15	D	D1077	林建華	LIM Kin Wah	SCAA	14.35	20	7
16	D	D1054	陸秋明	LUK Chau Ming	LSCAC	14.42	18	8
17	D	D1043	譚景棠	TAM King Tong	HKICPA	14.43	18	6
18	D	D1059	顧向聖	KOO Heung Shing Peter	LSCAC	14.73	20	2
19	D	D1045		JAMET Thierry	HVAA	14.89	18	1
20	D	D1019		FONG Alan	DBSAC	15.26	21	8
21	D	D1085	梁潤森	LEUNG Yun Sum	SCAA	15.28	20	3
22	D	D1065	李志榮	LEE Chi Wing	PKMSAA	15.64	20	6

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
							12.75	
1	E	E1007	KUNG Wai Ling	DBSAC	12.70	24	2	Record Broken
2	E	E1032	周治榮 CHOW Chee Wing Anthony	LSCAC	13.60	23	7	
2	E	E1016	CHEUK Ho Yeung Gerald	DBSAC	13.60	24	4	
4	E	E1020	TSANG Chung Man Albert	DBSAC	13.75	22	4	
5	E	E1013	LEUNG Wai Yin Raymond	DBSAC	14.11	22	6	
6	E	E1038	梁國偉 LEUNG Kwok Wai Toby	LSCAC	14.23	22	5	
7	E	E1014	CHOI Siu Chow Tony	DBSAC	14.61	23	3	
8	E	E1012	ZEE Benny	DBSAC	14.84	24	5	
9	E	E1052	林錦棠 LAM Kam Tong	SCAA	15.29	23	6	
10	E	E1053	岑瀚林 SHAM Hon Lam	SCAA	15.35	24	6	
11	E	E1011	YIU Francis	DBSAC	15.64	22	7	
12	E	E1021	HUNG Chuen Kwong	DBSAC	15.78	22	3	
13	E	E1066	LEE Chia Chye Michael	Singapore	16.00	23	4	
14	E	E1059	譚國鑾 TAM Kwok Luen Kelvin	SCAA	16.14	23	2	
15	E	E1024	LAU Cheuk Hang	DBSAC	NM	22	2	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
							13.59	
1	F	F1025	歐敬唐 AU King Tong	PKMSAA	13.82	25	7	
2	F	F1062	APPU Mogannavale	Singapore	13.92	27	4	
3	F	F1022	葉世雄 IP Sai Hung	PKMSAA	13.96	27	6	
4	F	F1054	嚴天亮 YIM Tin Leung, Jimmy	SCAA	14.02	26	2	
5	F	F1065	張順和 CHANG Shun-Ho	Taiwan	14.12	27	7	
6	F	F1051	黃基林 WONG Kee Lam	SCAA	14.41	25	8	
7	F	F1006	廖卓良 LIU Cheuk. Leung	CSRA	14.63	26	5	
8	F	F1010	關健雄 KWAN Kin Hung William	DBSAC	14.91	26	6	
9	F	F1046	羅海沙 LAW Hoi Sha Sanford	PKMSAA	15.09	25	4	
10	F	F1036	陳榮熙 CHAN Wing Ha	PKMSAA	15.77	25	3	
11	F	F1063	LAM How Min Jack	Singapore	15.79	25	2	
12	F	F1040	候慶榮 HAU Hing Wing	PKMSAA	16.13	27	5	
13	F	F1047	何偉強 HO Wai Keung	PKMSAA	16.45	27	2	
14	F	F1033	陳國強 CHAN Kwok Keung	PKMSAA	16.47	25	6	
15	F	F1003	張錦光 CHEUNG KamKwong Anthony	AVOHK	17.07	26	3	

								Record	14.89
Rank	Group	Number	Name		Club	Time	Final	Lane	Remarks
1	G	G1004	高量洪	KO Leung Hung Alex	DBSAC	14.79	28	4	Record Broken
2	G	G1002	陳偉志	CHAN Wai Chi	CSRA	15.44	28	6	
3	G	G1018	鄧儉輝	TANG Kim Fai	SCAA	15.77	28	7	
4	G	G1013	吳文默	NG Man Mark	PKMSAA	17.29	28	8	
5	G	G1001		BOOTH Philip	AVOHK	17.38	28	5	

								Record	15.97
Rank	Group	Number	Name		Club	Time	Final	Lane	Remarks
1	H	H1012	徐發林	CHUI Fat Lim	SCAA	16.05	29	4	
2	H	H1017		CHUA Liat Kiang	Singapore	16.52	29	6	
3	H	H1003		Haji MATASAN Haji Abdul Rani	Brunei V	16.94	29	3	
4	H	H1005		HO Tak Sing Henry	DBSAC	18.03	29	7	
5	H	H1016		SOH Chin Koon	Singapore	19.55	29	8	
6	H	H1009		TIERNEY James Christophe	LSCAC	25.58	29	5	
7	H	H1008		CHEUNG Ting Por	LSCAC	33.35	29	2	

								Record	18.79
Rank	Group	Number	Name		Club	Time	Final	Lane	Remarks
1	J	J1003		Haji LAHAB Capt (Rtd) Hj Osman	Brunei V	16.04	30	3	Record Broken
2	J	J1007	梁鴻志	LEUNG Hung Che	SCAA	17.15	30	4	Record Broken
3	J	J1001		PILKINGTON Frank	AVOHK	19.79	30	6	
4	J	J1006	鍾定嘉	CHUNG Ting Kar	PKMSAA	21.00	30	5	
5	J	J1002		FOWLER John Garth	AVOHK	24.30	30	2	

								Record	20.55
Rank	Group	Number	Name		Club	Time	Final	Lane	Remarks
1	K	K1008	何瑞安	HO Shui On	SCAA	19.02	31	1	Record Broken
2	K	K1003	林振全	LAM Chun Chuen	SCAA	19.84	31	4	Record Broken
3	K	K1007	郭錦洪	KWOK Kam Hung	SCAA	20.65	31	2	
4	K	K1001		HAMET Reginald	DBSAC	26.20	31	5	
5	K	K1006	周渭川	CHAU Wai Chuen	SCAA	28.94	31	3	

								Record	N.A.
Rank	Group	Number	Name		Club	Time	Final	Lane	Remarks
1	L	L1001	何湛泉	HO Cham Chuen	SCAA	29.09	31	7	

Men		200M		Result		Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks
1	A	A1117	吳哲穎	NG Chit Wing	WAC	24.62	1	6
2	A	A1114		NAIDU Ramesh	Singapore	24.82	1	2
3	A	A1002		KRIEL Aldo	AVOHK	25.15	3	6
4	A	A1104	李志輝	LEE Chi Fai	SCAA	25.22	3	5
5	A	A1074	盧致恆	LO Mark	LSCAC	25.93	2	6
6	A	A1105	黃駿鴻	WONG ChunHung Stephen	SCAA	26.10	3	8
7	A	A1027	陳新禧	CHAN San Hei Alan	DBSAC	26.12	2	2
8	A	A1056	陳家華	CHAN Ka Wah	HVAA	26.29	2	3
9	A	A1062	梁家傑	LEUNG Ka Kit	LSCAC	26.63	1	4
10	A	A1108	林俊基	LAM Chun Kei	SCAA	26.75	1	5
11	A	A1063	區應民	AU Ying Man	LSCAC	26.84	1	3
12	A	A1048	藍明德	LAN Ming Tak	HVAA	26.87	1	1
12	A	A1069	梁守謙	LEUNG Sau Him Martin	LSCAC	26.87	3	2
14	A	A1012	吳肇邦	NG Shiu Bong	DBSAC	27.74	2	1
15	A	A1001		TSUNG Mark	AVOHK	28.16	2	5
16	A	A1097	郭肇基	KOWK Shiu Kei	PKMSAA	28.33	3	1
17	A	A1046		CHAN Ho Kei	HKLRRRC	34.57	3	3

						Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks
1	B	B1099	黃健安	WONG Kin On	PAC	24.14	7	6
2	B	B1091	麥顥能	MAK Ho Nung Marcus	LSCAC	24.42	7	3
3	B	B1052	李澤銘	LI Chak Ming	HVAA	24.54	5	2
4	B	B1001		IBRAHIM Shahrani	Brunei V	25.17	6	5
5	B	B1114	余偉俊	YU Wai Chun Peter	SCAA	25.48	4	3
6	B	B1088	陳勁恆	CHAN King Hang Ken	LSCAC	25.87	6	6
7	B	B1005		ELLIOT James	CSRA	26.11	7	5
8	B	B1074	劉頌昇	LAU Chung Sing	LSCAC	26.16	5	3
9	B	B1130		KOTOBUKI Masashi	Singapore	26.57	4	1
10	B	B1019	曾慶章	TSANG Raymond	DBSAC	26.58	5	4
11	B	B1129		TAN Tai Hong	Singapore	26.65	7	4
11	B	B1116	陳立致	CHAN Lap Chi Jacky	SCAA	26.65	6	7
13	B	B1051	杜劍鋒	TO Kim Fung Raymond	HVAA	26.87	4	5
14	B	B1073	陳永光	CHAN Wing Kwong Derek	LSCAC	26.95	4	7
15	B	B1021	余遠輝	YU Yuen Fai	DBSAC	27.07	5	6
16	B	B1098	賴維揚	LAI Wai Yeung	PAC	27.36	4	6
17	B	B1049	李浩軒	LEE Ho Hin Belly	HVAA	27.77	7	8
18	B	B1067		LAU Jeffrey	LSCAC	28.71	4	8
19	B	B1101	符彥豪	FU Yin Ho	PAC	28.99	5	8
20	B	B1105	李浩銓	LEE John Ho Chuen	SCAA	29.75	4	2
21	B	B1029	王逸林	WONG Yat Lam	DBSAC	31.45	5	5

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	C	C1097	WONG Foong Wee	Singapore	25.28	10	7	
2	C	C1020	雷裕文 LUI Timothy	DBSAC	26.20	8	7	
3	C	C1021	雷裕武 LUI Moses	DBSAC	27.22	8	8	
4	C	C1004	HAJI AHMAD Haji Shahri	Brunei V	27.46	8	1	
5	C	C1098	FARIS Abd Wahab	Singapore	27.77	10	8	
6	C	C1080	崔錦棠 CHUI Kam Tong Tony	SCAA	27.90	10	4	
7	C	C1061	李明瀚 LEE Ming Hon Edward	LSCAC	28.00	9	7	
8	C	C1014	譚嘉信 TAM Ka Shun	DBSAC	28.09	8	5	
9	C	C1041	唐燊 TONG Sunny	LSCAC	28.19	9	4	
10	C	C1034	林曉峯 LAM Hiu Fung	DBSAC	28.42	9	3	
11	C	C1088	黃偉強 WONG Wai Keung	SCAA	29.30	10	6	
12	C	C1069	關偉琛 KWAN Wai Sum Cliff	LSCAC	30.78	9	8	
13	C	C1008	陳俊聲 CHAN ChunSing Barthelemy	CSRA	31.06	8	2	
14	C	C1074	陳謀雄 CHAN Mou Hung Moses	PKMSAA	36.70	10	2	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	D	D1089	TAN Kevin	Singapore	25.93	11	5	
2	D	D1082	林俊發 LAM Tsun Fat Peter	SCAA	26.47	11	3	
3	D	D1088	WONG Mun Kong	Singapore	26.58	12	6	
4	D	D1003	江國強 KANG Kwok Keung Derek	CAC	27.05	13	4	
5	D	D1063	MOHD ALI Shamry	Malaysia	27.16	11	2	
6	D	D1035	余德廣 YU Tak Kwong	DBSAC	28.81	12	3	
7	D	D1019	FONG Alan	DBSAC	29.33	13	5	
8	D	D1023	姚啟鏘 YIU Karo Dakchison Jr.	DBSAC	29.34	13	2	
9	D	D1028	陳炎林 CHAN Yim Lam Patrick	DBSAC	30.41	12	2	

Rank	Group	Number	Name	Club	Time	Record		Remarks
						Final	Lane	
								N.A.
1	E	E1032	周治榮 CHOW Chee Wing Anthon	LSCAC	28.17	16	5	
2	E	E1020	TSANG Chung Man Albert	DBSAC	28.36	14	3	
3	E	E1065	DIXON Mark	Singapore	28.64	16	8	
4	E	E1004	鄭騫 CHENG Hin	CAC	29.51	14	2	
5	E	E1038	梁國伟 LEUNG Kwok Wai Toby	LSCAC	29.55	14	8	
6	E	E1040	趙春強 CHIU Chun Keung	PAC	29.74	14	6	
7	E	E1015	WONG Li	DBSAC	30.37	15	2	
8	E	E1014	CHOI Siu Chow Tony	DBSAC	31.63	16	3	
9	E	E1047	黃浩賢 WONG Ho Yin	PKMSAA	31.67	14	5	
10	E	E1053	岑瀚林 SHAM Hon Lam	SCAA	32.21	14	4	
10	E	E1011	YIU Francis	DBSAC	32.21	16	6	
12	E	E1055	何佛華 HO Fat Wa Kenneth	SCAA	32.76	15	3	
13	E	E1021	HUNG Chuen Kwong	DBSAC	33.80	15	4	
14	E	E1017	TAM Chu Shek Richard	DBSAC	35.36	15	6	

							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	F	F1025	歐敬唐	AU King Tong	PKMSAA	27.32	17	6	
2	F	F1051	黃基林	WONG Kee Lam	SCAA	28.74	17	2	
3	F	F1065	張順和	CHANG Shun-Ho	Taiwan	29.22	18	3	
4	F	F1062		APPU Mogannavale	Singapore	31.86	18	6	
5	F	F1046	羅海沙	LAW Hoi Sha Sanford	PKMSAA	33.80	18	2	

							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	G	G1004	高量洪	KO Leung Hung Alex	DBSAC	32.09	19	2	
2	G	G1018	鄧儉輝	TANG Kim Fai	SCAA	33.62	19	3	
3	G	G1013	吳文默	NG Man Mark	PKMSAA	34.55	19	5	
4	G	G1009	袁啓昌	YUEN Kai Cheong	PKMSAA	35.36	19	4	

							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	H	H1012	徐發林	CHUI Fat Lim	SCAA	34.58	20	4	
2	H	H1002		ABDULLAH Haji Ariffin	Brunei V	34.69	20	3	
3	H	H1017		CHUA Liat Khiang	Singapore	35.12	20	5	

							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	J	J1003		HAJI LAHAB Capt (Rtd) Hj Osman	Brunei V	35.63	21	2	
2	J	J1001		PILKINGTON Frank	AVOHK	41.26	21	4	
3	J	J1002		FOWLER John Garth	AVOHK	52.53	21	3	

							Record		N.A.
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	K	K1006	周渭川	CHAU Wai Chuen	SCAA	1.02.22	21	7	

Men**400M****Result****Record****55.10**

Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks
1	A	A1085	梁達威	LEUNG Tat Wai	PAC	54.20	2 8	Record Broken
2	A	A1110	楊偉剛	YEUNG Wai Kong	SCAA	55.23	2 1	
3	A	A1086	陳家偉	CHAN Ka Wai	PAC	56.28	2 7	
4	A	A1114		NAIDU Ramesh	Singapore	56.52	1 5	
5	A	A1053	黃成輝	WONG Shing Fai	HVAA	57.47	2 3	
6	A	A1027	陳新禧	CHAN San Hei Alan	DBSAC	57.56	2 5	
7	A	A1056	陳家華	CHAN Ka Wah	HVAA	59.05	1 6	
8	A	A1081	陳嘉龍	CHAN Ka Lung Andy	LSCAC	59.32	1 4	
9	A	A1108	林俊基	LAM Chun Kei	SCAA	59.46	1 3	
10	A	A1074	盧致恆	LO Mark	LSCAC	59.50	3 3	
11	A	A1105	黃駿鴻	WONG Chun Hung Stephen	SCAA	59.59	3 7	
12	A	A1069	梁守謙	LEUNG Sau Him Martin	LSCAC	59.60	2 2	
13	A	A1063	區應民	AU Ying Man	LSCAC	1.00.63	3 5	
14	A	A1012	吳肇邦	NG Shiu Bong	DBSAC	1.05.23	1 1	
15	A	A1025	莊曉陽	CHONG Hiu Yeung	DBSAC	1.08.97	2 4	
16	A	A1038	譚子翹	TAM Glory	DBSAC	1.17.24	1 8	
17	A	A1091	陳國濠	CHAN Kwok Ho	PKMSAA	1.17.42	3 8	

Record**53.93**

Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks
1	B	B1099	黃健安	WONG Kin On	PAC	53.88	7 5	Record Broken
2	B	B1091	麥顯能	MAK Ho Nung Marcus	LSCAC	54.98	5 7	
3	B	B1001		IBRAHIM Shahrani	Brunei V	55.81	6 8	
4	B	B1139	陳志匡	CHAN Chi Hong	WAC	56.35	5 5	
5	B	B1047	陳文科	CHAN Man For	HVAA	57.40	4 4	
6	B	B1021	余遠輝	YU Yuen Fai	DBSAC	58.04	6 7	
7	B	B1100	鄧永健	TANG Wing Kin	PAC	58.31	6 5	
8	B	B1102	黃啟東	WONG Kai Tung Dominic	PAC	58.47	4 5	
9	B	B1088	陳勁恆	CHAN King Hang Ken	LSCAC	1.00.49	6 2	
10	B	B1073	陳永光	CHAN Wing Kwong Derek	LSCAC	1.00.56	5 2	
11	B	B1019	曾慶章	TSANG Raymond	DBSAC	1.00.70	7 8	
12	B	B1098	賴維揚	LAI Wai Yeung	PAC	1.01.56	5 4	
13	B	B1010	林經緯	LAM King Wai	DBSAC	1.04.29	4 3	
14	B	B1131		KOH Leong Seng Morris	Singapore	1.04.68	4 8	
15	B	B1083	蕭猷健	SIU Hubert	LSCAC	1.04.73	7 6	
16	B	B1011	劉文龍	LAU Man Lung Kevin	DBSAC	1.12.11	7 3	

							Record		56.42
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	C	C1097		WONG Foong Wee	Singapore	0.57.12	9	3	
2	C	C1072	馬敬將	MA King Cheung	PAC	1.00.81	8	3	
3	C	C1080	崔錦棠	CHUI Kam Tong Tony	SCAA	1.01.50	9	6	
4	C	C1061	李明瀚	LEE Ming Hon Edward	LSCAC	1.02.36	8	6	
5	C	C1021	雷裕武	LUI Moses	DBSAC	1.02.63	10	4	
6	C	C1042	胡迪熊	WU Dik Hung Teddy	LSCAC	1.04.58	9	2	
7	C	C1069	關偉琛	KWAN Wai Sum Cliff	LSCAC	1.06.35	8	4	
8	C	C1091	鍾兆年	CHEONG Shao Nean	SCAA	1.06.52	9	7	
9	C	C1054	梁錦權	LEUNG Kam Kuen Michael	LSCAC	1.07.19	10	2	
10	C	C1055	胡迪麟	WU Dik Lun Tommy	LSCAC	1.07.64	10	5	
11	C	C1095	沈偉基	SUM Wai Kee	SCAA	1.10.86	8	7	
12	C	C1060	郭碩元	KWOK Shek Yuen	LSCAC	1.11.96	8	5	
13	C	C1094	王偉德	WONG Wai Tak	SCAA	1.18.35	10	6	
14	C	C1081	林潔偉	LAM Kit Wai	SCAA	1.23.45	9	5	

							Record		58.94
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	D	D1082	林俊發	LAM Tsun Fat Peter	SCAA	59.75	12	8	
2	D	D1005	鍾振邦	CHUNG Chun Bong Alex	CAC	1.02.11	12	3	
3	D	D1035	余德廣	YU Tak Kwong	DBSAC	1.05.11	11	3	
4	D	D1078	王堅	WANG Jian	SCAA	1.05.23	12	2	
5	D	D1054	陸秋明	LUK Chau Ming	LSCAC	1.05.67	11	7	
6	D	D1073	潘偉全	PON Wai Chuen	SCAA	1.06.54	11	1	
7	D	D1019		FONG Alan	DBSAC	1.07.02	12	6	
8	D	D1015	林文山	LAM Man San	DBSAC	1.08.67	12	7	
9	D	D1028	陳焯林	CHAN Yim Lam Patrick	DBSAC	1.09.21	11	8	
10	D	D1026	陳忠元	TAN Nicholas Tsang Yuan	DBSAC	1.10.15	11	2	
11	D	D1023	姚啟鏘	YIU Karo Dakchison Jr.	DBSAC	1.10.27	11	6	
12	D	D1045		JAMET Thierry	HVAA	1.13.31	12	5	

							Record		1.00.26
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks	
1	E	E1004	鄭騫	CHENG Hin	CAC	1.04.61	14	4	
2	E	E1020		TSANG Chung Man Albert	DBSAC	1.06.47	13	6	
3	E	E1040	趙春強	CHIU Chun Keung	PAC	1.08.15	13	2	
4	E	E1047	黃浩賢	WONG Ho Yin	PKMSAA	1.12.77	14	8	
5	E	E1065		DIXON Mark	Singapore	1.16.53	13	4	
6	E	E1030	沈志光	SHUM Chi Kwong Stanley	LSCAC	1.18.50	14	5	
7	E	E1046	李秀財	LEE Sau Choi	PKMSAA	1.19.40	14	2	
8	E	E1015		WONG Li	DBSAC	1.24.11	13	7	

								Record		1.11.55
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks		
1	F	F1025	歐敬唐	AU King Tong	PKMSAA	1.03.09	16	7	Record Broken	
2	F	F1053	黃卓然	WONG Cheuk Yin	SCAA	1.07.67	15	6	Record Broken	
3	F	F1008	陳若鏞	CHAN Yeuk Yung	DBSAC	1.07.86	15	8	Record Broken	
4	F	F1052	孫樹坤	SUEN Shu Kwan	SCAA	1.09.13	15	4	Record Broken	
5	F	F1068	梁蘇強	LEUNG So Keung	TWAC	1.09.31	16	5	Record Broken	
6	F	F1001	張貞熙	CHANG Jesse	AVOHK	1.15.85	15	3		
7	F	F1012	丘偉群	YAU Wai Kwan Arden	DBSAC	1.17.02	16	6		
8	F	F1006	廖卓良	LIU Cheuk. Leung	CSRA	1.18.70	15	5		
9	F	F1021		VON PFLUG Hubertus	PAC	1.21.47	16	8		
10	F	F1044	戴德祥	TAI Tak Cheung	PKMSAA	1.22.96	16	4		
11	F	F1011		SIN Wing Fai	DBSAC	1.27.36	16	3		
12	F	F1035	曾泰來	TSANG Tai Loi	PKMSAA	1.27.92	15	7		

								Record		1.20.74
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks		
1	G	G1004	高量洪	KO Leung Hung Alex	DBSAC	1.14.72	17	3	Record Broken	
2	G	G1002	陳偉志	CHAN Wai Chi	CSRA	1.19.01	17	4	Record Broken	
3	G	G1013	吳文默	NG Man Mark	PKMSAA	1.21.71	17	2		
4	G	G1006	陳家和	CHAN Ka Woo Francis	LSCAC	1.27.66	17	1		

								Record		1.22.43
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks		
1	H	H1002		ABDULLAH Haji Ariffin	Brunei V	1.20.02	18	7	Record Broken	
2	H	H1012	徐發林	CHUI Fat Lim	SCAA	1.20.75	18	2	Record Broken	
3	H	H1011	扶熾彰	FU Chi Cheung Peter	SCAA	1.31.55	18	3		
4	H	H1001		KEEPING Peter	AVOHK	1.44.06	18	4		

								Record		1.51.68
Rank	Group	Number	Name	Club	Time	Final	Lane	Remarks		
1	J	J1001		PILKINGTON Frank	AVOHK	1.35.17	17	7	Record Broken	
2	J	J1004		GUMBANG Tabib	Brunei V	1.41.09	17	6	Record Broken	
3	J	J1002		FOWLER John Garth	AVOHK	1.54.01	17	8		

Men		800M			Result		Record	2.09.95
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	A	A1086	陳家偉	CHAN Ka Wai	PAC	2.12.65	2	
2	A	A1081	陳嘉龍	CHAN Ka Lung Andy	LSCAC	2.17.25	2	
3	A	A1021	許兆東	HUI Siu Tung	DBSAC	2.21.79	2	
4	A	A1020		TAM Sunny	DBSAC	2.25.20	2	
5	A	A1003	麥維麟	MAK Wai Lun	CGHCAC	2.28.49	2	
6	A	A1012	吳肇邦	NG Shiu Bong	DBSAC	2.40.44	2	
7	A	A1025	莊曉陽	CHONG Hiu Yeung	DBSAC	2.41.07	2	
8	A	A1095	李清洵	LI Ching Hin	PKMSAA	2.47.43	2	
9	A	A1036	劉永基	LAU Wing Kei Stephen	DBSAC	2.48.51	2	
Rank	Group	Number	Name	Club	Time	Final	Record	2.15.26
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	B	B1047	陳文科	CHAN Man For	HVAA	2.11.49	2	Record Broken
2	B	B1006	蔡達明	CHOI Tat Ming	CSRA	2.21.15	2	
3	B	B1102	黃啟東	WONG Kai Tung Dominic	PAC	2.24.73	2	
4	B	B1004	李業豪	LI Ip Ho	CSRA	2.26.19	2	
5	B	B1066	簡駿健	KAN Chun Kin Peter	LSCAC	2.26.20	2	
6	B	B1056	方耀文	FONG Raymond	HVAA	2.31.03	2	
7	B	B1031	陳穎濤	CHAN Wing To	DBSAC	2.33.73	2	
8	B	B1021	余遠輝	YU Yuen Fai	DBSAC	2.35.08	2	
9	B	B1010	林經緯	LAM King Wai	DBSAC	2.38.22	2	
10	B	B1023	鄧陽招	TANG Yeung Chiu Dennis	DBSAC	2.40.65	2	
11	B	B1030	楊時飛	YEUNG Sze Fei Steve	DBSAC	2.41.57	2	
12	B	B1098	賴維揚	LAI Wai Yeung	PAC	2.42.58	2	
13	B	B1079	李沛鏗	LEE Pui Hang Julian	LSCAC	2.47.14	2	
Rank	Group	Number	Name	Club	Time	Final	Record	2.21.26
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	C	C1044	羅偉基	LAW Wai Kei	LSCAC	2.25.15	2	
2	C	C1002		SALTON Andrew	AVOHK	2.30.29	2	
3	C	C1052		HO Bernard	LSCAC	2.35.46	2	
4	C	C1050	劉紹華	LAU Siu Wah Herrick	LSCAC	2.46.05	2	
5	C	C1069	關偉琛	KWAN Wai Sum Cliff	LSCAC	2.46.54	2	
6	C	C1085	羅國潤	LO Kwok Yun	SCAA	3.01.65	2	
Rank	Group	Number	Name	Club	Time	Final	Record	2.24.06
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	D	D1005	鍾振邦	CHUNG Chun Bong Alex	CAC	2.23.89	3	Record Broken
2	D	D1082	林俊發	LAM Tsun Fat Peter	SCAA	2.24.69	3	
3	D	D1073	潘偉全	PON Wai Chuen	SCAA	2.30.21	3	
4	D	D1015	林文山	LAM Man San	DBSAC	2.44.37	3	
5	D	D1035	余德廣	YU Tak Kwong	DBSAC	2.46.49	3	
6	D	D1057	張偉雄	CHEUNG Wai Hung John	LSCAC	2.51.27	3	
7	D	D1022		WONG Tai Chun Mark	DBSAC	2.54.33	3	
8	D	D1066	吳志淦	NG Chi Kam	PKMSAA	3.33.53	3	

							Record	2.27.67
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	E	E1004	鄭騫	CHENG Hin	CAC	2.28.12	3	
2	E	E1040	趙春強	CHIU Chun Keung	PAC	2.38.55	3	
3	E	E1015		WONG Li	DBSAC	2.45.55	3	
4	E	E1002		ABDULLAH Marznimurney	Brunei V	2.47.09	3	
5	E	E1020		TSANG Chung Man Albert	DBSAC	2.50.71	3	
6	E	E1023		SUEN Tai On	DBSAC	2.57.65	3	
7	E	E1047	黃浩賢	WONG Ho Yin	PKMSAA	3.03.47	3	
8	E	E1030	沈志光	SHUM Chi Kwong Stanley	LSCAC	3.17.97	3	
9	E	E1051	譚榮貴	TAM Wing Kwai	SCAA	3.22.95	3	
10	E	E1046	李秀財	LEE Sau Choi	PKMSAA	3.28.11	3	
							Record	2.38.54
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	F	F1053	黃卓然	WONG Cheuk Yin	SCAA	2.39.69	3	
2	F	F1068	梁蘇強	LEUNG So Keung	TWAC	2.43.13	3	
3	F	F1035	曾泰來	TSANG Tai Loi	PKMSAA	3.23.54	3	
4	F	F1012	丘偉群	YAU Wai Kwan Arden	DBSAC	3.25.17	3	
5	F	F1026	江紹強	KONG Siu Keung	PKMSAA	3.35.17	3	
6	F	F1044	戴德祥	TAI Tak Cheung	PKMSAA	3.39.93	3	
							Record	2.49.75
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	G	G1001		BOOTH Philip	AVOHK	2.52.79	3	
2	G	G1004	高量洪	KO Leung Hung Alex	DBSAC	3.02.87	3	
3	G	G1023		ISMAIL KHAN Yusoff Khan	Singapore	3.34.36	3	
4	G	G1010	高永餘	KAO Wing Yie	PKMSAA	3.47.96	3	
5								
							Record	3.24.89
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	H	H1002		ABDULLAH Haji Ariffin	Brunei V	3.28.33	1	
2	H	H1012	徐發林	CHUI Fat Lim	SCAA	3.38.13	1	
3	H	H1011	扶熾彰	FU Chi Cheung Peter	SCAA	3.56.25	1	
4	H	H1001		KEEPING Peter	AVOHK	4.10.68	1	
							Record	3.56.87
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	J	J1001		PILKINGTON Frank	AVOHK	3.38.03	1	Record Broken
2	J	J1002		FOWLER John Garth	AVOHK	4.23.27	1	
							Record	5.03.64
Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
1	K	K1006	周渭川	CHAU Wai Chuen	SCAA	5.38.41	1	

Men

3000M Walk

Result

Rank	Group	Number	Name	Club	Time	Record Final	Remarks
						15.35.33	
1	A	A1112	謝振雄	TSE Chun Hung	SHTB	13.39.38 1	Record Broken
2	A	A1011	曾國棟	TSANG Kwok Tung	DBSAC	20.49.62 1	
3	A	A1028		CHOW Kit Man	DBSAC	23.17.41 1	
4	A	A1041	潘善維	POON Sin Wai Charade	DBSAC	26.11.62 1	
5	A	A1066	梁日燊	LEUNG Yat Sun	LSCAC	26.43.84 1	
6	A	A1082	陳家偉	CHAN Calvin Ka Wai	LSCAC	NM 1	

Rank	Group	Number	Name	Club	Time	Record Final	Remarks
						13.34.56	
1	B	B1045		CHEUNG Wai Tak Ken	HKRWA	13.56.62 1	
2	B	B1127	符致榮	FU Chi Wing Jason	SHTB	17.05.22 1	
3	B	B1011	劉文龍	LAU Man Lung Kevin	DBSAC	17.43.75 1	
4	B	B1032	劉偉健	LAU Wai Kin Kelvin	DBSAC	18.53.72 1	
5	B	B1031	陳穎濤	CHAN Wing To	DBSAC	18.56.28 1	
6	B	B1026		TIN John Tik Chuen	DBSAC	19.11.84 1	
7	B	B1072	張兆雄	CHEUNG SiuHung Lewis	LSCAC	19.27.12 1	
8	B	B1128	余堅成	YU Matthew	SHTB	19.55.56 1	
9	B	B1085	張知行	CHEUNG Chi Hang	LSCAC	21.28.18 1	
10	B	B1126	吳志威	NG Chi Wai	SHTB	22.00.22 1	
11	B	B1034	蔡漢銳	CHOY Hon Yui	DBSAC	22.22.72 1	
12	B	B1061	楊志豪	YEUNG Chi Ho Henry	LSCAC	22.37.88 1	
13	B	B1084	江永豪	KONG Wing Ho	LSCAC	22.43.00 1	
14	B	B1009	林家權	LAM Ka Kuen Christopher	DBSAC	22.45.62 1	
15	B	B1069	李秉熙	LI Ben	LSCAC	22.49.34 1	
16	B	B1059	李立峯	LIE Leonard	LSCAC	25.23.69 1	
17	B	B1020	梁君恆	LEUNG KwanHang, Ivan	DBSAC	26.13.47 1	
18	B	B1014	林偉強	LAM Johnny	DBSAC	NM 1	

Rank	Group	Number	Name	Club	Time	Record Final	Remarks
						18.27.62	
1	C	C1018	謝立言	TSE Lap Yin Johnny	DBSAC	16.29.01 1	Record Broken
2	C	C1054	梁錦權	LEUNG Kam Kuen Michael	LSCAC	17.16.66 1	Record Broken
3	C	C1055	胡迪麟	WU Dik Lun Tommy	LSCAC	17.25.88 1	Record Broken
4	C	C1030	李仕宏	LEE Shi Wang	DBSAC	17.28.65 1	Record Broken
5	C	C1012	李仲華	LEE Chung Wah	DBSAC	18.00.74 1	Record Broken
6	C	C1056	陳尚朋	CHAN Sheung Pang Louis	LSCAC	20.23.74 1	
7	C	C1087	李嘉輝	LEE Ka Fai	SCAA	20.41.12 1	
8	C	C1016	邵德志	SHIU Tak Chi Byron	DBSAC	20.58.48 1	
9	C	C1064	林智聰	LAM Chi Chung	LSCAC	21.49.71 1	
10	C	C1015	張卓穎	CHEUNG Michael	DBSAC	22.10.25 1	
11	C	C1053	趙懿行	CHIU Yee Hang Thomas	LSCAC	24.35.64 1	
12	C	C1051		SUN Yat Ming Ray	LSCAC	27.29.67 1	
13	C	C1049	陳德宏	CHAN Tak Wan Clement	LSCAC	29.00.14 1	

						Record	16.22.57	
Rank	Group	Number	Name	Club	Time	Final	Remarks	
1	D	D1071	高大釗	KO Tai Chiu	RRAC	16.21.61	1	Record Broken
2	D	D1087	陳偉文	CHAN Wai Man	SHTB	16.30.20	1	
3	D	D1044	郭俊威	KWOK Chun Wai Thomas	HKRWA	17.03.86	1	
4	D	D1005	鍾振邦	CHUNG Chun Bong Alex	CAC	17.08.95	1	
5	D	D1024	何紹基	HO Shiu Kei James	DBSAC	17.16.81	1	
6	D	D1037	羅偉基	LO Kenny	DBSAC	17.30.29	1	
7	D	D1054	陸秋明	LUK Chau Ming	LSCAC	20.21.98	1	
8	D	D1016	包子敬	PAO Kim	DBSAC	20.28.97	1	
9	D	D1015	林文山	LAM Man San	DBSAC	22.20.07	1	
10	D	D1047		HU Donny	LSCAC	26.05.17	1	
11	D	D1053	孔繁基	HUNG Fan Kee Frederick	LSCAC	26.10.58	1	
12	D	D1057	張偉雄	CHEUNG Wai Hung John	LSCAC	27.58.33	1	
13	D	D1051	歐陽樂天	AU YEUNG Lok Tin	LSCAC	29.48.95	1	
14	D	D1062	陳旭輝	CHAN Yuk Fai Vincent	LSCAC	34.18.80	1	

						Record	16.48.40	
Rank	Group	Number	Name	Club	Time	Final	Remarks	
1	E	E1062	張永軒	CHEUNG Wing Hin Daniel	SHTB	17.11.48	1	
2	E	E1061		CHAN Ka Yiu	SHTB	17.21.88	1	
3	E	E1005	林睿華	LAM Yui Wah	CAC	18.26.48	1	
4	E	E1028	林文彪	LAM Man Biu	HKRWA	18.57.22	1	
5	E	E1030	沈志光	SHUM Chi Kwong Stanley	LSCAC	22.32.38	1	
6	E	E1018		MA Yuen Ming Daniel	DBSAC	24.02.13	1	
7	E	E1064	李新中	LI Sun Chung	SHTB	24.04.98	1	
8	E	E1026		HUNG Francis Philip Thaddeaus	DBSAC	31.07.19	1	

						Record	18.56.72	
Rank	Group	Number	Name	Club	Time	Final	Remarks	
1	F	F1061	張錦祥	CHEUNG Kam Cheung	SHTB	18.57.82	1	
2	F	F1020	冼安源	SIN On lun	Macau	18.58.06	1	
3	F	F1014	陳根祥	CHAN Kun Cheung	HKRWA	21.13.91	1	
4	F	F1066	葉明超	YEH Ming-Chao	Taiwan	21.45.07	1	
5	F	F1060	練國強	LIN Kwok Keung	SHTB	22.25.48	1	
6	F	F1015		CHU Che Keung	HKRWA	23.17.57	1	
7	F	F1016	張烈強	CHEUNG Lit Keung	HKRWA	25.00.64	1	
8	F	F1013	錢小山	CHIEN Siu San Samuel	DBSAC	27.35.63	1	

						Record	19.08.24	
Rank	Group	Number	Name	Club	Time	Final	Remarks	
1	G	G1022	陳裕德	CHAN Yue Tak	SHTB	24.30.94	1	
2	G	G1005	鄔挺熊	WU Ting Hung	HKRWA	25.51.44	1	

						Record	20.02.62	
Rank	Group	Number	Name	Club	Time	Final	Remarks	
1	H	H1007		PURVES Bill	HKLRRRC	21.22.91	1	
2	H	H1014	李志高	LEE Chi Ko	SHTB	21.42.01	1	
3	H	H1015		ARUMUGAM Kannan	Singapore	23.45.35	1	

Rank	Group	Number	Name	Club	Time	Record Final	Remarks
1	J	J1001	PILKINGTON Frank	AVOHK	22.15.10	1	21.36.17

Rank	Group	Number	Name	Club	Time	Record Final	Remarks
1	K	K1010	SELVARAJAH Navaratnasingam	Singapore	24.15.72	1	N.A.

Men		5000M			Result	Record	17.04.62
Rank	Group	Number	Name	Club	Time	Final	Remarks
1	A	A1021	許兆東	HUI Siu Tung	DBSAC	17.08.15	1
2	A	A1086	陳家偉	CHAN Ka Wai	PAC	17.14.42	1
3	A	A1103	潘競雄	POON King Hung	SCAA	17.18.45	1
4	A	A1112	謝振雄	TSE Chun Hung	SHTB	17.37.59	1
5	A	A1065	張仲偉	CHEUNG Chung Wai	LSCAC	17.57.22	1
6	A	A1005	歐陽俊雄	AU YEUNG Chun Hung	CGHCAC	18.56.97	1
7	A	A1020		TAM Sunny	DBSAC	19.06.13	1
8	A	A1047	林三才	LAM Sam Choi	HKOXCC	19.13.63	1
9	A	A1072	鮑立山	POW Lap Shan Alfred	LSCAC	19.52.19	1
10	A	A1022	鄭富安	CHENG Fu On	DBSAC	21.01.66	1
11	A	A1100	鄭梓人	TAY Andy	SCAA	21.04.98	1
12	A	A1025	莊曉陽	CHONG Hiu Yeung	DBSAC	21.51.24	1
13	A	A1061		LEUNG Yin Tak Douglas	LSCAC	22.06.07	1
14	A	A1023	潘曉東	POON Hiu Tung	DBSAC	22.37.01	1
15	A	A1106	陳嘉倫	CHAN Ka Lun	SCAA	23.49.67	1
16	A	A1078	李銘恩	LI Ming Yan	LSCAC	24.01.96	1
17	A	A1006	蕭文傑	SHIU Man Kit	CSRA	24.25.98	1
18	A	A1024		PARYANI Sarju Ramesh	DBSAC	29.16.25	1
19	A	A1102	羅嘉樂	LAW Ka Lok	SCAA	30.32.20	1
20	A	A1088	鄧錦明	TANG Kam Ming	PKMSAA	NM	1
						Record	17.20.02
Rank	Group	Number	Name	Club	Time	Final	Remarks
1	B	B1006	蔡達明	CHOI Tat Ming	CSRA	17.52.17	1
2	B	B1002	吳金帶	NG Kam Tai	CAC	18.23.73	1
3	B	B1057	黃昌銳	WONG Cheong Yui	IRC	18.45.50	1
4	B	B1117	李冠豪	LI Koon Ho Thomas	SCAA	19.25.20	1
5	B	B1068	陳利	CHAN Li	LSCAC	20.23.95	1
6	B	B1023	鄧陽招	TANG Yeung Chiu Dennis	DBSAC	20.26.72	1
7	B	B1112	梁宇恆	LEUNG Dominic	SCAA	21.24.52	1
8	B	B1109	鄭子仲	CHENG Tsz Chung Wilson	SCAA	22.03.20	1
9	B	B1034	蔡漢銳	CHOY Hon Yui	DBSAC	22.04.64	1
10	B	B1078	楊焯基	YEUNG Cheuk Kei	LSCAC	22.17.28	1
11	B	B1080	朱家誠	CHU Ka Shing	LSCAC	22.17.77	1
12	B	B1108	郭兆邦	KWOK Siu Pong	SCAA	23.01.91	1
13	B	B1009	林家權	LAM Ka Kuen Christopher	DBSAC	23.04.16	1
14	B	B1010	林經緯	LAM King Wai	DBSAC	23.06.79	1
15	B	B1012	林文傑	LAM Eric Man Kit	DBSAC	23.09.92	1
16	B	B1079	李沛鏗	LEE Pui Hang Julian	LSCAC	23.21.66	1
17	B	B1022	梁永康	LEUNG Wing Hong Alvin	DBSAC	24.15.51	1
18	B	B1020	梁君恆	LEUNG Kwan Hang, Ivan	DBSAC	25.16.85	1
19	B	B1081	李嘉暉	LEE Dennis	LSCAC	25.20.00	1
20	B	B1043	林駿揚	LAM Johnson	DBSAC	25.44.40	1
21	B	B1024		LAU Wai Kee	DBSAC	26.26.87	1
22	B	B1035	張感鴻	CHEUNG Kam Hung	DBSAC	26.59.46	1
23	B	B1082	黎匡文	LAI Hong Man Aloysius	LSCAC	27.33.12	1
24	B	B1107	黃成基	WONG Shing Kay	SCAA	27.56.75	1
25	B	B1042	周昭雄	CHOW Alex	DBSAC	28.44.47	1

							Record	17.38.51
Rank	Group	Number	Name		Club	Time	Final	Remarks
1	C	C1023	羅文嘉	LO Man Ka	DBSAC	18.36.13	1	
2	C	C1044	羅偉基	LAW Wai Kei	LSCAC	19.10.45	1	
3	C	C1003		LEE Freeman	AVOHK	19.22.30	1	
4	C	C1028	林達智	LAM Tat Chi	DBSAC	20.15.99	1	
5	C	C1045	史英傑	SZE Ying Kit	LSCAC	21.03.46	1	
6	C	C1052		HO Bernard	LSCAC	21.08.59	1	
7	C	C1046	杜立祺	TO Lap Kei Nicholas	LSCAC	21.16.87	1	
8	C	C1027	王偉濤	WONG Wai Tao Kenneth	DBSAC	21.57.13	1	
9	C	C1077	黃俊	WONG Chun James	SCAA	22.20.19	1	
10	C	C1017	符史卓	FU See Cheuk	DBSAC	22.41.68	1	
11	C	C1036		TAKAFUKA Ken	HKLRRRC	22.49.07	1	
12	C	C1085	羅國潤	LO Kwok Yun	SCAA	24.50.56	1	
13	C	C1025	劉志輝	LAU Chi Fai	DBSAC	25.25.10	1	
14	C	C1076	李賜興	LI Chi Hing	PoliceAC	31.44.02	1	
15	C	C1062	陳致遠	CHAN Chi Yuen Anthony	LSCAC	33.15.90	1	
16	C	C1073	張炳煌	CHEUNG Ping Wong	PKMSAA	NM	1	
							Record	16.52.16
Rank	Group	Number	Name		Club	Time	Final	Remarks
1	D	D1071	高大釗	KO Tai Chiu	RRAC	19.58.02	2	
2	D	D1083	鄭俊煒	CHENG ChunWai Jensen	SCAA	20.04.22	2	
3	D	D1013	羅恩源	LO Yan Yuen	CSRA	20.35.47	2	
4	D	D1073	潘偉全	PON Wai Chuen	SCAA	21.05.47	2	
5	D	D1022		WONG Tai Chun Mark	DBSAC	22.14.70	2	
6	D	D1053	孔繁基	HUNG FanKee Frederick	LSCAC	22.24.28	2	
7	D	D1026	陳忠元	TAN Nicholas TsangYuan	DBSAC	22.47.72	2	
8	D	D1024	何紹基	HO Shiu Kei James	DBSAC	23.17.47	2	
9	D	D1025	李健	LI Kent	DBSAC	27.01.48	2	
10	D	D1016	包子敬	PAO Kim	DBSAC	27.32.85	2	
11	D	D1051	歐陽樂天	AU YEUNG Lok Tin	LSCAC	28.20.51	2	
							Record	20.15.43
Rank	Group	Number	Name		Club	Time	Final	Remarks
1	E	E1004	鄭騫	CHENG Hin	CAC	20.01.99	2	Record Broken
2	E	E1040	趙春強	CHIU Chun Keung	PAC	20.10.44	2	Record Broken
3	E	E1002		ABDULLAH	Brunei V	21.17.76	2	
4	E	E1061		CHAN Ka Yiu	SHTB	22.32.92	2	
5	E	E1043	陳勝祥	CHAN Shing Sheung	PKMSAA	25.00.96	2	
6	E	E1031	譚志雲	TAM Chi Wan Julian	LSCAC	25.02.28	2	
7	E	E1037	黃華燊	WONG Wa Sun Thomas	LSCAC	25.08.02	2	
8	E	E1035	陳熾輝	CHAN Chi Fai Paul	LSCAC	26.11.42	2	
9	E	E1018		MA Yuen Ming Daniel	DBSAC	27.23.34	2	
10	E	E1017		TAM Chu Shek Richard	DBSAC	27.53.70	2	
11	E	E1045	蔡特鴻	CHOI Tat Hung Boris	PKMSAA	30.44.96	2	

Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
							20.35.28	
1	F	F1002	CAMPBELL John	AVOHK	20.41.32	1		
2	F	F1057	蔡德鈿	CHOI Tak Tin Kenneth	SDH	22.22.78	1	
3	F	F1004	MCNAMARA Frank	AVOHK	22.53.79	1		
4	F	F1064	CHUA Soon Huat	Singapore	23.14.87	1		
5	F	F1035	曾泰來	TSANG Tai Loi	PKMSAA	24.09.61	1	
6	F	F1061	張錦祥	CHEUNG Kam Cheung	SHTB	25.43.75	1	
7	F	F1050	陳朗	CHAN Long	SCAA	25.54.39	1	
8	F	F1045	詹鎮基	CHIM Chun Ki	PKMSAA	27.54.13	1	
9	F	F1044	戴德祥	TAI Tak Cheung	PKMSAA	29.31.83	1	

Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
							21.07.92	
1	G	G1001	BOOTH Philip	AVOHK	21.58.17	1		
2	G	G1023	ISMAIL KHAN Yusoff Khan	Singapore	25.52.32	1		
3	G	G1005	鄔挺熊	WU Ting Hung	HKRWA	27.25.13	1	

Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
							35.15.30	
1	H	H1014	李志高	LEE Chi Ko	SHTB	30.58.14	1	Record Broken
2	H	H1012	徐發林	CHUI Fat Lim	SCAA	32.15.72	1	Record Broken
3	H	H1011	扶熾彰	FU Chi Cheung Peter	SCAA	38.00.47	1	

Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
							34.12.20	
1	J	J1001	PILKINGTON Frank	AVOHK	27.24.65	1		Record Broken
2	J	J1002	FOWLER John Garth	AVOHK	33.26.45	1		Record Broken

Rank	Group	Number	Name	Club	Time	Final	Record	Remarks
							37.32.35	
1	K	K1006	周渭川	CHAU Wai Chuen	SCAA	40.47.23	1	